

BONUS CELEB WRAPPING PAPER! TAYLOR SWIFT, 1D, 5SOS, ZOELLA AND ALFIE, JOE AND CASPAR

DOLLY

OVER **30**

PAGES OF BABIN'
SUMMER FASHION
& BEAUTY INSPO

**HOW TO BE
CONFIDENT**

by Hunter March

**BYE, BAE
*SNIFF***

The *break-up*
breakdown

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The Music Issue: Girls vs. Guys

selena

OUR GIRL CRUSH SLAYS IT LIKE IT IS

JANUARY 2016

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JUSTIN

THE POPSTAR WITH A NEW PURPOSE
(AND A KILLER ALBUM) #WEBELIEB

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01

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THE VAMPS

Why we can't get enough of them. SWOON!

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DOLLY BEAUTY



IF I WANTED TO BE REALLY ROMANTIC, I WOULD...

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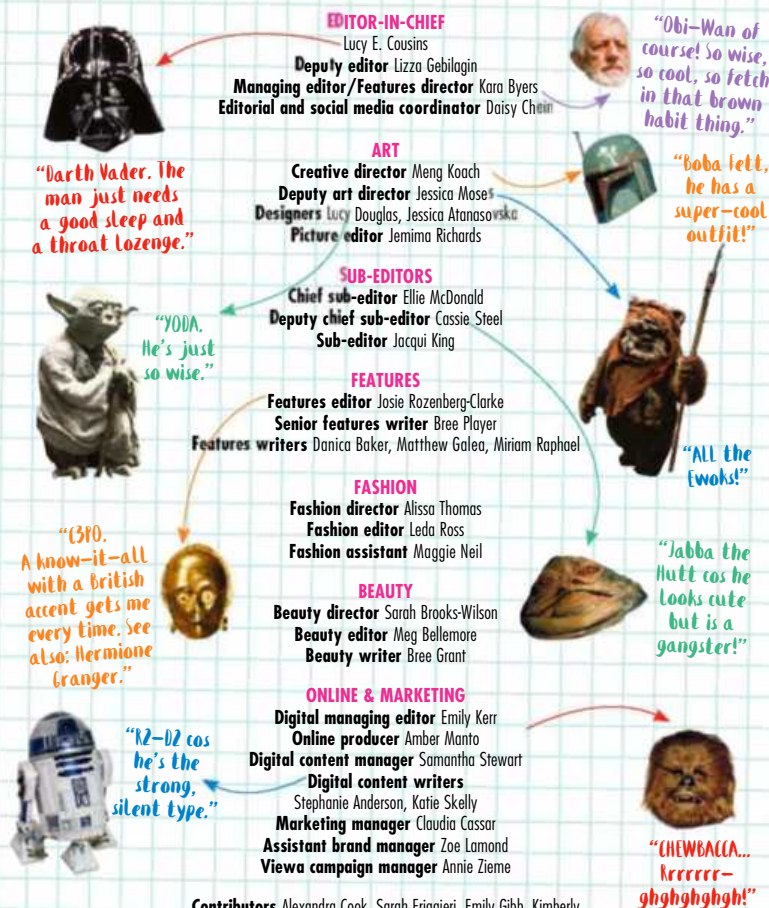
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- Georgia our official DOLLY Beauty Vlogger does Cara D.
- Make beauty boxes to store your fave products.
- Watch a game of quick questions with Aussie superstar Cody Simpson.



Who is your fave Star Wars character of all time?



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DOLLY Doctor
answers your
awks questions.



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Suss your stars
for the year.



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Stuck on gift
ideas? Not
anymore.



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Belieb it!
We heart JB.

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Keep your
threads floaty
and free.



OMG!
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FOUR COVERS

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DOLLY JANUARY

UPFRONT: HIT UP OUR BATTLE
OF THE TALENTED MUSOS,
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Match make-up
with your
accessories.



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for all things music,
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Smiley's fan fiction? Get
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DOLLY HQ

HAPPY HOLIDAYS FROM DOLLY!

However you celebrate the holidays, we hope you have a really fun (and safe) time with the people you love... Not to mention a thousand views of your fave film, YouTube channel or celeb snapchat!

Love, team DOLLY xxx

The DOLLY Promise

WE SWEAR TO... ♥ Always feature the **MOST-LOVED CELEBS**, the best competitions and the **COOLEST POSTERS**.
♥ **INSPIRE YOU**, make you laugh and **FEEL AMAZING ALL THE TIME**. ♥ Be accurate and **TELL THE TRUTH** about both the big and little issues. ♥ **NOT PRINT ANYTHING** that will make you feel bad, or isn't true and authentic. ♥ Use our **#NOFILTER** stamp to show you that we **DON'T ALTER MODELS**.



Turn to page 59 for 5SOS, Tay, 1D, Zoella and Alfie as well as Joe and Caspar wrapping paper. Tag #DOLLYmag on Insta and show us how you're using it. We might just repost you!

ALL JUMPERS FROM ASOS.



NEW! Here at DOLLY HQ, our goal is to use retouched images as little as possible. Some of the images we print are supplied to us already altered, so we'll label any images that haven't been retouched with a #nofilter stamp.

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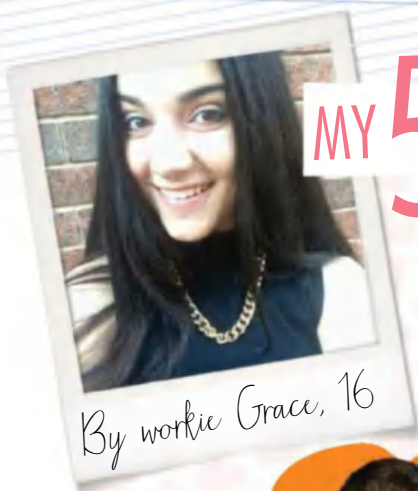
This edition comes with an exclusive pocket-sized DOLLY 2016 diary and there are three designs to choose from!



From the DOLLY OFFICE

Every month, our awesome interns and work-experience peeps give you a glimpse of what's going down in their worlds.

MY 5 FAVOURITE CUTE CELEBRITIES



By workie Grace, 16

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THEO JAMES

"I love Theo James because he's funny and intelligent. He seems so friendly!"



3

IAN SOMERHALDER

"Ian is such a genuine person and he stands up for the rights of animals, which is amazing!"



5

TYLER POSEY

"Tyler has a chill personality. He's also so personable and friendly. He's talented and plays an awesome role in *Teen Wolf*."



4

PAUL WESLEY

"I love Paul not only because of how attractive he is but also for his slightly sarcastic humour."



1 DYLAN O'BRIEN

Dylan is so quirky. He's a great actor, and his character in *Teen Wolf* fits him perfectly!"



DOLLY WANTS WRITERS!

All you have to do is write 300 words on ANY topic at all. It could be about your bae, the book you're obsessed with, a Viner you love or what gets you fired up. Send it to dollymail@bauer-media.com.au along with your full name and age. Don't forget to send us four to five pics of yourself that we can publish next to your article. Have fun writing!



three simple steps to
**SMOOTH
SUMMER LEGS**



STEP 1

Skin must be clean, dry and oil free.

STEP 2

Slip the mit on your hand and rub it all over your legs in a smooth circular motion. This action removes the hair and exfoliates dead skin cells.

See instructions in pack.

STEP 3

When you've removed all the hair, gently wipe down your legs with a damp towel. The result? Pain-free, beautiful, silky smooth legs!



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WE LOVE

See what we're loving from...
the DOLLY fashion office!

IT TAKES TWO

Selena Gomez is slaying the sidewalk in this street-style look. Keeping in line with this two-piece trend we're obsessed with, the mid-length skirt elevates the ensemble by adding a touch of ladylike formality. Don't be shy with your colours!



SELENA GOMEZ



Skirt, \$69.95, and top, 69.95, Bardot.



Sneakers, \$29.95, Rubi Shoes.

Sneak(er)ing around

We've seen fashion royalty (like Zendaya here) kicking around in them for months and it looks like they've cemented themselves as a celeb essential. Sneakers have become the most versatile footwear, dressed with tailored outfits or worn with urban denims. There's nothing this shoe can't do.



ZENDAYA

THAT'S HAT-TASTIC

We don't have anything against wide-brim hats but we reckon they need to stop hogging all the spotlight and let another hat take over. Solution? Mix it up with a cool tomboy-style cap! Added extra is the instant cool-girl cred that comes with it.



\$14.95, Factorie.



\$44.95, Seafolly.

\$59, Sunday Somewhere.



It's a match!

Do you think Jessie J was talking about this outfit in her song "Masterpiece"? We do. Steal her style with these cute look-alikes!



Top, \$140, Kookaï.

Skirt, \$180, Kookaï.



Wallet, \$30, River Island.



Flats, \$59.95, H&M.



2



1



3

1 Singlet, \$59.95, H&M.
2 Skirt, \$99.95, Tiger Mist. 3 Shorts, \$74.95, Forever 21.

HAPPY NEW YEAR!

Kick off 2016 the only way a girl ever should; happy, grateful and covered in sequins. Because next year is your time to shine, both figuratively and literally.

Top, \$39.95, Beginning Boutique.



COLOUR POP

Accessories have the ability to fall by the wayside when planning an outfit – and that just seems SO unfair. Let them be the star by choosing pieces with bright colours that will steal the show.

Crotchet kind of day

We love all the crotchet that's weaved its way into becoming a seasonal staple. Whether you want to keep it for accessories only or you're ready to rock the attire, these beauties will have you tropical-island dreaming.

Bag, \$59.99, Billabong.



T-shirt, \$19.95, Forever 21.

Dress, \$59.95, MinkPink.

Skirt, \$69.95, Sportsgirl.

Stripe right

Raid your closest vintage store for the '70s-inspired trends that have been popping up all over the place. Jump on this cool hippie bandwagon with these retro picks.

ONE-PIECE WONDER


Small, strappy bikinis not really your thing? You're not alone, and luckily the beautiful minds at Billabong have a solution. This sporty zip-up is so on-trend with its sport-luxe vibe and flower-print panels. Perfect for the cool girl who is ~done~ with bikini malfunctions in the surf.

One-piece, \$79.99, Billabong.



THE SHIP APPEARED IN THE SKY ON AN OTHERWISE NORMAL, SUNNY DAY. WE CALLED THEM 'THE OTHERS'.

First, they took our power, plunging the world into darkness. No electricity, no running water, no phones. Then they destroyed the cities with earthquakes and tsunamis. Next, they took even more lives with an unstoppable airborne virus. When billions were wiped out, they took control, living among us and exterminating anyone lucky enough to have survived. No-one knows what the 5th wave will be, but we know it's designed to eradicate humanity from the face of the earth and we know... we can't trust anyone.



16-year-old Cassie Sullivan is on the run, desperately trying to save her younger brother from the 5th wave of a series of deadly attacks on Earth. To stay alone is to stay alive, she believes, until she meets Evan Walker.


Beguiling and mysterious, Evan may be her only hope – if only she can trust him.



THE 5TH WAVE

IN CINEMAS
JANUARY 14

#5thWaveMovie



Based on the bestselling book by Rick Yancey, *The 5th Wave* stars **Chloë Grace Moretz** as Cassie, **Nick Robinson** as Ben Parish, **Alex Roe** as Evan Walker and **Maika Monroe** as Ringer.

Watch the trailer and find out more at **5thWaveMovie.com.au**



JUSTIN BIEBER, P16

DOLLY MUSIC SPECIAL

We're kicking the year off with a battle of the tunes guys vs. girls-style. Tag #DOLLYmusic on Instagram to let us know which super-talented musos you're vibing the most.

LITTLE MIX, P18



THE VAMPS, P20



SELENA
GOMEZ, P22

BALANCING ACT

Let's be real, he's done a lot of weird things, but for the new and improved Justin Bieber, the future is looking pretty good.



We'll openly admit we were grossed out by Justin when he was sprung, uh, relieving himself in a mop bucket at a New York restaurant in 2013. We were devastated when he and Selena Gomez broke up for the millionth time. We were a little mad when, in 2014, he reportedly egged his neighbour's house. And we were so #notimpressed when he was arrested for drag racing not long after. It's safe to say our fave singer definitely went through his bratty-kid phase – and for a good while there, we were worried. Would he end up in jail for good? Would he pee in another totally inappropriate place? And, perhaps most importantly... would he ever release good music again?!

Well, we can thank DJs Skrillex and Diplo (and their epic collaboration, Jack Ü), for giving us "Where Are Ü Now", a killer track that gave us the 2015 version of Biebs:

talented, mature and focused. And the hits – like "What Do You Mean?" and "Sorry" – just kept on coming. Justin absolutely SLAYED the charts, scoring his first Aussie and US number one with "What Do You Mean?", delivered an awesome comeback performance at the MTV VMAs (complete with tears), and even visited Down Under to give lucky fans a treat with unforgettable shows in both Sydney and Melbourne. And the good news? He started acting like a normal human again. (Well, as normal as a ridiculously famous and mega-rich human can be.)

"Now, being 21, I'm coming into my own and [hanging] around some pretty cool people who are not afraid to tell me what's real," Justin explains of his turnaround. "I went through [some stuff], I came out on the other side. It's been a learning experience." Key lesson: don't be an idiot,

right JB?! "I've made myself so unrelatable the past year with all the stuff I was doing," he admits with a laugh. "Not even bad stuff, just outrageous stuff. Like you got a monkey, what are you doing?" We DO wonder what little OG Mally is up to now... #neverforget

One thing that brought the former-monkey owner back down to earth was working on his newest album *Purpose*, which came out in November and if you haven't listened to it yet, well, what are you even doing with your life?! The record and its massively popular singles proved that the new dance-infused sound that Justin has adopted is REALLY working for him. And that might be because it's the realest that JB has ever been. "The reason I named it was because for a while there I feel like I lost my purpose, and I feel like I found my purpose again," the singer explains of his album, which stormed up the charts around

the world. "I was never really able to make the music that I wanted to make, and I was really young, and I had people telling me what to record. Now... I really have a say in what I do, and feel like this is my project."

But don't worry, ladies, that doesn't mean he's going to completely scrap his old sound and turn into an EDM artist! "I want to always stay pop," he reassures us. "Pop is popular music, [which] means the majority of people like the music. You're in the shower, no matter if you like the song or not, it's in your head." Err, we're kinda glad Justin hasn't heard our off-key bathroom performances lately. "Is it too late to say sorryyyyyy...?"

So, with his headline-grabbing behaviour a thing of the past (we're hoping) and a fresh sound winning

JUSTIN: A HAIR HISTORY



PLAYING BOWLS (2011)

The world fell in love with the baby-faced teen singer with his signature bowl cut and clean-cut, wholesome image.



GET THE CHOP (2012)

We went into mourning when the sides of Bieber's hairdo disappeared... until we all realised he looked amaze.



WHAT GOES UP... (2013)

When JB's hair went vertical, it kicked off his jailbird phase. As much as we loved it, this hair style was a bad influence.



HAT-TRICK (2014)

JB was all about the hats for a while there. Cons: we couldn't see his hair. Pros: he was still a megababe.



him new fans, what does the future hold for this humble version of Justin Bieber? "I'm tired of putting on a mask and a show. I'm just gonna be me and if [the world doesn't] like it, they don't like it," he shrugs. "I've learnt balance. I don't have to be a super-proper, stiff guy. I can still have fun!" As long as that includes going to the toilet in an actual toilet, it sounds good to us. ☺

JB's album *Purpose* is out now.

"Being 21, I'm coming into my own and [hanging] around some pretty cool people who are not afraid to tell me what's real. I've learnt balance."



BLONDE AMBITION (2015)

Justin hit the bleach bottle, which is a risky move... but of course he can pull it off! The guy's hair can do no wrong.





LITTLE MIX

BIG HITS



Their wings made us fly when they cast their magic spell. DOLLY catches up with the four girls who encourage us to embrace our weirdness.



*Perrie's opinion

The most magical moments of her career so far...

"The Teen Choice Awards in America. We've always wanted to perform there, and doing a magic trick was great. Also, 'Black Magic' getting to number one [on the charts] for three weeks in the UK, and selling out [our show at] The O2 arena. We're really very lucky."

Her idol...

"Beyoncé! We haven't met her yet, but I think if I ever met her I'd probably die!"

On fame...

"I think that our lives have completely changed. We live in different places, we do something completely different for a job now, but I don't think we've changed as people."

T-Swizzle is...

"Incredible! We always thought she was such a great artist and really talented, and when we actually met her, everyone who was with us was like, 'Oh my gosh, we're in love with her.'"

*Jesy's journey

On her happiest moment...

"I'm going to sound really cringey and cheesy, but probably meeting my fiancé. He's just amazing. I was really happy before, but now I'm the happiest I've ever been and he's made a massive impact. He's a very positive person in my life."

On dealing with trolls...

"I feel sorry for them, really, because they're the ones sitting at home with no life, typing nasty things behind a screen because they're feeling rubbish about themselves. I just want to give them a big cuddle, but I can't unfortunately – they're sitting behind a screen."

Her break-up tips...

"You always need at least one week to eat loads of ice-cream and rubbish, watch films and cry, and feel sorry for yourself. And once you're over that stage, you need to go out with your friends so that your mind is occupied and you're out there having fun."

Her advice on building the best #squad ever...

"Surround yourself with a group of friends who are really positive, who make you laugh and really make you happy and feel good about yourself."

*Leigh-Anne's law

Get Weird is...

"Very personality-driven. We just wanted to get across how fun we are as girls and how we're such good friends. We just have so much fun together – [that's the] real Little Mix."

On dealing with online bullying...

"I'm not going to lie, at first I found it quite hard. Everybody gets it, so it's one of those things that you just have to deal with. We have each other, so that makes

it easier. I don't think that I could do it if I was on my own. Hell no!"

On that (err, amazing) time she met Rihanna...

"I tried everything to meet her when she performed on *The X Factor*, but her management wouldn't let anybody talk to her. I was so gutted. Then she walked past me and said 'Oh I love your hair!' and I couldn't talk for 10 minutes – I was in awe! She's just so incredible. She's definitely a queen."

On friendship...

"I've got lots of amazing friends and we all used to be together every single day – we were inseparable. And now we see each other every two months, if that. It can be really hard. You do sort of grow apart with careers and uni and things, but if they're your real friends, they will stick with you and you will be fine."

*Jammin' with Jade

Her advice on making your close friendship last...

"It's just communication. Whenever I get time off I always go home. It's important to remember the friends that were there before all this, cos they're the loyal ones that've been there from the beginning."

"Surround yourself with people who are really positive, who make you laugh and feel good about yourself."

On being a guest on T-Swizzle's 1989 tour...

"Taylor is basically the stage manager of her whole tour – she knows everything to do with staging. I think she's very hands-on with her career and I admire her for that. She's so business-minded, you can see why she's done so well. She really deserves it."

If she could have a magic power, it would be...

"To wake up in the morning and be able to get dressed straight away just by clicking my fingers, 'cos then I'd have more time in bed."

On the biggest life changes since joining Little Mix...

"Not seeing my family as much has been a pretty big change. And people recognising who we are all the time. It's still very weird; I don't think that we've gotten used to it yet." ☺

Little Mix's album *Get Weird* is out now.

GIRLS GONE WEIRD

We asked the girl gang to do each other in so we can see what goes down behind the scenes at a Little Mix tour.

"Perrie burps and farts in front of people but she has no sense of smell, so she doesn't have a clue how bad it is!" – Jesy

"Jesy or Leigh-Anne take the longest to get ready, Jade is probably the messiest and Leigh-Anne the naughtiest!" – Perrie

"When we do a live interview, we're always on edge because Jesy is a naughty girl." – Jade

"Jade spends the most time thinking about what to tweet." – Leigh-Anne

The Vamps spill 30 SECRETS



Think you know all there is to know about The Vamps? Ahead of their super-exciting one-off Aussie show in January (YAAAAS), we gathered Brad, Connor, James and Tristan, and forced them to spill their biggest secrets.

❶ WHAT WAS YOUR WORST DATE EVER?

Brad: "It wasn't a date, but this one time Tristan took me to McDonald's and bought me a Filet-O-Fish. We then went to see a film but had the times wrong, so ended up going back to McDonald's. Actually, it was sort of fun!"

❷ WHAT'S THE VERY FIRST THING THAT YOU NOTICE ABOUT A GIRL?

Connor: "Their style. You can tell a lot about a girl from what she is wearing!"

Tristan: "If she's weird, then that's awesome. I like that."

❸ WHAT'S YOUR BEST DATING TIP?

Tristan: "There has to be someone else on the date. I've tried before but dating yourself doesn't work..."

❹ HOW DOES A GIRL KNOW WHEN YOU'RE SERIOUSLY INTO HER?

Tristan: "If I'm on a date, I will just tell her that I'm having a really good time!"

Brad: "We would both end up spending loads of quality time together. I tend to give a girl a lot of attention when I'm feeling really into her."

❺ WHO HAS THE WORST HABIT?

Connor: "Brad always eats half of something and saves the rest for later – but he never actually goes back to finish it, so there's bits of food all over the bus."

Tristan: "I'm always losing things, like my passport and my phone. It's awful!"

❻ WHO WAS THE LAST VAMP TO TELL A FUNNY STORY TO THE GROUP?

Tristan: "Con just moved into his first flat, and he told us everything was so nice but that the builder forgot to put the toilet seat on, so he's been getting a really cold bum [laughs]."

❼ WHO HAS THE BEST GAME WITH THE LADIES?

Brad: "Con is great. His dancing and impression of Lady Gaga normally break the ice pretty well."

❶ WHO HAS MADE YOU STARSTRUCK?

Connor: "One of the biggest moments was meeting Max Martin – he's one of the best songwriters ever. He walked into the studio when we were recording with Demi Lovato, and Tris nearly fell off his chair!"

❷ WHO IS YOUR CELEBRITY CRUSH?

Tristan: "Megan Fox in *Transformers*!"

❸ ALRIGHT IT'S TIME TO SPILL: WHO IS YOUR CELEBRITY MAN CRUSH?

Brad: "[Foo Fighters singer] Dave Grohl has to be up there. I was really impressed when he broke his leg last year and still managed to continue his tour by designing his own custom-made throne. That's the type of man you want to hang out with!"

❹ WHAT EMBARRASSING TV SHOW DO YOU SECRETLY REALLY LOVE?

Tristan: "The newest version of *90210*."

❺ WHAT WAS THE FIRST ALBUM YOU OWNED?

Tristan: "Blink-182's *Take Off Your Pants And Jacket*. And that Avril Lavigne one!"

❻ WHAT WOULD YOU SAVE FROM YOUR HOUSE IF IT WAS BURNING DOWN?

Connor: "Are my pets safe?! I guess my MacBook, it has all my song ideas, videos and pics on it."

❷ WHICH OTHER MUSOS INSPIRE YOU?

Brad: "Taylor Swift was so kind and humble, she's really great with her fans and I guess that rubbed off on us. We try to stay grounded."

❸ WHAT'S THE FUNNIEST THING THAT HAS HAPPENED WHILE ON TOUR?

Connor: "On the USA tour, we played a show in LA. During our song 'Girls On TV', The Janoskians ran on stage dressed as women to surprise us. We had no idea they were going to do it!"

Tristan: "When we were on tour with The Wanted, we went into their dressing room and just completely trashed it with heaps of milk and flour."

❹ WHAT CAN WE EXPECT FROM YOUR ONE-OFF SYDNEY SHOW NEXT YEAR?

Connor: "It will be the first show on our world tour, so you'll be the first to see it. It's secret, but we can't wait to unleash it in Oz."



10 WHAT'S YOUR FAVOURITE SONG FROM YOUR NEW ALBUM *WAKE UP*?

Brad: "I love 'Volcano'. We got to collab with Silentó on that and he completely smashed it!"

11 HOW DO YOU FEEL ABOUT BEING COMPARED TO 1D AND 5SOS?

James: "It's awesome – we love those bands. Our music is a little bit more '80s-influenced, though, so we think we're a bit different."

Tristan: "1D came from *The X Factor* and 5SOS supported 1D on their tour – we haven't had that kind of platform. We just came from a garage!"

12 ARE YOU EVER GOING TO GO ON A ONE DIRECTION-STYLE HIATUS?

Tristan: "Fingers crossed we can just keep touring, making new albums and staying best friends. It sounds cliché, but that's what we want to do."

13 DO YOU GET SICK OF EACH OTHER ON TOUR?

Brad: "We are genuinely four best mates, so we get on. But I sometimes go in my bunk to get away from Tris' sweaty feet..."

14 HOW HAS YOUR SOUND MATURED SINCE YOU FIRST STARTED OUT?

Tristan: "We were 15 when we first started out, so it's definitely [matured] quite a lot. All of the songwriting is actually similar, but the production is much better!"



Killer shades and skinny black jeans are The Vamps' staples.

15 WHAT'S YOUR IDEA OF A PERFECT DATE?

Tristan: "I like walking around town and just hanging out."

16 WHAT IS TAYLOR SWIFT REALLY LIKE?

Tristan: "She is down-to-earth and made us feel really welcome. She's cool."

17 WHO IS THE BEST COOK?

Tristan: "I'm the only one who can! I love cooking scallops and prawns."

18 WHICH EMOJI ARE YOU?

Tristan: "The dude that winks and sticks his tongue out."

19 HOW DO YOU STAY SUCH GOOD MATES WHEN YOU WORK SO CLOSELY TOGETHER?

James: "We were friends before we were 'colleagues'. We never have to try to get along, we just do!"

20 WHAT WOULD YOUR DREAM JOB BE IF YOU WEREN'T IN THE VAMPS?

Tristan: "I'd be a musical director who sorts out people's live shows. I love doing that for The Vamps."

21 HOW HAVE YOU GROWN AS A BAND?

Tristan: "We've been figuring out our roles, who produces and writes and stuff."

22 WHO HAS THE WEIRDEST PHOBIA?

Tristan: "Brad is scared of bees!"

23 HAS BEING IN THE VAMPS MADE YOUR FRIENDSHIP STRONGER?

Connor: "We've done so many amazing things over the past few years. You can't go through all that without really bonding." ☺

The Vamps' album *Wake Up* is out now.



"Con is great. His dancing and impression of Lady Gaga break the ice pretty well."

BRAD

JAMES

TRISTAN



2011

JELENA #NEVERFORGET

One of the most beloved celeb relationships was between Selena and fellow hit-maker Justin Bieber. The on-again-off-again pair were the source of countless headlines across the world, and have charted their stormy relationship in songs like "The Heart Wants What It Wants" by Selena and "Where Are Ü Now" by Justin. Sigh.



2011

SELENA GOES TO MONTE CARLO

Sel starred alongside *Gossip Girl*'s Leighton Meester and *Arrow*'s Katie Cassidy in the rom-com *Monte Carlo*.



2012

BEACHY BABE

A pouty, bikini-clad Selena got all edgy alongside co-screen queens Vanessa Hudgens and Ashley Benson in the crime flick *Spring Breakers*.



2009

QUEEN OF THE SCENE

She took the music world by storm as the frontwoman of pop band Selena Gomez & The Scene. The group's hits include "Naturally", "Who Says" and "Love You Like A Love Song".



2009

CHARITY CHICK

At 17, Selena was named the youngest UNICEF ambassador, working to spread awareness for the world's most vulnerable and disadvantaged kids. Love her.



2007

SELENA, THE TEENAGE WITCH

After joining the Disney gang with guest roles in *The Suite Life Of Zack And Cody* and *Hannah Montana*, Selena got her first lead as the feisty Alex in *Wizards Of Waverly Place*, which spanned four seasons and two fab flicks.



HUMBLE BEGINNING



2002

NEW KID ON THE BLOCK

Sel entered the industry at the ripe age of nine as Gianna in *Barney & Friends* alongside fellow future pop diva, Demi Lovato. She says of her two seasons working with the friendly purple dinosaur: "I learned everything from Barney!"

SEL-EBRATING the evolution

When you map out Selena Gomez's extraordinary journey, you realise just how far she's come. Behold the epic rise (and rise!) of this superstar...

2013

FLYING SOLO

Selena parted ways with her band to launch her solo career – and she went absolutely OFF! Her debut single “Come & Get It” went gold in Australia and platinum in the US, and the awesome music vid even won an MTV Video Music Awards for Best Pop Video. When you’re ready come and get... all of the awards, na na na!

2015

DATING A DJ

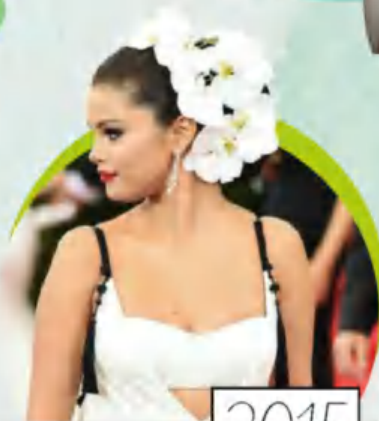
Our girl had a short-lived fling with Russian-born DJ Zedd, which also spawned the crazily catchy dance track called “I Want You To Know”. So, uh, at least something good came out of the whirlwind romance, right?



2015

SECRET STRUGGLE

Much to the disappointment of Selenators in Asia and Australia, she cancelled her tour for “personal reasons”, which she revealed was for chemotherapy to treat lupus. Thankfully, Sel is A-OK now.



2015

BODY CONFIDENCE

Sel always promotes body confidence by embracing her curves, like that time at the Met Gala when she showed major skin!



2015

SEL + TAY = SLAY

It's no wonder that Taylor asked Selena to star in the “Bad Blood” music vid, as Selena was one of the original members of Tay's #squad. She may have played the double-crossing villain, but she looked pretty damn good doing it!

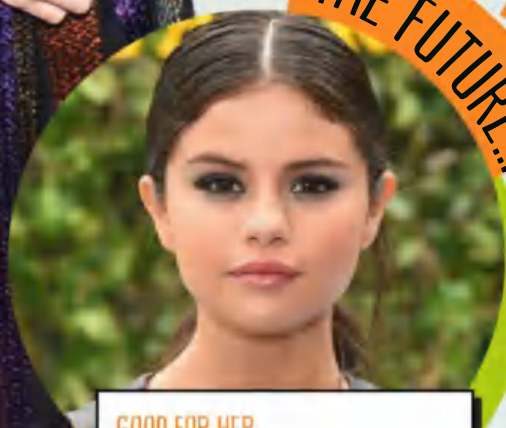
2015

SHE'S BACK

Your fave summer jam “Good For You”, which features A\$AP Rocky, is released along with the forever-replayed sexy music vid. Next up, Selena's sophomore album *Revival* is released to universal critical acclaim. Girl can do no wrong.



THE FUTURE...

**GOOD FOR HER**

As you can tell by her amazing journey, Selena is one talented, strong and mega-inspiring gal. It's fair to say that everyone at DOLLY HQ cannot WAIT to see what's next for Miss Gomez. 😊



A person is sitting on a red brick path, wearing blue denim shorts and blue sneakers. They are holding a brown coffee cup with a white lid in their right hand and a smartphone with a teal case in their left hand. The person has blue nail polish and is wearing a black watch on their right wrist and a black bracelet on their left wrist. The background is a blurred view of the path and some greenery.

→ *inside* ←

SOCIAL MEDIA REHAB

You've heard of rehab for people with drug and alcohol problems, but now you can be committed for being addicted to Twitter.

Let's be real: we all love a good Facebook stalk and #PLL live-tweet sesh, but that old saying is sometimes right – there CAN be too much of a good thing.

Yep. Instagram, Twitter, Tumblr and FB can actually be addictive, and there are rehab centres popping up around the world that are targeted at treating patients who are obsessed with checking their feeds more often than they make contact with other real people. Not only is this damaging to their reputation, it's also ruining their mental health.

Paradigm Malibu, in the US, is one of the facilities that help young people to overcome this issue. Founder Dr Jeff Nalin started the Teen Internet Addiction Treatment program after he noticed “an increase in the numbers of young people whose families were recognising their [social media] behaviour was disruptive and problematic to their lives and normal social development and identity”.

People who are in rehab for social-media addiction spend four to six weeks doing daily individual and group therapy sessions with psychologists to help them understand their behaviour. Dr Jeff says that a big part of the program focuses on helping patients to get to know themselves better so they are not relying on ‘likes’ to feel a sense of social worth.

“Once they begin to build this ‘muscle’, up they become more comfortable with themselves,” he explains. “This leads to a better balance between their real-world social life and social media.”

If you think that social media addiction is rare, studies have shown that 24 per cent of teens say they’re online “almost constantly”, with Dr Jeff pointing out that girls are more likely to have problems with social-media usage than guys.

Of course, there’s no need to freak out if you like to scroll through Instagram once or twice a day. Social media use is seen as unhealthy when you’re on it

around the clock, or if you project an image of yourself that’s different to who you are in your real life.

“If you’re isolating [yourself], bottling up your true emotions and creating a persona that feels less and less authentic, or if you’re feeling depressed, self-critical, anxious or suicidal, your body is telling you that you are out of balance,” Dr Jeff says. “If social media becomes an escape from these feelings, it’s time to log off.”

Often it’s the peeps who feel left out of real-life social groups or are worried that they’re not popular enough who become vulnerable to social-media addiction.

“Often young people who are nervous around others and have a strong negative self-view may move away from healthy social relationships,” Dr Jeff explains. He recommends taking regular breaks from social media to hang out with family and friends who give you honest feedback, not like your online friends who may not know the real, genuine you.

“I THOUGHT I’D DIE WITHOUT SOCIAL MEDIA”

When Krista, 15, couldn’t sit through her grandfather’s funeral without checking Facebook, her parents sent her to rehab for 45 days to help her cut ties with social media.

“I was always glued to my phone, posting photos and writing things on Facebook, Twitter and Tumblr to make my life seem more interesting. I was competing with friends who I actually knew as well as online friends, creating a ‘shadow’ life that was better than my real life. Almost none of it was real, but I thought what I was doing was normal.

My mum kept telling me I had a problem, but I just thought she was annoyed because she wanted me to do more family stuff. We had a big fight when she caught me checking my Facebook and Twitter accounts during visitation before my grandfather’s funeral. She took away my phone and I had an anxiety attack – I thought I was going to die. Mum did too, so she took me to the hospital and they referred me to Paradigm Malibu. I was enrolled there the next day.

The program was hard. I did individual therapy every single day, as well as group therapy, family therapy and art therapy. I even learnt to surf! The most important thing that I have learnt, however, is to be present and active in my life, and not to use social media to escape real life and feelings.

I realised that having a social-media addiction is lonely. I was always on my phone, even when I was in a room full of people. It was really isolating.

Now I’ve learnt how to use social media in a much more healthy way. I stay away from Tumblr because it triggers bad feelings for me. There was too much negativity there.

After I finish high school, I want to go to college and become a psychologist so that I can help other teenagers in a similar situation to me. I would advise anyone who feels like they might have a social media addiction to tell their parents and get some help. Life really does get so much better – it’s the difference between living a pretend existence and enjoying real life.”

Signs you might have an online problem

- You are obsessed with checking social media, even in the middle of the night.
- You feel anxious without your phone.
- You feel nervous around people IRL.
- You create an online persona that doesn’t represent the real you.
- You feel exhausted from staying awake all night on your phone or laptop.
- You’re constantly monitoring how many likes or shares you get.
- You feel distressed if people don’t write back to your messages or comment on your posts.
- You freak out if you don’t have internet access, because then you won’t be able to post or check your numerous accounts.

SOUND LIKE YOUR BFF?

If you see more of your friend online than you do in person, and when you finally get her IRL she’s got her phone glued to her hand, she may have a problem.

Confronting her about it might make her more likely to pull away from her real-life friends, so it might be a good idea to chat with your school counsellor or contact an anonymous support service like The Kids Helpline (1800 55 1800).

In the meantime, suggest some phone-free catch-ups so she can start to see how fun living in the real world can be. ☺

DATE YOUR MATE

Here are seven super-fun ways to mix up quality hang times with your bestie. Boredom not invited...

Fact: no matter how cute/hilarious/in love with your cats your bae is (shout out to Meredith and Olivia Benson), every girl's gotta take time out from her Calvin to spend time with her group of mates like Tay. If you're currently Calvin-less? All the more reason to up your friendship game and plan a date day with your best gal pal!

Here are seven celeb-inspired friend dates to try out next time your buddy says: "So...what are we gonna do today?"



GET BAKING

Like Cara Delevingne & Jourdan Dunn

It's true that eating/making/talking about food is a guaranteed next-level bonding experience (we, err, read it in a study somewhere) and finding your feet in the kitchen can be fun. Tackle a new recipe with your BFF, and serve it up to family and friends (asking your parents for permission before you fire up the oven is a total no-brainer). Our favourite dessert to whip up in the kitchen at the moment? A pink flamingo cake! Make sure you hit up page 75 for the recipe.



DO A WORKOUT TOGETHER

Like Taylor Swift & Lorde

Get your fit bunny on and turn your next bestie catch-up into an exercise sesh. Go for a long power walk (and talk) around your neighbourhood, do laps at your local pool (side note: breaststroke = most chat-while-you-swim friendly) or YouTube fitness vids you can try at home, like yoga or an '80s-style aerobics class. After the sweat sesh, you'll be like, "Who even ARE we?" Answer: People who are probs gonna make green smoothies.



GO OP-SHOPPING

Like Willow Smith & Kylie Jenner

Braving the mothballs, nanna knits and overwhelming colour-coded T-shirt selection at your local thrift store is best done in pairs because a) it's WAY more fun and b) you're less likely to make a purchase you'll regret ("Put down the oil-stained dress that's three sizes too big!"). Try setting yourselves a budget (like \$20) and see how much awesome stuff you can bag. Your other mates will be dying to know where you got your vintage one-of-a-kind threads.



SEE A COOL GIG

Like Hailey Baldwin & Kendall Jenner

OK, so Coachella might not be on the cards just yet (unless your bestie happens to be Kendall, and if she is then we're jell), but hitting up a local all-ages festival or gig will give you and your pal a million new memories. Booking tickets in January for a show in June means a LOT of waiting, however, planning your outfits ridiculously early is all part of the pre-gig fun. Oh, and so is counting down the days until Ashton Irwin may/may not see you dancing in the audience and completely fall head-over-sneakers in love with you.



GET PREPPED

Like Shay Mitchell & Ashley Benson

If the two of you are headed to a mutual friend's party or gathering, make some time before the craziness starts to fit your quality one-on-one bestie hangs in. Spend the afternoon doing DIY face masks, cute hairstyles (two words: hair chalk), mani/pedis and experimenting hard with your make-up. Then, take turns playing stylist and dress each other up! An amaze soundtrack, unlimited selfies and ALL the snacks will also add to this exclusive pre-party party.

BRAVE THE DOUBLE (FRIEND) DATE

Like Ellie Goulding, Karlie Kloss, Taylor Swift & Cara Delevingne

... and no, not the awkward coupley kind. Expanding your girl quad can mean double the fun! If there's a family/netball/neighbourhood friend who you'd really love to get to know a little bit more, invite her and her bestie around to hang out with you and yours. Oh, and keep in mind that nothing says "Welcome to our girl gang!" like piles of chocolate and PLL. We can only imagine that's how the most famous girl squad in the world got its start...



CELEBRATE YOUR CHUMIVERSARY

Like Zoella & Sprinkle Of Glitter

Pinpoint roughly the year (or month/day/hour/minute if you're hilarious like that) you become friends and decide on a 'chumiversary' date. Pop it in your diary and next time it rolls around do something cute to celebrate (think a candlelit ice-cream dinner or long cartwheels on the beach). Note: making each other mushy cards, Insta spam and PDF (public displays of friendship) are all totally acceptable on this day. ☺



Into THE FUTURE

#NOFILTER
THESE READERS HAVE NOT
BEEN RETOUCED

Success, happiness or printers that can deliver food...
What DOES the future hold? We put it to you guys.



Bruce, 16



Poppy, 13



Kirah, 12

WHAT EXCITES YOU ABOUT THE FUTURE?

JAKOB: "Lots of things! Getting out there, freedom – just doing whatever you want."

ARIELLE: "Finishing school."

BRUCE: "Sleeping in once I've finished school!"

ONCE YOU'VE FINISHED SCHOOL, WHAT ARE YOUR PLANS?

POPPY: "I want to be a florist."

BRUCE: "I want to play in the NYC [National Youth Competition] – the under-20s football division in Rugby League."

JAKOB: "I'd say travel. Maybe to Europe or the United States."

ARIELLE: "I want to travel. I want to go everywhere!"

KIRAH: "I'd also like to travel."

WHO PUTS THE MOST PRESSURE ON YOU?

POPPY: "Teachers. Especially when they say sorts of things like, 'You're going to need this for your HSC!' and 'You're not going to make it.'"

JAKOB: "Parents."

BRUCE: "Myself. Because I have goals and I want to achieve them."

AT WHAT AGE DO YOU THINK THAT YOU'LL FEEL LIKE AN ADULT?

KIRAH: "Probably my early twenties."

BRUCE: "Yeah, like 20 or 21."

JAKOB: "You won't even feel like an adult [when you are one], right?"

WHAT'S YOUR IDEA OF SUCCESS?

KIRAH: "Achieving what you want to achieve."

ARIELLE: "Being happy and enjoying what you do."

JAKOB: "It's about what you have worked hard for and finally achieving it."

WHO INSPIRES YOU MOST IN LIFE?

BRUCE: "Footballers like George Burgess and Sonny Bill Williams. They both came from different areas and got where they are from working hard."

ARIELLE: "Photographers! I'm doing photography for work experience."

“ I PREFER NOT TO THINK ABOUT THE FUTURE. I LIKE TO LIVE IN THE PRESENT. ”

WHAT DO YOU SEE YOURSELF DOING IN 10 YEARS' TIME?

POPPY: "I prefer not to think about the future. I like to live in the present because that's a long way away."

JAKOB: "I think that if I'm travelling, it would ideally be with my work. That would be the best – actually making money to go to places is pretty cool."

WHAT DO YOU THINK THE WORLD WILL LOOK LIKE THEN?

POPPY: "I reckon that there will be an iPhone 15!"

KIRAH: "I think there will be a lot more technology and people that are poor, because you'd either be really rich or really poor."

JAKOB: "The internet is going to take over! Who knows? Maybe there'll be 3D printers – sending food via email!"

WHAT DO YOU HOPE FOR OUR SOCIETY IN THE YEARS TO COME?

KIRAH: "No more wars."

ARIELLE: "I would love to see marriage equality legalised."

BRUCE: "Better access to clean water for people in third-world countries."

JAKOB: "I'd like to see us taking care of the land and all the animals, especially the endangered species, such as bats, which are dying by the millions. I hope that we find a solution because they're vital for the environment. Hopefully we can get things in a much better order than they are at the moment." ☺



Jakob, 17

Arielle, 15

The key to killer CONFIDENCE

by Hunter March

Quirky, funny and majorly popular YouTuber **Hunter March** gives us the best advice on confidence – what it is and how to get it.

Hi there DOLLY readers,

I'm Hunter March. I have a YouTube channel with 300,000+ subscribers, am the face of the 3 million+ subscriber-channel AwesomenessTV and I'm one seriously confident person. My teachers used to tell me I could actually stand to lose a little and still have more than enough. I'm so confident, in fact, that I guarantee that by the time you turn the page, you yourself will be more confident. But to make that happen, we should probably start by figuring out exactly what it is...

→ **A huge misconception** about confidence is that it's reserved for the popular kids: the star athletes, the supermodels, the rockstars, the filthy rich and those fit bunnies with sixpacks on the sides of their sixpacks. People think this because they believe that confidence comes from being better than other people, but that's totally wrong. Confidence isn't about other people at all. Nope, it's purely about knowing and appreciating your own value. And – newsflash – your personal value isn't determined by anyone but yourself.

→ **I've somehow known this since** I was a little kid. I'm not joking when I say that my first words were "Wook at me!", usually resulting in me showing my mum something that was wildly unimpressive. But the important thing is that the confidence was there, and got people to notice me even as a young child. Growing up with that same confidence in myself got me my internship at AwesomenessTV and helped launch my own YouTube channel. I knew that I was a capable host and YouTuber so I pursued all my goals until

"Getting rejected
**WAS NOT GOING TO
AFFECT MY VALUE AS
a human being.**"

~~~~~  
**"UNDERSTAND  
YOUR VALUE  
AND BELIEVE  
THAT IT CAN  
ONLY GO UP.  
KEEP TAKING  
HUGE CHANCES  
AND IF THEY  
DON'T SEEM  
TO WORK OUT,  
TRY AGAIN  
(AND AGAIN)."**  
~~~~~

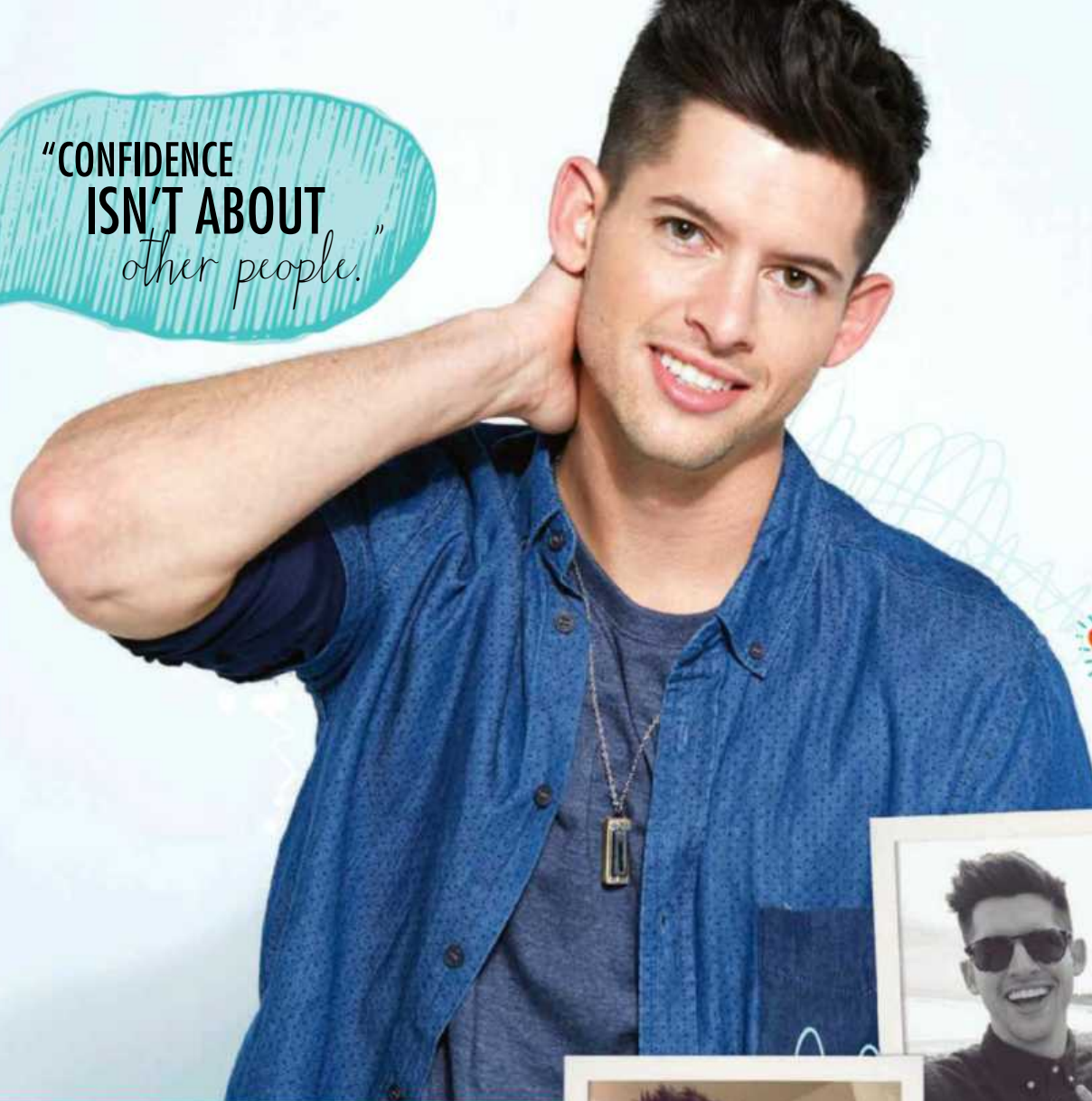
I became the face of a company that is seen by millions of people. I wasn't afraid to ask for more responsibilities, and therefore, was given them.

→ **But my confidence helped me** out with something far more important than my career; it helped me with girls. When it came to the whole dating thing, I came to the realisation that asking a girl for her number and getting rejected was not going to affect my value as a human being at all. For example, if in high school I were to tell a girl that I'd love to take her to see a movie, only for her to laugh and walk away, I would still be the exact same person. Her rejection wouldn't take anything away from me, so why not try again with someone else? Oh, and for the record, that never even happened once (OK, it happened twice).

→ **The last time I tried this was** years ago when I went up to the most incredibly beautiful girl I'd ever seen. She walked right into the Starbucks that I was working at and I'm pretty sure I messed up at least three or four orders while I was staring at her. I knew that I had no chance with her; she had this powerful presence of independence, didn't look like she would ever date a barista and was



"CONFIDENCE
ISN'T ABOUT
other people."



5cm taller than me in her heels. But deep down I also knew that not saying anything to her and wondering what could've happened would have been far worse than any kind of rejection. Even with my confidence, I was seriously freaking out. Just because I appear to approach people easily doesn't mean that I'm not internally questioning everything about my decisions. Either way, I got past those feelings, told her that she was beautiful, and asked her out (ironically) for a coffee at The Coffee Bean. Much to my surprise (and luck), she liked baristas and thought my smile was "beyond cute" (her words). And the best bit? We've been dating for the past two and a half years.

→ **The same thing has happened** to me time and time again in every single aspect of my life – from becoming a well-known YouTuber to making new friends. And there isn't anything stopping you from having that same level of self-confidence too. Just understand your value and believe that it can only go up. Keep taking huge chances and if they don't ever seem to work out, try again (and again). Whether it's a job interview, posting your very first YouTube vlog or braving a coffee with someone completely out of your league (or so you think), confidence will give you the strength to get through it, and I'm confident that you can do it. ☺

From Hunter xx



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🐦 @HUNTERMARCH

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🌐 HUNTERMARCH.COM

Want more Hunter?

HOW TO GET

It happens to everyone at some point (#truestory), so here's how to be the best

SO your fairytale romance didn't work out and Prince Charming turned out to be a frog who croaked the typical "It's not you, it's me" line. But before you update that status detailing his embarrassing secret to the whole grade, stop and take a deep breath, because we're here to get you clued up on how to walk away from a nasty break-up with your head held high and your standards even higher.



DO: REMAIN CALM



Your bae asked you to meet after school at your spot. He said he has something important to tell you – and you've got a bad feeling about it. You're hoping his news is that he can't find a suit that matches your formal dress (actually, maybe breaking up would be better than that...), but then he says it – he's dumping you. All of a sudden he's blaming his lost feelings on the fact that you were "too clingy" or that he "barely even saw you". He's claiming you're just "better off as friends" or that he "wants space". Every time he speaks, you can feel your anger bubble and you just want to counter everything he says. It's like he conveniently forgot how much more effort you put into the relationship.

REMEMBER: Most of the time, being dumped can kind of feel like an attack, so it's natural to get defensive. Whatever happens, remain calm, accept what's happening and don't add anymore negativity to an already sad situation.



DON'T: BEG OR PLEAD

His words are slowly sinking in and you've started to realise your relationship is over. You start to panic – you don't want to break up! Everyone told you both that you make the perfect couple! You care about him so much that you're willing to change things he doesn't like.

REMEMBER: When the desire to break up isn't mutual, the urge to beg and plead can be seriously strong. You need to resist that urge! Maintain your poise and know that although you're going to come out of that not-so-pleasant convo minus a boyfriend, at least you'll still have your dignity intact.



DO: TAKE CHARGE

You resisted the urge to beg and plead for him to change his mind, but now you're realising you still have so much to say to him. You want to know how he's handling the break-up. Is he upset about what's gone down? Or is he crushing on someone else? Before you know it, your fingers are tapping on your phone and you've typed him an essay that would make your English teacher proud. You even added all the proper punctuation (including emojis, of course) to illustrate your emotion and rage.

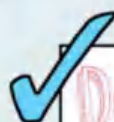
REMEMBER: Spamming someone with texts or Facebook messages isn't going to change their mind. Save yourself the pressure of trying to stop yourself from contacting him by deleting his number. If you're really tempted, you can even remove him as a friend on Facebook and Insta.



DUMPED

(with dignity)

dumpee ever during a break-up.



DO: EXPECT GOSSIP

After hearing about the break-up or seeing your relationship status change on Facebook, people may get curious and speculate. After all, your Instagram posts from the past few weeks made it seem like you were both happily in love. Your first day back at school as a single girl is daunting; it feels like everyone is talking about you. You've even started to hear different versions of the story – like how you got so upset that you hit him (you only did so in your head) or how you broke down and hugged his legs (you only hugged your BFF while you cried your eyes out).

REMEMBER: Take a moment to scream into your trusty pillow, go for a run or make a voodoo doll of your ex, then throw it in the bin (after you've stuck a few pins in it). Afterwards, remind yourself that everyone who matters to you will know the truth. If anyone else tries to grill more details out of you, tell them not to believe everything they hear and that you're just trying to move on now. If they're a good person, they'll understand. Act like you're gradually moving on from your ex – even if you're still crying over old photos and spooning ice-cream out of the tub every night.

REVENGE MAY BE
SWEET, BUT IT
LEAVES A BITTER
AFTERTASTE.

AND LASTLY, REMEMBER
THAT YOU ARE RESPONSIBLE
FOR YOUR OWN HAPPINESS.

You cannot be responsible for someone else's happiness, and nobody else can be responsible for yours. It's up to you to foster the happiness you deserve. Every morning, remind yourself that you deserve to be happy, and that you have the power to make that happen. ☺

DON'T: SPREAD RUMOURS ABOUT HIM


He's broken your heart, so you want to ruin his reputation. Luckily his mum once told you the most embarrassing stories about him and you know for sure he'd die if your whole grade ever found out. "Accidentally" letting it slip to the notorious gossip in your grade would be easy. Posting it on your Facebook would be even easier.

REMEMBER: Being dumped hurts a lot, and wanting the person who hurt you to feel how you feel is normal. You may get a moment's satisfaction from it, but it won't make your sadness and anger go away. Don't forget that what you say about someone says more about your character than anything else. Revenge may be sweet, but it leaves a bitter aftertaste.

DON'T: BECOME A STALKER

You've promised yourself and all of your friends that you're not going to stalk his social-media accounts. The problem is, you heard he was tagged in some girl's photos from a party he was at on the weekend. All you want to do is check his Facebook account to see who he hung out with most of the night and if it looked like he was having fun. That's not that bad... right?

REMEMBER: Unfortunately, stalking your ex's social-media accounts can turn into a slippery slope that only ends in you getting really upset over how happy he seems – or, even worse, accidentally double-tapping a photo he posted about 43 weeks ago. It's important you don't forget that everyone's social-media accounts are only the version of themselves they want the world to see; things aren't always as they seem.



Jazz has been on US talkshows and released a kids' book, *I Am Jazz*, which talks about her life.

**I AM JAZZ
PREMIERES ON
DECEMBER 10
ON TLC.**

Jazz's awesome YouTube channel has clocked up more than seven million views!

#DOLLYHERO

PEOPLE WHO WON'T ACCEPT ME *aren't worth it!*

YouTuber and transgender activist Jazz Jennings, 15, has broken down barriers to speak out – and score her own TV show!

Navigating high school is tough, but try doing it when you're the only transgender kid there. Oh, and TV cameras follow your every move. Welcome to the life of Jazz Jennings, who, at six, became one of the youngest spokespeople for gender dysphoria when she did an interview on US TV and spoke about her journey.

Jazz's ongoing advocacy for trans issues through her YT channel, Jazz Jennings, led to her own reality show. The series follows Jazz from middle school to high school (which starts at Year 9 in the US) as she deals with friends, study and boys, plus hormone therapy and discrimination. For Jazz, it's about putting transgender people firmly in the spotlight.

WHAT LED TO YOU BEING DIAGNOSED?

"The signs were obvious right from the start! As soon as I could express myself I said that I WAS a girl and gravitated towards dolls, dresses, everything feminine. My parents knew there was something different and unique about me so when I was three they took me to a specialist and I was diagnosed with what is now called gender dysphoria. It was like a turning point in my life. There was finally something that could define the way I was."

A LOT OF PARENTS MIGHT HAVE JUST IGNORED THE WHOLE THING COMPLETELY.

"Yeah, I'm really thankful to have my parents and my entire family. Throughout my whole life, they've really been there for me, accepted me and taught me what unconditional love means. We have to love people for their differences and accept them. I share my story for all the kids out there who don't have such a supportive family, so I can hopefully give them courage to keep moving forward."

WHEN DID YOU START LIVING AS A GIRL?

"When I was five I officially transitioned and became a girl. I was moving from pre-school to kindergarten, it was like, a new school, fresh start, a big transition. We thought it was the perfect time for me to start expressing who I am and be my true, authentic self."

"People need to understand we're just like everyone else. We deserve to be loved."

WHAT REACTIONS DID YOU GET FROM PEOPLE DURING THE EARLY STAGES?

"At first the principal was adamantly opposed to the idea of what she thought was a little boy coming to her school, dressed up as a girl. She wanted to use gender-neutral pronouns, she wanted to refer to me as an 'it' and wear gender-neutral clothing like skorts. So it was difficult at first, but in terms of kids and parents, not many of them knew I was transgender until we started appearing in the media in 2006."

WHAT KIND OF THINGS HAVE BEEN INVOLVED IN YOUR TRANSITION?

"When I was 11 years old, I started hormone blockers – implants in my arm – to block the testosterone in my body so I wouldn't develop as a male, with the beard, moustache and the things you go through as a boy during puberty. A few years later, I started oestrogen which is hormone-replacement therapy. I take female hormones and can start developing as a girl."

HOW DOES IT MAKE YOU FEEL?

"I kind of feel normal now, like I'm finally catching up with my friends and we're all going through the same thing. I felt weirder before when it wasn't happening to me, like I was left behind. Now I just feel normal, and I like that!"

WHAT MADE YOU DECIDE TO START YOUR OWN YOUTUBE CHANNEL?

"I was making mermaid tails and sharing videos with my friends. They actually got a lot of hits and people wanted me to post vlogs, so I started posting about being transgender. It's a great way to express yourself and to unite with the rest of the community who might be going through similar experiences."

WAS IT SCARY TAKING THE STEP FROM YOUTUBE TO TV?

"[I worried] about the cameras taking away my privacy. But once we got to meet the crew, they were all so loving, they became like a second extension to our family! It was amazing to go through this experience with them."

THE SHOW IS ABOUT YOU STARTING HIGH SCHOOL – WAS THAT A CHALLENGING TIME FOR YOU?

"I was most nervous that people wouldn't be accepting of the fact that I'm transgender. But I realise now that if people aren't going to accept me

for who I am, then they're not even worth it. I wanna associate myself with people and friends who will love me for being the real Jazz."

DO YOU THINK THAT GUYS OR GIRLS ARE MORE ACCEPTING OF YOU?

"I don't really have guy friends. I would say girls are more accepting – females mature faster and are more accepting overall, so power to the girls out there! I think some guys are less open-minded. They don't fully understand what it means to be transgendered and how it hard it can be."

HAVE YOU DATED MUCH SINCE STARTING HIGH SCHOOL?

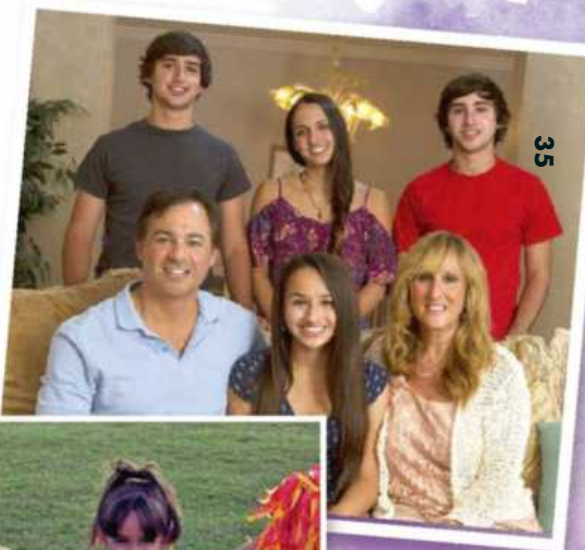
"I haven't dated at all, actually. It's kind of upsetting, but hopefully in the future Prince Charming will show up on his dragon or whatever!"

HOW DO YOU FEEL ABOUT TRANSGENDER ISSUES BEING PUSHED INTO THE SPOTLIGHT THANKS TO PEOPLE LIKE LAVERNE COX AND CAITLYN JENNER?

"It's really important that the topic of being transgender is now very visible and out there. I think people really need to understand that we're just like anyone else, living our lives, trying to find our place and fit in and we just deserve to be accepted, loved and respected for who we are. I definitely think that these advocates sharing their stories and making a difference are really helping to change the world."

WHAT ARE YOUR HOPES FOR THE FUTURE?

"That we can have the freedom to live our lives authentically, be accepted and embraced for our differences, live in harmony with everyone else and we have the same opportunities as everyone else. That's my main hope – freedom and equality for not just transgender individuals, but for all people." ☺



35

When she was five, Jazz transitioned to being a girl and has had the support of her family (above) along the way.



TYLER HITS TINSELTOWN



YouTube royalty Tyler Oakley hits our screens this month with his first film and DOLLY gets the exclusive on it!

This guy is the king of the internet and has completely dominated YouTube and social media, so what made Tyler Oakley decide to take on Hollywood with his new doco film *Snervous*? Get the popcorn ready and read our interview for all the juicy details.

Hi Tyler! We love all your work online, why have you branched out into film?

"I have experience with many different mediums, whether it's my YouTube channel, podcast, book, live tours – I felt bringing it to the silver screen was the next step!"

***Snervous* gives a very intimate look at your life. Why was it important for you to put yourself out there and bare all?**

"I wanted viewers to see yet another side of me – a side they don't get to see in my videos, or listen to on my podcast or read in my book. There

are so many different facets of me, but it is all me and I am excited to share this with everyone."

How did it feel to see yourself on the big screen? Was it weird at all?

"I actually have yet to see it on the big screen, but I've seen the final cut and it's amazing. I'm so proud of it. Can't wait for everyone to see it!"

Is there much of a personality difference between @tyleroakley (your online persona) and Tyler Oakley IRL?

"My online persona is me IRL! I always try to be my true self and just live my best life."

How has the world of YouTube changed since you first started making vids?

"YouTube has always been at the forefront of giving people an opportunity to share their stories online, but over the years it's also

given #TeamInternet the opportunity to make a career out of something we genuinely love doing. The best part of it is the ability to make connections with people all over the world that you might not have ever had the chance to meet. The internet can expand your world view, and help you see a bigger picture."

Where do you think you'd be right now if you hadn't started your YouTube channel?

"I actually went to university to run social media for brands. I've always loved marketing and brand strategy, so I think I probably would be doing something along those lines."

Who is your dream collaboration?

"Doing a collaboration with my queen... LADY GAGA!"

SNERVOUS IS OUT ON DIGITAL HD ON DECEMBER 11, 2015.

IT'S PRESENT TIME

Introducing DOLLY's fuss-free guide to super-cute and totally affordable Christmas-pressie wrapping styles.

BEST FOR
younger siblings
or little cousins.

RUDOLPH

YOU'LL NEED

Butcher's or plain wrapping paper
Coloured paint (we've used red and green because, Christmas)
Glue
Red pompoms
Coloured twine
A marker

TO MAKE

- 1 Cut the wrapping paper to size.
- 2 Dip your thumb into coloured paint and press it on to one side of the wrapping paper to leave a thumb print. These will be Rudolph's heads. Continue doing this until you have a fair few evenly spaced thumb prints on the wrapping paper.
- 3 Once the prints have dried, glue the pompoms on one end of your thumb print. These will be Rudolph's red noses.
- 4 Let the glue set before drawing on Rudolph's eyes and antlers.

BEST FOR
the grandparents

TRADITIONAL TIDINGS

YOU'LL NEED

A present to wrap
Butcher's or plain wrapping paper
Lead pencil
A printout one of their (or your) favourite Christmas carol
Scissors
Rubber
Craft glue
Coloured ribbon

TO MAKE

- 1 First, wrap the present up.
- 2 Using a lead pencil, draw a shape on the Christmas carol you have printed out. Make sure that the title of the carol sits inside the shape.
- 3 Next, cut it out and glue it to the front of the gift. Rub out any pencil marks.
- 4 Tie a cute ribbon around the present you're giving and you're done! ➡

BEST FOR
Mum and
Dad



DREAMING OF A WHITE CHRISTMAS (PRESENT)

YOU'LL NEED

Black paper
A white marker or white gel pen

TO MAKE

1 Wrap the pressie in the black paper.
2 Once it's neatly wrapped, sketch a Christmas design with a white marker. We drew white snowflakes but bells, holly or a wreath could be cute too.

BEST FOR
your bae

TWINKLE, TWINKLE

YOU'LL NEED

Butcher's or plain wrapping paper
A black marker
A handful of colourful markers

TO MAKE

1 Wrap the present with the paper.
2 On the front side, write a Christmas message with the black marker.
3 Draw a long curly line around your message. Then, draw a squiggly line along the curly one, giving it a textured look. Once finished, draw bulb-shaped circles on either side of the curly line.
4 Fill them in with your coloured markers to make bright Christmas lights.

CUTE AS A BUTTON

YOU'LL NEED

Cardboard
Glue
Coloured buttons
A Pen
Hole punch
Twine or ribbon

TO MAKE

1 Cut out the cardboard to create any shaped gift tag you like.
2 Next up, glue down the buttons as though they were hanging Christmas baubles. With the pen, draw the string leading up to the top of the card and some little loops like a ribbon.
3 Underneath, write down your own personal Christmas message.
4 Using a hole punch, pop a hole in the top of each card, tie them off with twine or ribbon, and attach them to your gifts.



BEST FOR
teachers



BEST FOR
your Secret
Santa

TIP:

Don't forget to write a Christmas message on the reverse side of your letter card before you tie it to your present.

**GLITZ AND GLAMOUR****YOU'LL NEED**

A present to wrap
Butcher's or plain
wrapping paper
Pencil
Glitter cardboard
Scissors
Hole punch
Coloured twine

TO MAKE

- 1 Wrap the pressie, then draw the first letter of your Secret Santa's name on the plain side of the cardboard.
- 2 Cut the letter out and punch a hole in the top so you can tie it to your gift.
- 3 Tie it on with twine and voilà! – a sparkly Secret Santa gift.

A SPRINKLE OF GLITTER**YOU'LL NEED**

Scissors
Cardboard
Glue
Glitter
Twine or ribbon
Lettering stamps and a stamp pad

TO MAKE

- 1 Cut out the cardboard to create any shaped gift tag you like.

- 2 Apply glue to one end of the gift tag, covering one third of the card. Then, dip it into some glitter and leave it to dry. Once it's dry, blow away any leftover loose glitter.
- 3 Using the lettering stamps, stamp 'to' at the top of your card and then stamp 'love' at the bottom.
- 4 Punch a hole in the top side of the gift tag before tying it off with some twine or ribbon.

**O CHRISTMAS TREE****YOU'LL NEED**

A present to wrap
Butcher's or plain wrapping paper
Craft glue
Glitter, in as many colours as you like
Some festive-looking scrapbooking
stickers, fabric cut-outs or stamps
Ribbon

TO MAKE

- 1 Wrap the gift and decide which side of the paper you want to decorate – either the front or the back.
- 2 Start drawing Christmas shapes, like our tree, with craft glue. Then sprinkle glitter over the glue and leave it to set. Once the glue has dried, blow away any remaining glitter. This will leave you with cool glitter shapes like our Christmas tree. If you want each drawing to be in different colours, repeat this step one shape at a time.
- 3 Next, stick or hang your scrapbooking material on the present, creating any design you like. And remember to always tie the present off with some coloured ribbon for that extra-special touch. ☺

BEST FOR
your BFF



THE MOST wonderful time of the YEAR

Piles of pressies for everyone
you heart (including yourself).



Nightie, \$79.95,
Peter Alexander.

FOR ME

1 Necklace, \$65, Disney Couture. 2 Coin purse, \$6.95, Rubi Shoes. 3 Top, \$11.99, MRP. 4 Kit Cosmetics The White T-Shirt Nearly-Nude Eyeshadow Palette, \$45. 5 iPhone 6S, from \$1,079, Apple. 6 Watch, \$109.90, Ice-Watch. 7 Bag, \$29.95, Cotton On Body. 8 Sandals, \$109.95, Siren. 9 Bunting, \$19.95, The Chaos Club. 10 Towel, \$34.95, Cotton On. 11 Top, \$19.95, Cotton On Body. 12 Benefit Party Poppers Makeup Set, \$78. 13 Jumpsuit, \$39.95, H&M. 14 Cushion, \$24.99, Typo. 15 Fins, \$99.95, Mahina Mermaid. 16 Bike, \$179.99, Reid Cycles. 17 Jumpsuit, \$49.95, Rip Curl. 18 Bottle, \$14.99, Typo. 19 Print, \$39, Down That Little Lane. 20 Skateboard, \$139.99, Penny Skateboards @ Surfstitch. ➔

PETS

BFF

Jar, \$26.99, Davis & Waddell. Bowl, \$14.95, Mark Turkey + Cotton On.

1 Glasshouse Fragrances Luxury Travel Pack in Amalfi Coast (candle and hand cream).
2 Temporary tattoos, \$11.95, Rubi Shoes.
3 Journal, \$19.99, Typo. 4 MAC Enchanted Eve Viva Glamorous in Viva Glam Miley (lipgloss and lipstick), \$65. 5 Print, \$15, Down That Little Lane.

BRO AND SIS

1 Sleep playsuit, \$49.95, Rachel Castle x Sportsgirl.
2 T-shirt, \$69.95, Wrangler.
3 Light box, \$49.99, Typo.
4 Sneakers, \$40, Volley. 5 Hat, \$40, Kookai. 6 Just Dance 2016, \$79.95, Sony PS4.
7 Lockable notebooks, \$21.95 each, Smiggle.
8 Dress, \$49, Sunny Girl. 9 Pocket notebooks, \$8.92 (for set of 3), Officeworks. 10 Scented pencils, \$14.95 (for pack of 12), Smiggle.
11 Beach ball, \$18.95, Sunnyslife @ Surfstitch.



MUM AND DAD GUY MATE

- 1 Notebook, \$14.50, Indie Art & Design.
2 Shirt, \$17.99, MRP. 3 Socks, from \$16, Happy Socks. 4 iPhone 6 case, \$12.95, Seed.
5 Clutch, \$70, Kookai. 6 Beach bag, \$49.99, Rip Curl. 7 Swim shorts, \$29.95, Cotton On.
8 Oven mitt, 14.95, Yellow Octopus. 9 Tie, \$8.99, MRP. 10 Molton Brown Festive Bauble Shower Gel in Templetree, \$17.
11 To-do list, \$5.94, Officeworks.

- 1 Bag, \$79.95, Boombox by Señor Funkstar. 2 Jumper, \$29.95, Cotton On.
3 Shoes, \$99.95, Superga. 4 Watch, \$14.99, MRP. 5 AFL football, \$179.99, Sherrin. 6 Pencil case, \$14.95, Optoco. 7 Print, \$29, Down That Little Lane. 8 Cap, \$29.95, Oakley. 9 Bookends, \$39, Navy Crockett.

- 1 Earrings, \$30, Kookai. 2 Make-up pouch, \$19.99, Roxy. 3 iPhone 6 case, \$12.95, Factorie.
4 Magnets, \$9.95 (for set of 5), Rubi Shoes.

Those **FESTIVE** feels

1

BE KIND TO STRANGERS

It's nice to spread the holiday vibes, and nothing will lift your (or someone else's) Christmas spirits quite like performing a good deed. It's as easy as holding a door open for a friend or smiling at a stranger as you pass them by. 'Tis the official season to be jolly, but feel free to maintain that feel-good festive spirit all year long.

'Tis the season to have ALL the fun, so make the most of it! Here are 10 ways to get into the holiday spirit...

2

TREAT NOT JUST YO'SELF

You don't have to explain the rush you get from hitting the shops and locking down the perfect gift. However, while pressies are great, it's important to remember the best gifts can't be bought with cash. Your words and thoughts are priceless.

3

DO A SECRET SANTA

Get your girl gang together, write everyone's name on a piece of paper, drop them into a hat and take turns pulling one out without revealing it to anyone else (if you draw yourself, pick again). Set a price limit and buy a gift for the person you chose. To make it extra fun, leave them clues in the lead-up.

4

VISIT THE NORTH POLE

Stop by your local shopping centre and get a cheesy pic with Santa. It's a fun thing to do with your friends but if you have younger siblings, posing (and printing) a snap as a fam will literally MAKE your parents' and grandparents' days (*Chrissy present idea alert*). They'll love you for it.

5

GATHER ROUND

The festive season is a time for many things, but none more so than loved ones. Crack open a bonbon with your grandfather, Skype with a friend who lives far away and play a silly boardgame or round of charades with your extended family.

6

GET YOUR CAROL-SINGING ON

Buddy from *Elf* wasn't wrong when he said, "The best way to spread Christmas cheer, is singing loud for all to hear". Find out where your local carols are being held and hit them up with your family or squad. If you can't get to them, sing along to them on TV at the top of your lungs. Sorry, neighbours...

7

DECK THEM HALLS...

... with boughs of holly, stockings, candy canes, fairy lights, a Christmas tree and ALL the tinsel. Think of it as giving your house a festive makeover — and don't forget to decorate the front of your home, so that all the neighbours can share your Christmas spirit. And hopefully you'll get to share a smooch with your crush, so don't forget a cheeky sprig of mistletoe...

9

GIVE TO THOSE LESS FORTUNATE

True Christmas spirit lies in compassion for others; there is no greater feeling than helping people. On your wishlist, ask for one gift that you can wrap up and place under the tree at Target or Kmart to give to someone who otherwise wouldn't get a gift this Christmas.

8

DRESS THE PART

It's called the silly season for a reason, which means embracing reindeer antlers, Santa hats and Christmas sweaters (crank the air-con so you don't overheat). Wear your fave PJs on Chrissy Eve and make sure you've got something special picked out to wear on the big day.

10

HAVE A VERY MERRY MARATHON

Home Alone. *Home Alone 2: Lost in New York*. *The Santa Claus*. *Love Actually*. *Elf*. There are a bunch of cute Christmas movies and watching them at the right time of year will give you the warm and fuzzies. We recommend pretending it's winter and cosying up with a hot choc to warm your heart even more. ☺

12 BEAUTY-FILLED days 'til Christmas

FOR THE SIS

These cool and quirky nail wraps are perfect for the sister who loves nail art but doesn't have the time (or cashola) for a salon visit.

1



2



3



FOR THE BESTIE

With its loud colours and studded cases, Kat Von D's lip pack has your make-up-lovin' BFF's name written all over it. She'll love you forever!

4



5



6



8



9



10



7



12



11



FOR MUM

This rose spa kit, loaded with body scrub, lotion and shower gel, is the best way to show your mama loads of (sweet-smelling) love this Chrissy!

SELF-LOVE

Gift this flirty, floral fragrance to yourself (you deserve it) and enjoy hints of honeysuckle, passionfruit, vanilla and jasmine all year round.

- 1 Kit Cosmetics Flawless Sphere, \$14.95.
- 2 I Scream Nails Greasy Glamour Nail Wraps, \$14.95.
- 2 I Scream Nails I Believe In Unicorns Nail Wraps, \$14.95.
- 3 Tangle Teezer Christmas Twinkle, \$34.95.
- 4 Ulta3 Mini Makeup Brush Set, \$7.95.
- 5 Lanolips 101 Ointment Fruities in Cranberry, \$13.95.
- 6 Kat Von D Mi Vida Loca Remix Studded Kiss Lip Set, \$83.
- 7 Benefit Custom Makeup Kit, from \$45.
- 8 Ari by Ariana Grande 100ml, \$69.
- 9 Atelier Lumina Travel Candle in Persian Rose, \$20.
- 10 Designer Brands Classic Rose Body Essentials, \$19.99.
- 11 ghd Arctic gold V classic styler, \$270.
- 12 RiRi by Rihanna EDP 100ml, \$59.

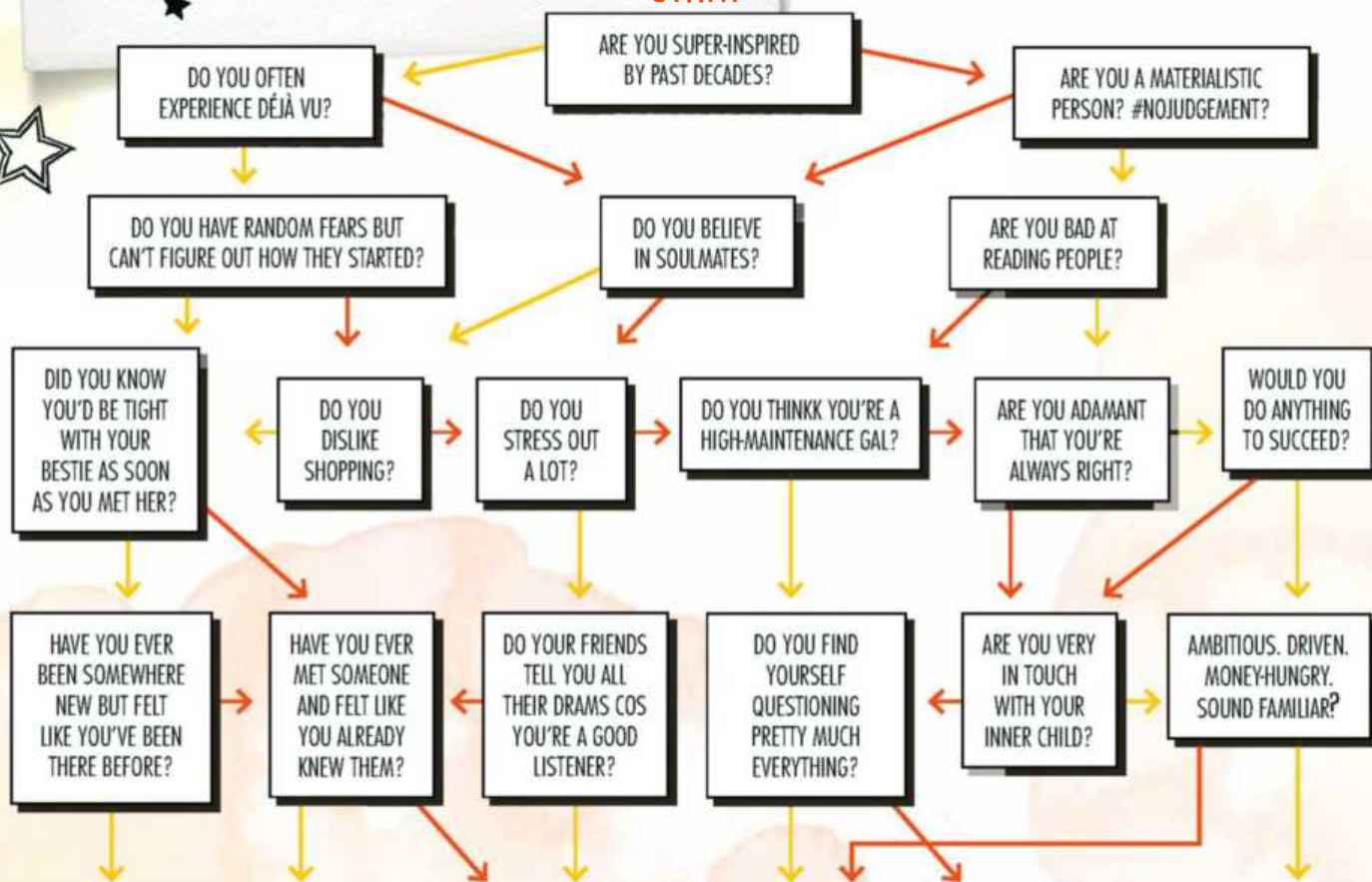


HAVE YOU HAD A PAST LIFE?

Many spiritual traditions believe that souls are reborn throughout the ages. Take our quiz to find out whether yours is old or new...

KEY: → = TRUE → = FALSE

START



OLD SOUL

Ever wondered why you're such a genius? It may be because you've picked up tips from previous lifetimes. While your BFFs are into trends, you refer back to older times for inspo in your life – this one, anyway. When you meet someone new and get a familiar feeling, it may be cos you hung out in a past life. Whoa.

SECOND TIME AROUND

You've been around the block before, but you've got unfinished business here, and this may just be the lifetime to do it! Share your wise words of wisdom with your friends by being the best advice-giver to ever walk the earth. (And that's saying something, considering that you've walked the earth a couple of times before.)

BRAND-NEW BEING

Oh hey there, newbie! It appears your soul is currently living life for the first time hence why you're so youthful and playful. Your bubbly side is balanced with the part of you that craves success because you've never tasted it before and being the newest soul on the block means your take on life is fun and fresh. ☺

WHICH CAREER WOULD YOU LOVE

(but never thought of)?

Find your perfect left-of-centre job (teacher and doctor not included).

WHAT'S YOUR FAVOURITE THING TO DO IN YOUR SPARE TIME?

- A** Draw! Being creative is your thing.
- B** Play with your pets or YouTube hilarious baby animal videos.
- C** Experiment with all of the HTML coding on your new blog.
- D** You're always looking for something fun and different to do, so EVERYTHING!

WHAT ARE YOU MOST LIKELY TO SPEND ALL YOUR MONEY ON?

- A** Art supplies or a new outfit.
- B** Plants for your bedroom or toys for your dog/cat/goldfish.
- C** Apps (and lots of them).
- D** It varies depending on how you're feeling that week.

YOUR NUMBER-ONE SCHOOL SUBJECT IS...

- A** Art or Home Economics.
- B** Science.
- C** Maths.
- D** You're happy with all your subjects as long as you get along with your teacher.

YOU WANT A JOB WHERE YOU'LL...

- A** Be creative.
- B** Help save the world.
- C** Keep learning.
- D** Arggh, you can't decide!

WHICH CELEB BFF WOULD YOU WANT?

- A** Taylor Swift.
- B** Ariana Grande.
- C** Emma Watson.
- D** All of them! #squad

WHAT WOULD YOUR FRIENDS SAY ARE YOUR GREATEST QUALITIES?

- A** Your totally unique sense of style and creative mind.
- B** The peaceful vibe you give off and your compassion for others.
- C** Your intelligence and ability to solve any problem.
- D** The way that you adapt to different situations so quickly.

WHICH PHRASE WOULD WE MOST LIKELY FIND IN YOUR GOOGLE SEARCH HISTORY?

- A** "How to mix oil paints."
- B** "Cat meme."
- C** "Which book should I read next?"
- D** Err... all of the above! You're search history is like an essay.

MOSTLY As GRAPHIC DESIGNER

Thinking up ideas and getting your creativity on come naturally to you, so design or illustration would be great career choices. As the modern-day version of being an artist, they'll allow you to merge your creative mind and imagination with new technologies.

MOSTLY Bs PARK RANGER

You're passionate about nature and animals, and would thrive in a career that allows you to protect and hang out with them. Being a park ranger also means encouraging peeps to appreciate how cool nature is, which you like to do in your everyday life, anyway. So. Perfect.

MOSTLY Cs CODER

With your high IQ and love of solving problems, we've got a feeling that something techy would be right up your digital alley. As a coder, you'd create computer programs and killer apps, and who knows, you might end up inventing the biggest thing since FB (\$\$\$).

MOSTLY Ds DEFENCE

You have so many unique interests and skills that pinpointing your dream gig can be hard. But don't stress; the Defence Force could be it! Whether you love doing hands-on work, maths, cooking, tech or design, the Army, Navy or Air Force have spots suited to everyone. ☺



WHERE SHOULD YOU BE HEADING THIS SUMMER?

Nobody wants to be stuck indoors all day, especially now it's warmer. Take this quiz to discover your hot weather hang-style.

WHAT ATMOSPHERE DO YOU ENJOY THE MOST?

- a) You seriously love the buzz of busy people all around you.
- b) You don't mind if you're somewhere crowded, as long as you're relaxing!
- c) You enjoy the peace and quiet.

WHILE ON VACAY, YOU HEART...

- a) Window-shopping at your own pace.
- b) Going coastal so you can check out cute surfer (*cough* topless) guys.
- c) Chilling out with a great book or your iPod. Oh, and your dog!

WHAT'S YOUR HOLIDAY FASHION LOOK?

- a) Shorts and a summery top or a dress with cool sneakers
- b) A swimsuit and cute boardies.
- c) A bikini with some hot new sunnies.

WHAT SOUNDS MORE APPEALING TO YOU?

- a) Shade – you would do anything to escape the summer heat.
- b) Sun – you love the feel of it on your

skin (after you've lathered on some 50+, sunscreen of course).

- c) Either – you literally dig everything about long, hot summer days.

WHAT WOULD BE YOUR DREAM SUMMER MEAL?

- a) A hot dog and a milkshake.
- b) Fish and chips.
- c) Fresh fruit and an iceblock.

YOUR FRIENDS WOULD DESCRIBE YOU AS A...

- a) Shopaholic
- b) Beach babe
- c) The chill one

WHICH CELEB DO YOU DESPERATELY WANT TO HANG WITH THIS SUMMER (IN YOUR DREAMS)?

- a) Zendaya – she's so cool and her outfits are always on point.
- b) Taylor Swift – you're dying to be part of her famous girl squad.
- c) Kendall and Kylie Jenner – you love the fact that they hang with each other (and the rest of their fam) all the time.

WHAT'S YOUR FAVOURITE TYPE OF EXERCISE TO DO DURING THE SUMMER MONTHS?

- a) Shopping is your cardio.
- b) Swimming in the sea and body surfing is where it's at.
- c) Backyard games keep you fit.

WHAT'S YOUR GO-TO MOVIE WHEN SPENDING SUMMER DAYS IN FRONT OF THE AIR-CON?

- a) You can quote every line from *Pitch Perfect 2*. #sorrynotsorry
- b) *Teen Beach Movie 2* – you dig summer movies set at the beach.
- c) You love anything that the whole family will enjoy. Watching movies in a group is so much more fun!

DURING THE HOLIDAYS, YOUR FAVOURITE PERSON TO HANG OUT WITH IS...

- a) Err, you! You love 'me' time.
- b) Your friends – gossip paired with ALL the snacks is pretty hard to beat.
- c) Your family – home is where the LOLs and fun times are.

MOSTLY As

Trying new things in the hols is SO your vibe, and the more peeps who tag along the better. Think second-hand shopping, cafe hangs and movie dates – you're an inside gal.

MOSTLY Bs

Summer is your jam, and come the holidays, the beach is your BFF. You should defs be making plenty of plans to surf/snorkel/picnic these holidays. BYO besties and you'll be in heaven.

MOSTLY Cs

Adventuring outdoors, or Netflixing in, you're easy as. As long as you're hanging out with friends, family, or your dog, you'll be in your holiday happy place all summer long. ☺



WHAT KIND OF BLOGGER ARE YOU?

So you've decided that 2016 is the year you start your own blog... but what the heck should you write about?

YOU'VE JUST ENDURED A REALLY LONG AND STRESSFUL DAY. WHAT'S THE FIRST THING YOU DO TO RELAX WHEN YOU GET HOME?

- A** Watch a cooking show on TV.
- B** Put your headphones in and listen to all your favourite artists serenading you.
- C** Scroll through fashion blogs and Instagram, or flick through magazines.
- D** Read, like, 10 chapters of the latest book you've got on the go.

IF YOUR BLOG BECAME A MAJOR SUCCESS, YOU'D LOVE TO SCORE...

- A** A cookbook deal.
- B** Albums and concert tickets.
- C** New outfits or tickets to fashion week.
- D** Books and invitations to meet-and-greets with Australian authors.

YOU WOULD SPEND YOUR LAST \$10 ON...

- A** Food, glorious food!
- B** Music! Tickets, albums – you name it!
- C** Clothes and a fresh tube of lip gloss.
- D** A classic Penguin book.

WHEN IT COMES TO CHRISTMAS OR YOUR BIRTHDAY, PEOPLE TEND TO GET YOU...

- A** Spoons, bowls, oven mitts and aprons.
- B** iTunes gift cards or concert tickets to see your favourite bands.
- C** Money! You're famously picky.
- D** Books, books and more books! The whole set of your fave series is always the ultimate.

THE PHOTO ALBUM IN YOUR PHONE IS FILLED WITH...

- A** Filtered pics of what you ate for brekkie, lunch and dinner (for Insta).
- B** Accidental screengrabs of songs that you've been listening to.
- C** Fashpiration photos of girls who are wearing outfits that you're crushing on.
- D** Arty images of your favourite quotes.

THE GREATEST COMPLIMENT YOU COULD EVER RECEIVE WOULD BE...

- A** "This is the best thing I've ever tasted."
- B** "Your playlist is next level."
- C** "I LOVE your outfit."
- D** "You have the best taste in books!"

MOSTLY As

The subject of your site should definitely be about cooking and food! Your love for it is all time – you don't just see it as something you consume to survive but more of an art (um, how good is cheese?). You can review restaurants, recipes and share your list of go-tos in your hood or wherever in the world you travel to.

MOSTLY Bs

You are a music guru and your infinite knowledge **NEEDS** to be shared. Obvs, this means you should write about the latest tunes (and listen to every single one in the name of research). Your content could include things like album reviews, artist profiles, lyrics and clips. The dream? Your blog blows up and you get invited to gigs for free.

MOSTLY Cs

You probs know it already, but you have a great sense of style! You're up to date with the latest trends and know all the news from fashion weeks. You need to share your knowledge, girl. Spread your own style, wisdom, opinions on this season's trends and give tips on how to dress more fashionably in general.

MOSTLY Ds

You've been referred to as a bookworm more than once in your lifetime, and to you that's a huge compliment. You should definitely blog about books because they are totally your thing! You could write up reviews on all the latest releases, recommendations for your readers and maybe even interview some of your fave authors! Pretty much the dream, right? ☺

DOLLY DESTINY

Hone the mystical power of magic with these killer ancient spells and charms that will bring positive vibes your way.



Welcome back to DOLLY Destiny, your ultimate go-to guide for all things magic, mystic and spiritual. Yikes, can you believe 2015 is almost over?! I don't know about you, but I'm super-pumped for 2016. The new year brings with it fresh opportunity to absolutely kill it at life, so to set you up for an amazing 12 months, I'm sharing my favourite lucky New Year Blessing Spell (that totally works).

Keep those emails coming in the new year (dollymail@bauer-media.com.au). I enjoy reading your kind words and I'm keen to write about the magical info that you want to learn more of.

Blessed be and happy New Year,

Math.



Symbols + stuff

Each month, I delve into the history of magic, explaining the meaning behind a symbol which holds some sort of mystical power. Live it and learn it!

SYMBOL: Om

TIME PERIOD: 2nd millennium BCE

REGION OF ORIGIN: Ancient India

WHO USES IT? This old-school symbol is used in Hinduism, Buddhism and Jainism. The word itself is a sacred incantation that is believed to be the first breath of creation, and represents the oneness of creation and the preciousness of life.

WHY USE IT? Fancy yourself a bit of a yogi? Spiritualists believe that repeating the word 'Om' will slow your breath, calm your nervous system and send positive vibrations throughout your body. Hang the symbol (on a necklace or string) in your bedroom to bring peaceful, harmonious vibes.



On-screen magic

Keen to get up to speed with the coolest magical peeps out? You've got to watch *The Vampire Diaries* and its hit spin-off, *The Originals*. Prepare to fall madly in love with the former's hot vampire brothers played by Ian Somerhalder and Paul Wesley. Plus, Oz babes Phoebe Tonkin and Claire Holt (who previously starred as mermaid friends in the Gold Coast series *H2O: Just Add Water*) are together once again in *The Originals* playing pretty gritty creatures #girlpower. After a double *TVD* and *TO* marathon (on Netflix), you'll fall in love at first bite... or, err, sight.

To the moon (STONE) AND BACK

As the name of this gorgeous crystal suggests, moonstones are mystical tools that allow you to access the ancient energy of the moon. Believed to be as old as the moon itself, these pretty little rocks pack loads of awesome power that will serve you well. Read on...

- ★ If you're in the midst of a new romance, keep a moonstone with you to intensify the passion between you and your bae.
- ★ They are often referred to as the 'traveler's stone' so wear or carry one while adventuring as an amulet of protection.
- ★ The moonstone's natural loving energy soothes and calms us during stressful situations, and encourages emotional and spiritual growth.

TIP

Charge the stone under every full moon so that it can absorb the moon's energy. You should access its power at night as it best connects to lunar magic when the moon is out.



Spell of the month

NEW YEAR BLESSING SPELL

December 31 is the threshold of the new year, which is a very powerful time to make positive affirmations for an amazing year ahead. And... go!

YOU'LL NEED

- ★ A pin or toothpick
- ★ A white candle
- ★ Matches (ask for permission first)
- ★ Dust pan and brush

1 During the day of New Year's Eve, use a pin or toothpick to carve a white candle with your goals and desires for the new year. Eg. 'Get an A in English' or 'Make a new friend'.

2 At midnight, close your eyes and make a wish. Then light the candle and watch it burn.

3 On New Year's Day, thoroughly clean your house, removing all of the dust. Trust me, your parents will seriously love you for it!

4 Take the dust to an intersection and pour it all over the footpath to cleanse your space of any negative energy from the previous year, and make it immune to evil influences. Happy New Year! ☺



January's SPIRITUAL happenings

KEEP AN EYE ON THE SKY BECAUSE HERE'S WHAT TO FOCUS ON DURING THESE MOON PHASES.

SEX, BODY,
HEALTH
AND LOVE

DOLLY DOCTOR

REAL QUESTIONS FROM REAL READERS.



Q: I've been thinking about getting my vagina waxed lately, but I'm just too embarrassed to ask my mum. Does it hurt? And is it dangerous? *Anon*

DR MELISSA SAYS: Hair removal anywhere on the body can be done by shaving, plucking, waxing, using safe chemicals (depilatory creams), or by using more permanent and expensive methods like electrolysis. Removing hair can cause irritation and rashes, as well as problems with ingrown hair when it grows back. Different side effects can occur depending on the method. In general, waxing is not dangerous but should be done by someone experienced, such as a trained beautician. Waxing can actually cause burning or tearing of the skin if the wax is too hot, or skin sensitivity to the wax itself. It's probably more important to ask yourself why you want to wax your pubic hair. It's true that pubic hair removal became fashionable years ago, but there's no medical or sexual reason to remove it – it's simply a fashion. Don't feel pressure to do it just because others may be doing it – it should always be your choice.

Q: I've been texting a good girl friend of mine and we send love-heart emojis, 'I love you' texts, etc... We've kissed on rare occasions. Another friend read these texts and asked if I'm a lesbian, and now I'm not sure. I like my guy friend and my girl friend (who I've been texting). I don't know if I'm bisexual or not... *Alex*

DR MELISSA SAYS: It's fine not to know 'what you are'. Plenty of people find their attractions and identities change over time. It sounds like you and your girl friend have felt an attraction and enjoyed having intimate contact. If you both consent, there's absolutely nothing wrong with it. Feeling an attraction to a guy is also fine. It may continue or change over time, and you might not feel comfortable with a 'label' for a while, or ever. The meaning of 'bisexual' is a person who's sexually attracted to males and females, and that attraction endures over time. Some people know from a young age where their attractions lie and identify with being bisexual, lesbian, gay or straight (the label is up to you). Others don't know or don't have strong feelings about their identity for ages, or ever. There's plenty of good info about keeping sexually healthy if and when you enter into a sexual relationship – with women, men, or both. You could check your state's Family Planning websites or ask a question on playsafe.health.nsw.gov.au.



MEET DOLLY DOCTOR



DR MELISSA KANG

General practitioner and lecturer
at Sydney University.

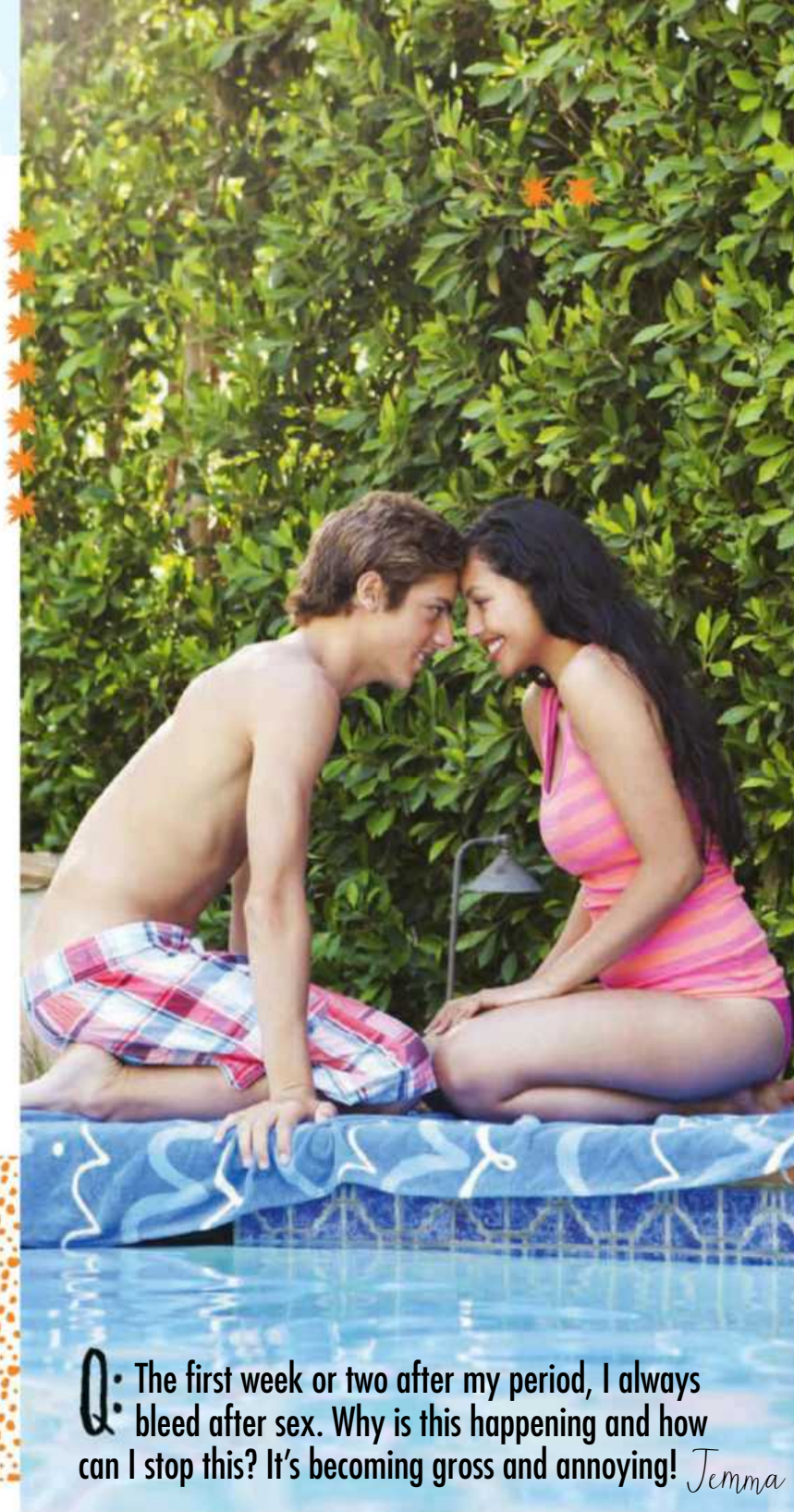
Q: I have dark skin and my underarms are much darker than my normal skin tone. Even when my arms are down, you can see it peeking out. It just looks dry and cracked and feels weird... I've tried exfoliating but nothing works and it's been like this for a while. What should I do to make it better?

Eleanor

DR MELISSA SAYS: This sounds to me like a condition that's associated with hormone and metabolism imbalances, but it's quite hard for me to say without knowing more information. Some people may develop a problem with their sugar metabolism that's related to weight-control. This kind of medical condition can affect women's periods, making them irregular. For a reason that's unknown to us, it leads to discolouration of the skin under the arms and sometimes behind the neck, which is known as acanthosis nigricans. There are also some other causes of this skin condition related to medication or other illnesses. On the other hand, you might have a different skin condition altogether, or the dark skin in your underarms could have a genetic component. It probably should be checked out by your trusted GP since it's quite likely to be treatable, but more importantly, you can get some advice about your overall health.

GOT A PROBLEM?

Feel free to send all of your anonymous questions to dollydoctor@bauer-media.com.au and always remember that these are FREE and confidential services.



Q: The first week or two after my period, I always bleed after sex. Why is this happening and how can I stop this? It's becoming gross and annoying!

Jemma

DR MELISSA SAYS: As the bleeding is sex related, it's important to get checked for an STI. Although periods can be whacky at times, spotting or bleeding between periods can also be a symptom of chlamydia and other STIs. Those on the Pill or contraceptive rod can get spotting or 'breakthrough bleeding' as a side effect, but again, it'd be unwise to assume that's the only cause. A test for chlamydia can be done with a urine sample, but because you have bleeding, I'd recommend you allow a doctor you feel comfortable with to examine you and take swabs. You can talk to them confidentially, and you don't have to be examined if you don't want to – it just makes it easier to know what's going on. You could, for example, take your own swabs, have a friend or your partner present when you're being examined, or the doctor might have a nurse who can assist and help you relax. You can also ask your doctor to request that your tests are bulk-billed. The main message is taking responsibility for your sexual health is a sign of caring about yourself. It's a great way to prevent unnecessary problems in the future. ➡



SEX, BODY, HEALTH AND LOVE

Q: I'm 16 and I can't stop pulling my hair out. I started about six months ago; one day I was in class and I pulled all my front baby hair out. Now around the hair line on my head there is either no hair or nly a fine amount. It's really embarrassing and noticeable. How do I stop?

Jodi

DR MELISSA SAYS: Pulling out hair can be an annoying habit, but it can be a symptom of high levels of stress, an anxiety condition like OCD, or at the most extreme, a condition known as trichotillomania. You may need an assessment from a doctor or psychologist to work out what's causing it. OCD-related hair pulling means the person has thoughts that tell them to must pull their hair out, and until they do so, they experience major anxiety. Trichotillomania is related to impulse control – there's an irresistible urge to do it and once it's done, people feel a sense of pleasure or relief. This can lead to self-consciousness or embarrassment. Occasionally, there are also physical complications, such as skin irritation or infection. These causes can be treated and the most effective treatment is behavioural and talking therapy – learning how to reverse your behaviour. Get an initial assessment from your GP to make sure there's no skin condition that could be making it worse.

Q: Since losing my virginity, I've noticed my periods have been a lot lighter, is that normal? I'm starting to freak out about it. Please help me!

Stacey

DR MELISSA SAYS: Periods can vary a lot – for the first couple of years after your very first period, they can be irregular and light. They then usually settle into a pattern, which will be different for each young woman. What you're noticing is a change in that pattern that seems directly related to starting to have sex. That could be a coincidence, or it might not be. Firstly, are you using any methods of contraception, like the Pill or even the contraceptive rod, for example? The hormone contraceptives can, and usually do, make periods lighter, and change your menstrual pattern. This is completely normal and safe. If you aren't using a hormone contraceptive, and if you haven't always used condoms, then it's important to make sure you aren't pregnant. The chances of pregnancy are related to your sexual activity (this means frequency – some young people only have sex once or twice, and then nothing for weeks, months or even years, while others may have sex a few times a month), and using contraception (whether it's condoms, hormone contraceptives, or some other method). Noticing whether you have any other symptoms would also be very useful. Any unusual discharge, pain in your lower abdomen or during sex or urination would give some clues about an infection that could be affecting your periods. If you use protection and your periods remain regular, with no other symptoms, then it might not be anything to worry about. But for a proper assessment and some necessary reassurance, it might be useful to have a confidential chat with your doctor.



Q: Mum has a history of getting drunk and a few years back, I saw drugs in her bathroom cabinet. A few weekends ago when my dad dropped me off, she was really drunk and he had to stay the night to make sure I was OK. My dad told me not to worry about it and just to tell him what she was doing. I have a younger brother and I don't want him growing up like this. I just want to know what I can do to stop it. *Anon*

DR MELISSA SAYS: You're showing incredible maturity in trying to figure out what to do. Your mum is obviously unwell, and if she gets help, you and your brother will both be safer and happier. It sounds like your dad is also trying to look out for you but at the moment he might need to step up more. All that's going on is in no way your fault. People who struggle with alcohol or other drugs usually have difficulty knowing when they have a problem, or how bad it is, and it often takes other people to say something before they get help. However, if a doctor, teacher or another adult had to tell someone what's going on, it's to keep you safe and to help your mum. If you can look beyond that fear and realise that everyone is better off once your mum gets some help, it might be easier. Depending on how you get on with your dad, you could start by telling him you don't feel it's safe to be at Mum's right now. You could also talk to a close relative or family friend. A trusted teacher can also be useful, or your doctor. There is help out there for everyone, and you're doing the right thing by trying to change the situation.



Q: I've been fooling around with my boyfriend (without a condom, he was near my vagina, but didn't penetrate or ejaculate). I haven't gotten my period for two months (I bled twice for a few hours each time). Could I be pregnant? Also I've heard you can get periods while pregnant? *Lisa*

DR MELISSA SAYS: It would be unlikely that you're pregnant, but let's look at what's theoretically possible. Sperm have to get inside your uterus or Fallopian tubes to fertilise an egg. Sperm can be present in 'pre-cum' – the clear fluid that sometimes comes out of the penis when a guy is sexually aroused, but before ejaculation. The sperm would need to swim further if there was no penetration with fingers or a penis to get inside. It sounds as though you've had two light periods, which can be normal. However, it's true that a pregnant woman can appear to have periods with light bleeding or 'spotting'; heavier bleeding during pregnancy can be a sign of miscarriage. Maybe your worries are a good reason to talk with your boyfriend about how you'll protect yourselves from unwanted consequences – physical or emotional. You can 'fool around' with condoms. Both of you can buy a pregnancy test (no ID needed) at any chemist and some supermarkets, and do the test at home. You can also have a confidential chat to your doctor, or a Family Planning Clinic, to talk periods and your sexual health. ☺

DO YOU WANT TO HAVE YOUR QUESTIONS ANSWERED ANY TIME, DAY OR NIGHT?

Download the free **DOLLY Doctor** app from the App Store and Google Play right now.



NEED HELP NOW?

WANT TO TALK TO SOMEONE BUT DON'T KNOW WHO TO CALL? THESE ARE ALL FREE AND CONFIDENTIAL SERVICES.

If you're feeling upset about body issues (or worried for a friend), call The Butterfly Foundation on 1800 334 673, visit thebutterflyfoundation.org.au or email support@thebutterflyfoundation.org.au.

If you're feeling sad and lonely, call beyondblue on 1300 224 636 to talk to someone, or visit beyondblue.org.au.

If you've got questions you need answered now, call Kids Helpline on 1800 551 800 or visit kidshelp.com.au.

DOLLY DOCTOR REPORT

CRACKING DOWN *on* CYBER BULLYING

IMAGINE IF YOU FELT SICK TO YOUR STOMACH EVERY TIME YOUR PHONE BUZZED, AND SOCIAL MEDIA WAS AN OUTLET FOR HATEFUL COMMENTS INSTEAD OF A FORUM TO SHARE YOUR ALL YOUR FAVOURITE SQUAD PICS.

Sadly, this is the reality for one in four young people targeted by bullies.

And while some people might think that a couple of cruel words typed into a Facebook status can't be quite as damaging as the bullying that happens IRL, for the victims of cyberbullying, the consequences are very real. "[It] is one of the most devastating events that can occur to anyone," says psychotherapist Dr Karen Phillip. "It makes [victims] feel ostracised, alone, scared and confused." With bullying as a whole on the rise, Kids Helpline counsellor Leo Hede tells DOLLY

the issue of cyberbullying is just getting worse. "We started to notice cyberbullying as an issue for young people in 2008," explains Leo. "With the increased use of mobile devices and social media, there has also been an increase in the number of people contacting Kids Helpline for support in relation to cyberbullying."

With our DOLLYmail inbox totally flooded with emails from readers who are victims of cyberbullying, we found out why some kids are so mean – and how to deal if you become one of the victims of cyberbullying too.



THE TRUTH ABOUT BULLIES

Mikaela's bully didn't just stop at one message – clearly he was on a mission to bring her down. "He just kept sending me offensive messages and I kept asking him to stop," she remembers. "I really didn't understand why he was doing it. I didn't do anything wrong."

Mikaela being targeted was not her fault. In fact, as Dr Karen explains, bullying can indicate underlying issues causing the perpetrator to lash out.

Bullies might be bullied A bully is often a reflection of their home environment. We're not born aggressive, some people become like this due to the way that they have either been raised or what they've experienced in their life.

Bullies crave attention When someone bullies, they are noticed, they are feared, they become someone. This allows their self-confidence to build and enables them to feel a sense of control in their life.

Bullies might be jealous of the victim

The victim is often someone the bully is jealous of – they may be smarter or have a good home and loving family the bully wishes they could have.

HIT THAT BLOCK BUTTON 🚫

With cyberbullying serving as a bid for power and control, the best way to negate a bully is to take the power away from them. "A bully needs a response to continue, as they are seeking a response to feel empowered," Dr Karen points out. "Do not give them a response. In fact, pretend you don't care – it will remove their power over you."

If you're going through a similar situation or if your friend is being cyberbullied, it's important you talk it through with a parent, teacher you can trust or school counsellor.

"Bullying can be devastating and have lifelong consequences," Dr Karen says. "It should never be dismissed."

When her requests for her bully to stop only spurred him on further, Mikaela tried a brand-new approach. "I went to my mum and my friends to tell them what happened, and they all told me I should block him on my social media accounts so he couldn't contact me or see my posts," she says. "I'm so glad I took their advice, because after I blocked him he eventually gave up." 🙌

Generation Nasty

CYBERBULLYING is name calling, abusive comments, spreading rumours, threats of physical harm, being ignored or excluded, having opinions slammed, online impersonation and being sent rude or upsetting images.

One of the things the past decade has proven is that our heavy reliance on technology, gives some people easy access to a dangerous bullying platform. "Teens today are the first generation to experience cyberbullying," Dr Karen explains. "Previously you could go home to safety or change schools to escape, but now you're subjected to the bullying

24/7. There is no escape unless you distance yourself from social media."

This was the case for 15-year-old Mikaela*, who came home from school one day to find herself targeted by a fellow student online. "I checked my Facebook and a message popped up. It was a paragraph of mean and hurtful things from a guy at my school. Things like 'You're a little slut who doesn't deserve to be happy' and 'You think you're better than everyone else but you're not'," recalls Mikaela. "It was totally random as I had never really spoken to him before. I just felt scared."

OPEN YOUR EYES

You may have noticed that with Apple's iOS 9 update, a new eye emoji was introduced. This is part of an anti-cyberbullying initiative called I Am A Witness, which acts as a tool for victims and witnesses to call out bullies whenever they spot them in action online. There's power in numbers, people. Use it. 👁️

You can seek advice on dealing with bullies from the experienced counsellors at Kids Helpline by visiting kidshelpline.com.au for online counselling, or calling them on 1800 55 1800. It's a free call, 24 hours a day, seven days a week.

teen

DOLLY DOCTOR

READER
ADVICE!



Each issue, we track down an awesome DOLLY reader to help answer some of your toughest and most personal questions.

Q Recently, I had a fallout with a friend over nothing. We were close but now we only talk every now and then, and she's started hanging out with the popular girls in our class. I've always known she wanted to be 'popular' but she's changed so much since she's become friends with them. I was unsure about her when we were friends because she would often lash out at me and be really sensitive about things. She always made me feel insecure and pointed out my flaws. Now she has asked me to run cross-country with her at school. I don't want to be her friend and I've always run it with someone else, anyway, but I also don't want to be on bad terms her. What do I do?

Caitlyn

Hi Caitlyn! I can completely relate to you in this situation and the main thing to remember is things will work themselves out in the end. It sucks that you and your friend are drifting apart but perhaps it's for the best. The fact that she feels the need to change how she acts around the 'popular' girls is a real shame and it could be because she doesn't think she's good enough to act as herself. Friendship should never feel like a chore and it's great that you've realised this. Pointing out your flaws could be a way she feels better about herself, but a real friend shouldn't do that to you. It's time to stand up for yourself. Telling her how you feel

could be the first step – she might not realise what she's doing. If you don't feel comfortable doing this, perhaps trying to distance yourself from her could be a subtle way of sending the message. As for cross-country, it's good to see that you still don't want to be on bad terms, but you need to make sure that it's clear she understands you're *running* it with another friend. Explain *that you've* done it with someone else every year and hopefully she'll understand. You could also try and find out who else is doing it and suggest one of them to run with her. The main thing is not to stress out about it too much and just be honest with her.

Q My friendship group is falling apart. Two of my friends went to a heap of parties over the holidays, got drunk and made new friends who are bad influences on them (we're only 15). Whenever we asked them to hang out, they would think of excuses to get out of it. Now we're back at school, they're completely ignoring the rest of the group and talking about us behind our backs. I understand people change and it's part of growing up but I'm upset that they're ignoring us. I've talked to them about it but they don't even care. What else should I do?

Georgia

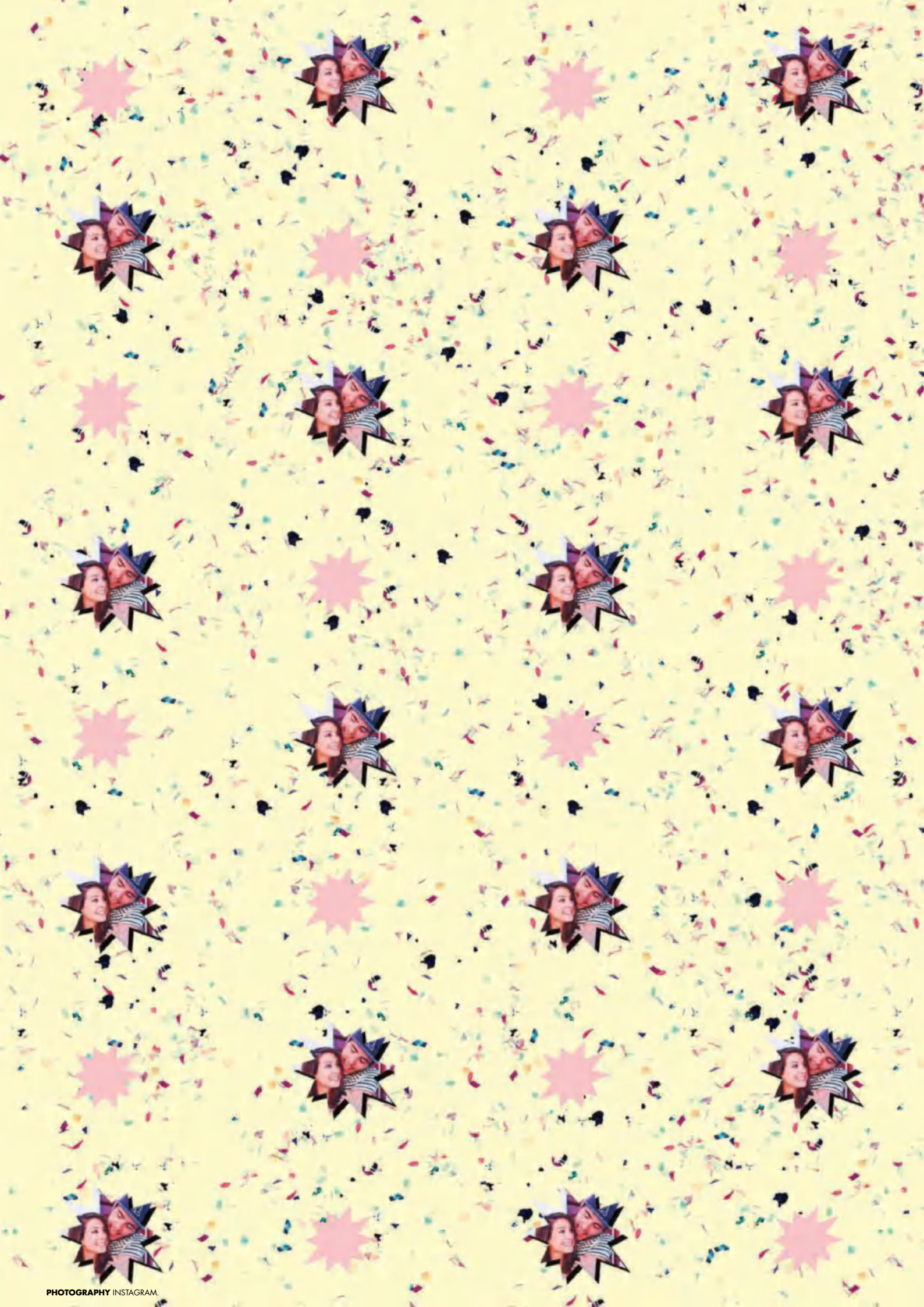
It's always hard when you feel your friends drifting away and even worse when they don't seem to care. It's worth remembering that good, true friends will

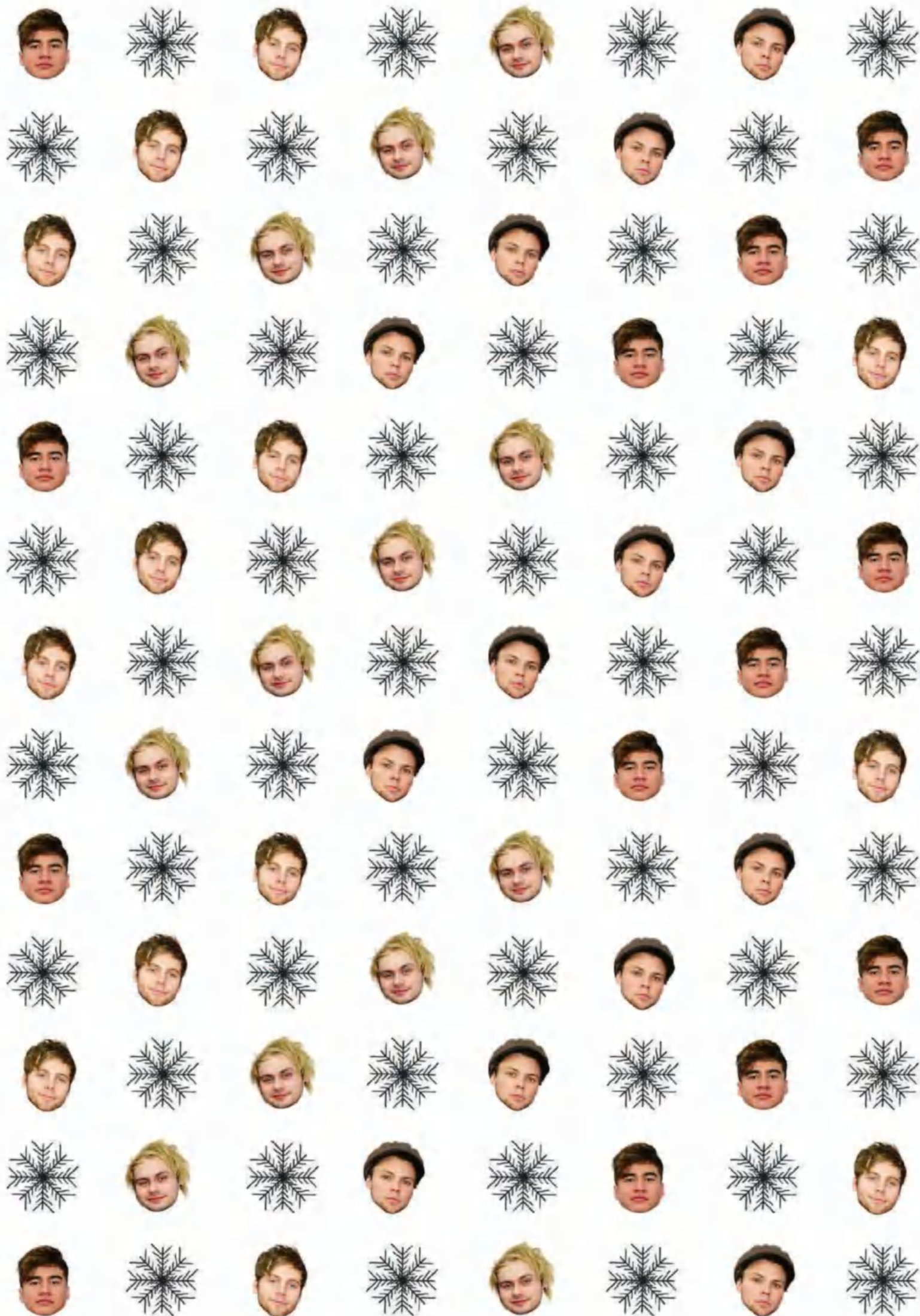
always find a way back to you, and if they don't, you're better off. It sucks these girls have started drinking and going to lots of parties especially because they're only 15; there's so much time to do that stuff later in life. To me, it looks as though your friendship with them is very one-sided, meaning that you're doing your best to try to talk to them but they just seem to ignore it and instead say mean things about you behind your backs. I think you should try to talk to them again alone – just explain exactly how you're feeling. Tell them how you're worried about their new friends and how you're upset that they've started ignoring your group who has always been there for them. Maybe they'll understand and you

guys could work things out! If they still don't seem to take any notice, then perhaps it's time to let them go. You've done all you can and shouldn't feel as though you've done something wrong when they don't want to hang out with your group. Giving them space could open their eyes and make them realise how much you guys cared about them. Whatever happens, don't feel like you didn't do enough to help because in the end, you tried to understand and you've realised people change and grow up. Sometimes friends just grow apart without a reason and although it's difficult to know why at first, soon it will all work out, (with or without your two friends). I hope it all works out well for you, Georgia! ☺

Do you have a question for Teen DOLLY Doctor?
Send it through to us at dollymail@bauer-media.com.au





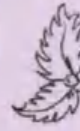








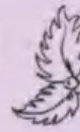
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A full-body photograph of Taylor Swift performing on stage. She is wearing a black sleeveless crop top and a bright red, pleated, knee-length skirt. She is holding a microphone in her right hand and has her left hand on her hip. She is wearing black high-heeled boots. The background is a solid light blue.

A full-body photograph of Taylor Swift performing on stage. She is wearing a black sleeveless crop top and a bright red, pleated skirt. She is holding a microphone in her right hand and has her left hand on her hip. She is wearing black boots and has a confident, energetic expression. The background is a solid light blue.



A full-body photograph of Taylor Swift performing on stage. She is wearing a black crop top and a bright red, pleated skirt. She is holding a microphone in her right hand and has her left hand on her hip. She is wearing black boots and has her legs spread apart in a dynamic pose. The background is a solid blue color.

Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!



Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!



Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!

Merry Cat-mas!



Merry Cat-mas!

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Merry Cat-mas!



Merry Cat-mas!

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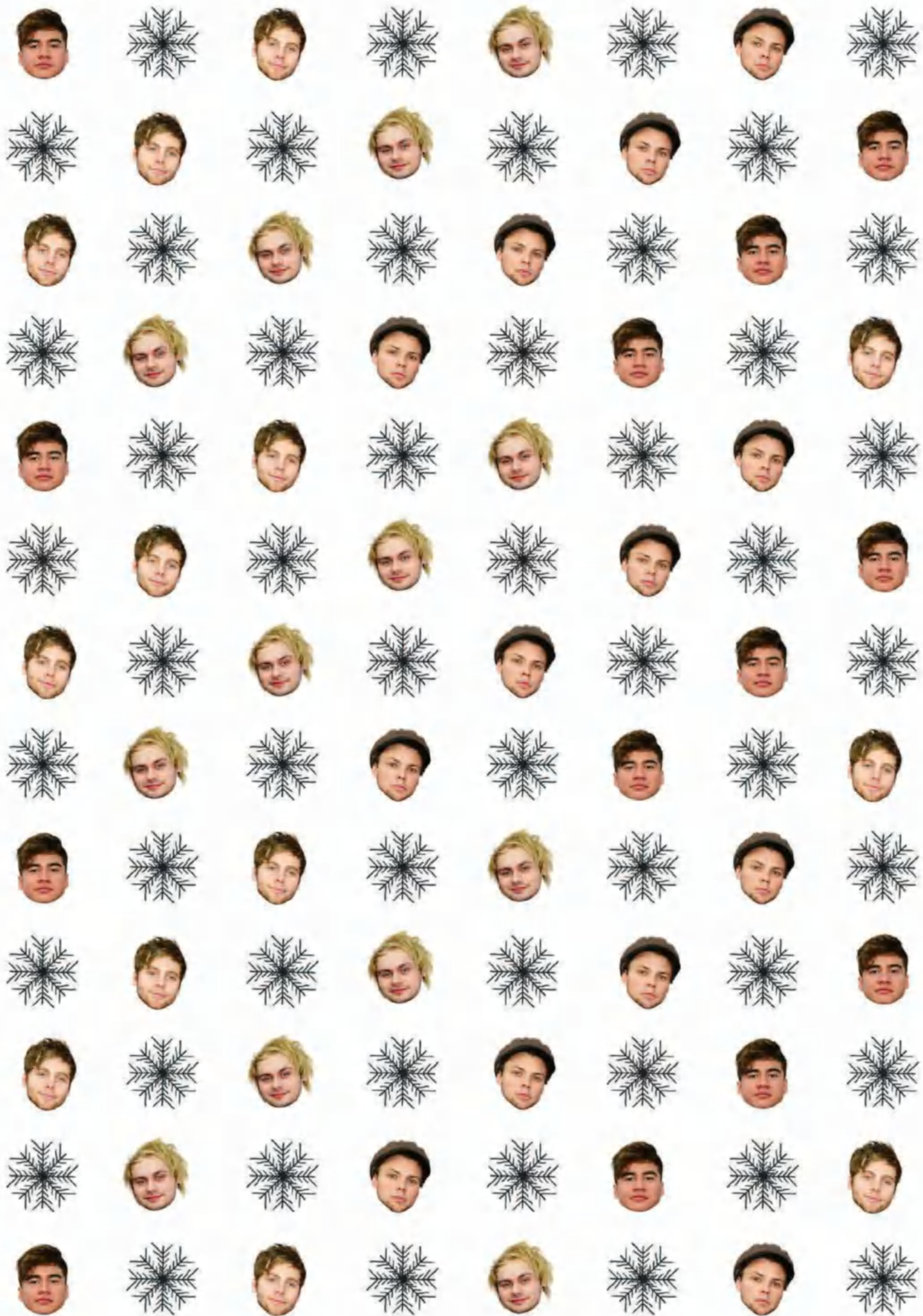


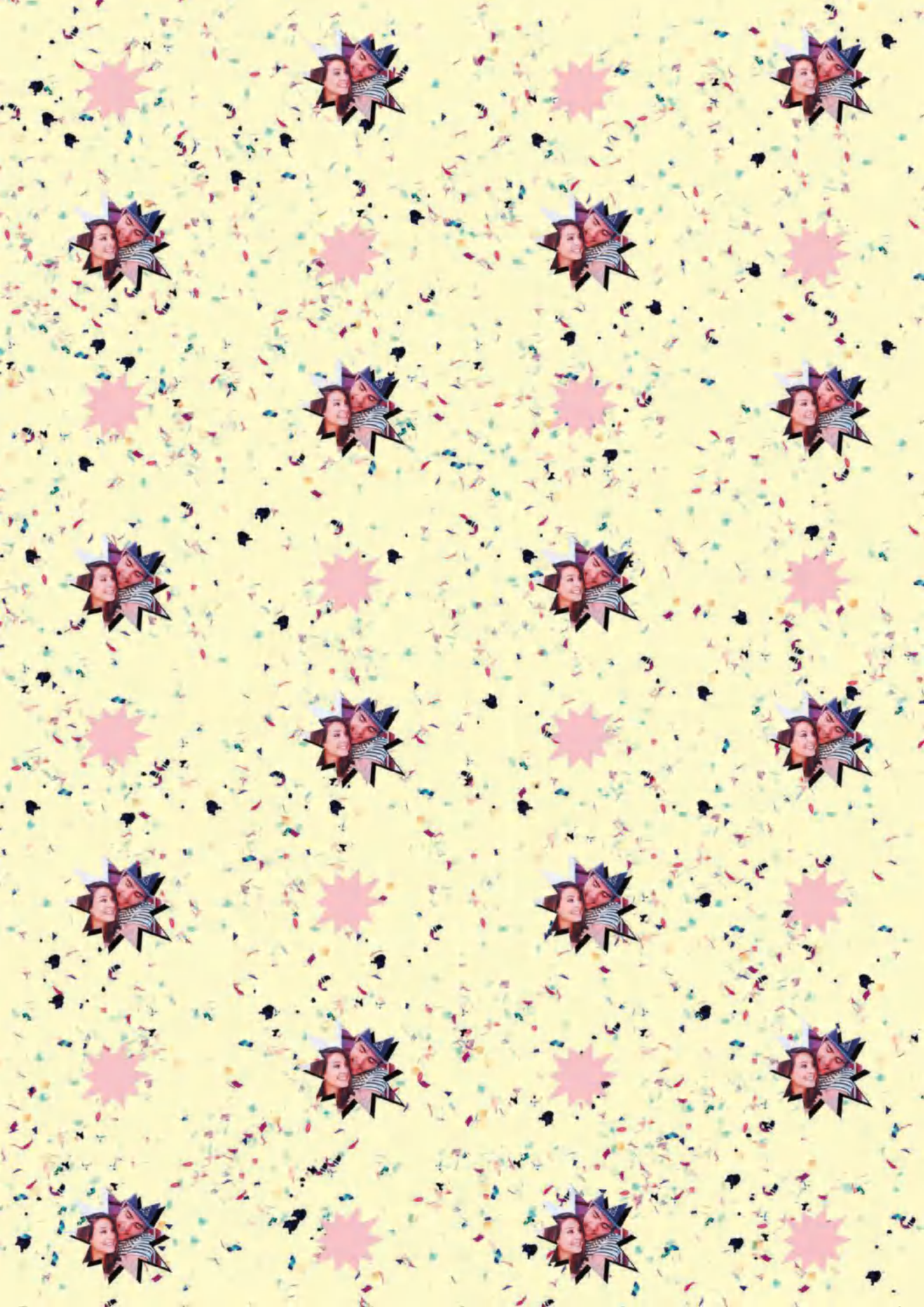
THE MOST 1-DFUL TIME OF THE YEAR THE MOST 1-DFUL TIME OF THE YEAR













Pink flamingo

Invite your BFFs over and celebrate summer with this super-cute party cake. YUM!

DOLLY TIP

This recipe takes a while to complete, so position the strawberry slices on the flamingo just before you serve it as they can wilt.

⌚ Prep 1 hour 🍴 Serves 6-8

You'll need:

CAKE

- 2 x 450g packets double unfilled sponge slabs
- 1 x 453g tub vanilla frosting
- Pink food colouring

DECORATIONS

- 375g strawberries, sliced
- 8 red sour straps
- 50g milk chocolate Melts
- 2 banana lollies
- 1 white marshmallow, halved
- 1 pink double D sugar-free lolly
- 1 soft black licorice, sliced thinly
- 11 pink musk sticks

To make:

1 Cut one sponge cake into the shape of the flamingo's body – find a template

online if you need any help! Secure to a cutting board or tray for displaying. Cut the flamingo's head and neck from remaining sandwiched sponge cake. Secure into position with a little frosting.

2 Next, add the pink food colouring one drop at a time until desired colour. Spread frosting over the top and sides of the cake. Using this picture as a guide, decorate the flamingo's body with sliced strawberries.

3 Cut the sour straps into long pieces, and position on the cake to make wings.

4 Melt chocolate – check the instructions on the packet. Dip one end of each banana lolly into chocolate; place on baking paper to set.

5 Position the banana lollies on the head to make a beak. Place the marshmallow, lolly and licorice for the eye, and musk sticks for legs. ☺

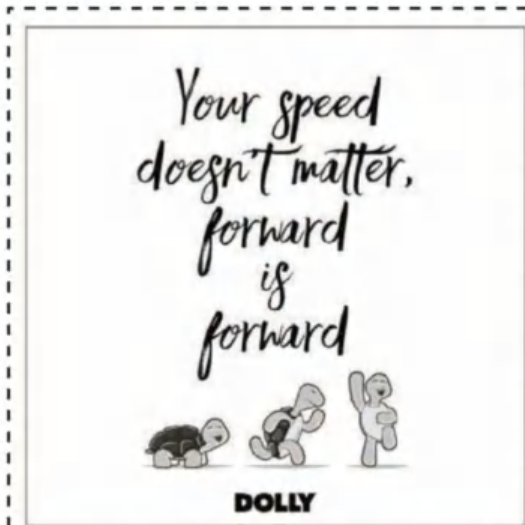
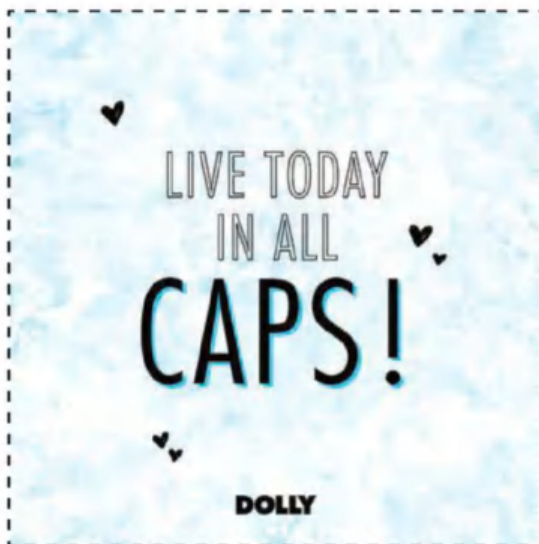


Want more recipes? Check them out in *The Australian Women's Weekly Cheat's Cakes 2* cookbook, (Bauer Books, \$14.95). You can get it from from selected newsagents, supermarkets and www.cookbooks.com.au.

DOLLY

MANTRAS TO LIVE BY

Whether you cut them out or download them to your phone, here are some words of wisdom to apply to your life. Now.



ALL THE INSPO

Get these quotes on your phone! Just download the free **viewa** app from the App Store or Google Play and scan your phone right here.

FASHION

\$69.99, Rip Curl.

\$29.95, Cotton On.

\$59.95, Bambury.

ACCESSORY
OF THE
MONTH

Wrap it up

We're peachy keen to hit the sand and surf whenever possible this summer. But this time round, the bikini isn't necessarily the stand-out piece – it's the towel! Go for a graphic print and match or contrast your cossies to it. L.O.V.E. ☺

YOUNG, WILD AND FREE

Spend your summer throwing back to the time of flares, florals and bohemian spirit. The '70s are back, baby.

#NOFILTER
THESE MODELS HAVE NOT
BEEN RETOUCHED

Jacqueline (left) wears:
Top, \$39.95, **skirt**,
\$59.95, and **bracelets**,
\$8.95 each, Forever 21.

Jessica (right) wears:
Dress, \$89.95, Don't Ask
Amanda @ General Pants
Co. **Sandals**, \$59.95, and
necklace (worn throughout),
\$8.95, Forever 21.

Hat (on surfboard) and
surfboard, stylist's own.



Top, \$35.95, and earrings, \$5.95,
Forever 21. Stud earring, model's own.

Summer (middle)
wears: **Top**, \$35,
Bardot. **Bikini**
bottoms, \$80, Rye.
Sunglasses (worn on
top), \$24.95, MinkPink.



Jessica wears: **Bikini top**,
\$115, and **bottoms**,
\$115, Lonely Hearts. **Visor**,
\$14.95, Target. **Earrings** (worn
throughout), \$11.95, Forever 21.

Jacqueline wears: **Top**, \$59.95,
Rolla's @ General Pants Co. **Bikini**
bottoms, \$24.95, Forever 21.
Sunglasses, \$24.95, River Island.



Kaftan, \$79.95,
Sportsgirl. Bikini
top, \$24.95, and
bottoms, \$24.95,
Forever 21.

Summer wears: **Top**,
\$49.95, Don't Ask
Amanda @ General
Pants Co. **Skirt**,
\$59.95, H&M.

Jessica wears: **Dress**,
\$54.95, Forever 21.





Top, \$24.95, and jeans,
\$59.95, Forever 21. Shoes,
\$50, Adidas. Bracelet,
\$10.95, Forever 21.
Skateboard, stylist's own.



Jessica wears: **Top**, \$16.95,
Forever 21. **Skirt**, \$29.95,
Factorie. **Heels**, \$179.95, Wittner.

Jacqueline wears: **Top**, \$59.95,
Wrangler. **Shorts**, \$29.95, Factorie.
Platforms, \$39.95, and **bracelet**,
\$10.95 each, Forever 21. **Bag** (on
step), \$69.99, Jeanswest.


Summer wears: **Top**, \$49.95,
Wrangler. **Shorts**, \$89.95,
Rolla's @ General Pants Co.

Jessica wears: **Dress**,
\$70, Topshop.

Jacqueline wears: **Top**,
\$24.95, and **pinafore**,
\$69.95, Forever 21.

Styling Leda Ross. **Styling
assistant** Rebecca Haig.
Photography Kristina
Solja/Bauer Media. **Hair**
Sam Overton/Vivien's
Creative. **Make-up** Jaclyn
Hnitko/The Artist Group.
Models Jessica/Chic,
Jacqueline/Chic, Summer/
London. See dolly.com.au
for stockists' details.





Forever 21
suede boots,
\$54.95.



Forever 21
striped top,
\$19.95.




Forever 21
suede skirt,
\$34.95.



Forever 21
maxi dress,
\$54.95.



Forever 21
pink top,
\$20.95.




Forever 21
denim singlet,
\$20.95.



Forever 21
pattern belt,
\$14.95.

SHOP THE SHOOT


Want more beautiful boho threads? Shop
these floaty, retro pieces at Forever 21.



Forever 21
brown sandals,
\$34.95.



Forever 21
blue bikini,
\$32.95 each.




Forever 21
denim jacket,
\$54.95.




Forever 21
love shirt,
\$24.95.



Forever 21
denim flares,
\$49.95.



Forever 21
white tassel shirt,
\$29.95.



Forever 21
white zip sneakers,
\$34.95.

FOREVER 21



Inside DOLLY

FASHION HQ...

This month, DOLLY's fashion editor Leda gives us a sneak peek into her summer clothes crushes.

Hello, I'm Leda! I'm the new fashion editor here at DOLLY and I styled this month's fashion story *Young, Wild And Free*. For me, prep for a shoot is different depending on the style, but typically goes something like this: I start off by checking out the latest bloggers on Insta (for example, @The_Vista). It's so inspiring but also makes me want to buy/see/do everything! I then cast all my models, organise a great location and start to source props. Props can be anything from a puppy to pink rollerskates. Next, I book in my crew – photographer, hair and make-up artist and assistant – before I finally get to style the outfits. This is the fun bit where I get to see all the upcoming clothes and trends. I literally get sent hundreds of samples to pick from so it can be hard work. After it's all put together I pack everything up, ready to shoot the next day. It's pretty full-on, but definitely worth it for the awesome pictures we get to see (and show you) at the end!

Leda xx



SELENA GOMEZ

RIHANNA

HATS FOR DAYS

Every summer, I have a fashion dilemma about which hat to wear – wide-brimmed, sporty cap or boater? The struggle is real! Luckily, my celeb BFFs have given me some inspo. A boater and logo cap, it is.

87



1 Boater, \$55, Lack of Color @ Glue Store. 2 Cap, \$55, Sportsgirl.

SHOP IT LIKE IT'S HOT (COS IT IS)

Fact: we LOVE to shop! And this month, we're all keen-eyed on MRP. It's the affordable high-street store that opened in Melbourne

and is also available online (mrp.com/en_au). Did we mention that Cara D's sis, Poppy, has done a range for them too? Sold.



LEDA'S PAYDAY COUNTDOWN

5 THINGS I WANT TO BUY THIS MONTH

- 1 Denim shorts = summer essential. Mix it up with a longer cut. Shorts, \$79.95, Sportsgirl.



- 2 Brighten up your day with a pop of colour. Shoes, \$89.95, Superga.

- 3 Shine in the sun. Top, \$29.95, H&M.



- 5 Pretty it up in pink. Top, \$59, and bottoms, \$39, Cheeky Swim @ Glue Store.

- 4 Bring on the boho! Bag, \$69.99, Jeanswest.



FASHION SCRAPB

The DOLLY guide to this month's gotta-buy, gotta-try pieces.

HOW TO WEAR: TRAINERS

Some days, comfy footwear is the only answer to your fashion woes. How to not look a little dated, though? DOLLY reader Emily, 15, has the sartorial answers...



BOLD 'N' BRIGHT

When all else fails, work an investment-worthy statement pair of sneakers with an everyday ensemble that would usually be treated to different shoes. You could reach for slides or sandals, but these bad boys brighten and add street-style cred to the outfit. Plus, we can guarantee they'll be a talking point as soon as you step out the door.

Top, \$19.95, H&M. **Jeans**, \$99.95, Abrand. **Trainers**, \$140, New Balance. **Watch**, \$119.90, Ice-Watch. **Necklace** (worn on wrist), \$7.95, Colette by Colette Hayman.



THE ODD COUPLE

Style rules are made to be broken, so be a rebel and go for a flirty and feminine '70s-style dress that wouldn't normally be seen with sneakers. Tie the two pieces together by coordinating the colours of the dress with your new kicks, then add pops of colour via accessories to complete your look. Wear it on repeat.

Dress, \$55, Topshop. **Sneakers**, \$120, Puma. **Watch**, \$109.90, Ice-Watch. **Scarves** (worn on wrist), \$10 each, River Island. **Bag**, \$39.95, Colette by Colette Hayman.



#NOFILTER
THIS MODEL HAS NOT BEEN RETOUCHED



SOCK HAPPY

Double denim is seriously underrated. Mixing washes and styles (like vintage and ripped) will, surprisingly, result in the focus leading to punchy pieces like these on your feet. Have fun with too-cool trainers by adding funky socks to keep things fresh and playful.

Jacket, \$99.95, Insight @ General Pants Co. **Top**, \$59.95, Sportsgirl. **Skirt**, \$35, Supré. **Sneakers**, \$140, Nike. **Necklace**, \$14.99, Colette by Colette Hayman. **Sunglasses** (on jacket), \$79.95, Local Supply. **Socks**, \$16.95, Happy Socks.

LOOK

#TREND SPOTTING

We're calling 2015 the year of the waist and it's cinching its way into this year, too. A sleek co-ordinating belt is an easy way to nail the trend if your look doesn't already do it for you. Follow our favourite fashionable ladies' lead and don't waist (geddit?) any time working it with a midi or mini dress, STAT!



Bikini, \$29 (for set), Emerson @ Big W.



BARGAIN BUY

Need new summer swimmers on a pocket-money budget? Get acquainted with these delights.



Bikini top and bottoms, \$19.95 each, Cotton On Body.



SHAY MITCHELL



TAYLOR SWIFT



ASHLEY BENSON



EMMA WATSON



CARA DELEVINGNE



MILLIE MACKINTOSH

ECO LOVE

Add some ethical and environmentally responsible pieces to your wardrobe this month. The easiest way to kick things off? Start with looking at an item's label to see where it was made and what from, check out vintage and second-hand shops, and look out for Australian-made and -based brands. We're shining a spotlight on fresh Aussie label, Bobs Buckets, who make ethical tie-dye pieces that are hand painted. We wanna rep them all summer long. ➡



Hats, \$30 each, Bobs Buckets.

Necklace,
\$16, Boohoo.

ONE PIECE, THREE DAYS

You know that feeling when you buy a killer piece that you wanna wear every day? That's how we feel about this top. Here are three ways to style it up over these hols.

Necklaces, \$19.95
each, Factorie.

Bag, \$90, River Island.

1 SUMMER GIG

Shorts, \$25,
Lyla & Co.

Shoes, \$90,
Converse.

Clutch, \$39.99,
Neon Hart @
General Pants Co.

THE TOP
\$79.95, BARDOT

3 AUSTRALIA DAY

Pants, \$29.95,
H&M Conscious.

Wedges, \$49.95,
Rubi Shoes.

2 NEW YEAR'S EVE

Dress, \$89.95,
The Fifth Label @
General Pants Co.

Bag, \$49.95, Colette by Colette Hayman.

iPhone 6
case, \$16.99,
Forever New.

Heels,
\$29.95,
H&M.

CELEBSPO

Scoring the perfect outfit without hunting through a thousand stores is like fashion nirvana. Enter Maisie Williams' festival-ready get-up that ticks all these boxes. It's effortlessly on point and we want it in our hot little hands, ASAP.

Top and shorts (belt included),
\$70 each, River Island.

Two of a kind

We just couldn't decide between which of these summer essentials to show you, so we went with both! Catering to pretty much any style, we challenge you to NOT be able to like them. Tricky? Thought so.

Top, \$89.95, MinkPink.

Top, \$89.95, Sportsgirl.

MUSING



RIHANNA



ALEXANDER WANG

RiRi rocked this outfit way back in March and we're STILL thinking about. Pulling her denim shorts on over a shirt tied around her waist was a daring move. We'll admit we were unsure of the ensemble at first, but then we started coveting it big time.

Fast-forward nearly six months to New York Fashion Week in September and what do we see strutting down the Alexander Wang runway? LAYERED SHIRT SHORTS. At least, that's what we're calling them. Plus, they were paired with a RiRi-style coat.



WHAT WILL WE SEE NEXT?

We're hoping the next slew of designers have their eyes on these street-style looks (let's be real, they probs already do) so that we can hopefully find them in stores soon. They're what jean dreams are made of! ☺

#DOLLY MYSTYLE

We want to see what you're wearing, loving and buying every month. Tag your Insta pics with **#DOLLYmystyle** and you just might see one in our next issue!



@CHRISTIEJANE21



@OLIVIA_J_OFFICIAL



@CLAUDIATRIPP_



@7_YEARS_OF_WINTER



@_WILDFLOWER13_



@LENA.JOHNSTON



@BREEANNEAVEDE



@RHIANNONTURNER_



@H_BEAUTY_SPOT



@IBIANCACOLLINS



@MELODIECHEANG



@ANA.KO



@MILKYWAYBLOGGER



@SKYELEE21



@STRAWBERRIKISEZ



@CHRISTIEJANE21

#SPREADTHEHAPPINESS

GREAT LIPS DESERVE TO BE HAPPY.

#GET YOUR
happy on!



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Enjoy happier intensively moisturised lips with Blistex Happy Lips®. Pumped with Vitamin E, SPF 15 and a burst of fruity flavours, Happy Lips will get your lips smiling.

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#LET'S BE HAPPY



Style crush: **GIGI HADID**

There's not much Gigi can't do without looking flawlessly stylish. The key? Not trying nearly as hard with her outfit as she does with her career. No fuss for maximum gain sounds pretty good to us!



IT'S ALL WHITE

A killer tan and sandy blonde hair like Gigi's is made for working cool whites, so it's no surprise the shade is her go-to for every occasion.



Rock white on white with neutral accessories.



- 1 Top, \$35, Supré.
- 2 Shorts, \$89.95, Guess.
- 3 Skirt, \$139.95, Ruby Sees All.
- 4 Top, \$49.95, Neon Hart @ General Pants Co.

GO girl

WE'RE PREACHING WHAT GIGI HAS SAID ON INSTAGRAM.

"I hope everyone gets to a place in life where they'd rather talk about the things that inspire them over things that bring others down."

"I'm a hard worker [who's] confident in myself."

"If you don't like it, don't follow me, don't watch me, cos I'm not going anywhere."

THE DOWN-TIME DEAL

When she's home in the 'bu (that's Malibu, we're not trying to sound like we're totally from LA) or NYC, Miss Hadid reps some seriously chill threads. These are three ensembles she's got us coveting this summer.



1 Dress, \$89.95, MinkPink. **2** Sunglasses, \$199.95, Guess. **3** Sneakers, \$249, Senso.



1 iPhone 5 Case, \$12.95, Paris Tokyo. **2** Jeans, \$139.95, Bardot. **3** Top, \$20, Factorie. **4** Shoes, \$145, Melissa.



1 Sunglasses, \$179.95, Oakley. **2** Jacket, \$249.95, Sportsgirl. **3** Necklace, \$14.95, Paris Tokyo. **4** Sandals, \$109.95, Siren @ Styletread. **5** Shorts, \$60, River Island.



Top and shorts, \$130, Misha Collection.

SET + MATCH

You can't help but love this blonde bombshell even more when she reps some Aussie pieces. Lucky for you guys, we've found a match that won't break the bank!

GLAM GODDESS

Whether it's the red carpet, an awards show or a fashion party, Gigi always looks chic and oh-so stylish. Here are our fave looks.

1 Matching her attitude to the edginess of this Balmain mini. This is Gigi's fierce way of channeling Bey (and nailing it).

2 Mermaid tresses to match those shimmering mermaid sequins. Yep, only Gigi could pull off a dramatic look like this.

3 A super-fresh, summery coral colour with a chic 'n' sleek pony. Add nude heels and you've got instant party perfection.

4 Classic red gown + drool-worthy heels + thigh split = timeless. It's official: we're putting this combo on our Christmas wishlist.

5 That yellow gown. Those gold accessories. That sunkissed glow. We reckon this pic is the definition of summer and we're soaking up every inch of it.



DOLLY GIRL

Meet 16-year-old vintage clothes coveter and literary lover Jade, who is so effortlessly cool it hurts.

WHAT'S BEEN YOUR HIGHLIGHT OF 2015?

"It's hard to choose just one! Something that comes to mind though is walking down Portobello Road in Notting Hill wearing a Hugh Grant mask, remaking scenes from the film [*Notting Hill*]."

TELL US A SECRET TALENT THAT YOU WISH YOU HAD...

"To be able to draw and paint! It would've made doing Visual Art at school a whole lot easier."

WHAT ARE YOUR ALL-TIME FAVOURITE BOOKS?

"*The Book Thief* because of the writing style and *The Catcher In The Rye* because it made me think about my life. Both have great sentiments; I felt like I was receiving a gift by reading them!"

WHO ARE THE MUSOS YOU CAN'T GET ENOUGH OF?

"I love way, way, WAY too many but to narrow it down it would be Jeff Buckley or Fleetwood Mac."

WHICH CELEB WOULD YOU LOVE TO SWAP CLOSETS WITH?

"Stevie Nicks or Florence Welch. Both have really beautiful vintage pieces and earthy garments."

IF YOU HAD THE ABILITY TO ACHIEVE ANY GOAL OF YOURS RIGHT NOW, WHICH ONE WOULD YOU SMASH FIRST?

"To be an advanced yogi! I am the most inflexible, strength-less human on this planet, but I'm getting there. Practise, practise, practise!"

IF YOU COULD RULE AT ANY SPORT, WHICH WOULD IT BE?

"Probably surfing. I could be the ultimate beach babe and have that 'surfers glow' they all seem to have. Being a surfer makes you 50 times cooler."

WHAT SCHOOL SUBJECT DO YOU ENJOY MOST?

"English or History. I love reading, analysing texts, writing, and finding symbolism, motifs and concepts. In History, learning about events from the past is so fascinating and sparks my curiosity."

WHO WOULD YOU SAY INSPIRES YOU THE MOST?

"My nan. She was one of the most important people in my life and we lost her over a year ago. She's my inspiration in everything I do and will be treasured in my heart. She was an amazing lady."

WHAT'S A SOCIAL ISSUE YOU WISH GOT MORE ATTENTION?

"The acknowledgement of feminism and a bigger push for intersectionality where we look at how women of different [family, cultural and social backgrounds] face varying levels of oppression." ☺

"SHOUT OUT TO MY BFFS

"Rashel, Sirrel, Sophia, Jessling, Zezz, Handog, Crance, Hailzluv, Kelso and Grack!"

#NOFILTER
THIS READER HAS NOT
BEEN RETOUCED

WANT TO BE OUR NEXT DOLLY GIRL? EMAIL
US AT DOLLYMAIL@BAUER-MEDIA.COM.AU

LOOKS

WELL
JEL

Your shower gel can set the tone for your entire day. So, what will it be this morning? Sweet peach, sour apple, refreshing watermelon, relaxing lavender, or invigorating rose and white lily? You choose!

- 1 Lip Smacker Chupa Chups Apple Body Wash, \$6.99. 2 Original Source Daily Scrub Blood Orange, \$4.99. 3 Lush Snow Fairy Shower Gel 250g, \$18.50. 4 Nip + Fab Yoga Blend Body Wash, \$20.95. 5 Sanctuary Spa White Lily & Damask Rose Body Wash, \$14.99. 6 L'occitane Iris Bleu & Iris Blanc Shower Gel, \$28. 7 The Body Shop Vineyard Peach Shower Gel, \$9.95. 8 Crabtree & Evelyn Somerset Meadow Bath & Shower Gel, \$28. 9 Sephora Mango Bubble Bath And Shower Gel, \$15. 10 The Body Shop Virgin Mojito Body Scrub, \$29.95. 11 Lush Santa's Belly Shower Jelly, \$6.25. 12 Lip Smacker Chupa Chups Watermelon Bath & Shower Gel from Mini Collectors Set, 11.99 (for set of 4). 13 Johnson's Body Care Uplifting Shower Gel 1L, \$9.99. 14 Original Source Skin Quench All In One Moisturising Shower Blackcurrant & Moringa Oil, \$4.99. 15 Designer Brands Rose & Honeysuckle Bath & Shower Gel, \$9.99. 16 Sanctuary Spa Daily Spa Escape Luxury Bath Float, \$19.99.

There's the perfect,
pretty peek-a-boo
beauty look to set
off every summer
fashion accessory.

BETTER

Hat, \$120.66 The Label.
Top, \$39.95, H&M. **Rings**,
\$17.99 (for pack of 6), Lovisa.



TOGETHER



#NOFILTER
THIS MODEL HAS NOT
BEEN RETOUCED

THE BEAUTY LOOK

Glossy coral kissers

TEAM IT WITH

A wide-brimmed straw hat

When you're meeting your crush at the beach, a hat is obviously essential to a) shield that sun and b) feel super babin'. But choosing a make-up look that doesn't then take your style to a day-at-a-ritzy-resort OTT look is tough. Go for a light, dewy foundation base (an SPF50 tinted moisturiser or BB cream will do the trick) to avoid forehead smudges, and leave the glam to your lip colour. Paint on a coral-toned lippie (not too dressy, but high impact) using a lip brush, then dab over it with a reef-red gloss. Even post-dip, the tint will still look a treat, peeking out below your hat's brim and bringing out your eye colour. So on point for summer shore-side chill times. ➡



1 L'Oréal Paris Colour Riche Made-For-Me Intense Lipstick in Orange Fever, \$21.95.

2 Face Of Australia Lip Paint Super Intense Colour in Tangerine Queen, \$6.95.

Opposite page: Top, \$59.95, Stüssy. **This page: Top,** stylist's own. **Sunglasses,** \$270, Sunday Somewhere.



THE BEAUTY LOOK

Kitten-flick liner

TEAM IT WITH

Cat-eye sunglasses

Flicks are a fun make-up move to make, but they demand attention, so the accessory you choose needs to follow feline suit. Dramatic cat-eye shades complement the angle of your freshly slicked-on liner, and when you sneak a glance above or below your specs, everyone will be super-impressed by the consistency of the feline feels. Keep the rest of your make-up simple and resist the urge to add a bold lip; it could take something chic and turn it too retro.

Stila Stay All Day Waterproof Liquid Eye Liner in Intense Black, \$29.



THE BEAUTY LOOK

A textured side cornrow braid

TEAM IT WITH

Hair rings

Put down the cat ears and don't even think about an ear cuff. Hair rings are our new ride-or-die accessory to work with the style owning the tresses arena (cornrows, in case you missed the memo and Kylie Jenner's 18th b'day bash). Part your hair to the side, letting the majority of it hang loose, then braid the remaining side section from root to tip. Pull each section apart to grunge up the braid, and secure adjustable hair rings at random along it. A texturising spray pre-braid will lend them extra staying power. ➡



Adjustable hair rings, \$11 (for pack of 20), ASOS.



Top, \$59.95, Stüssy.
Fine rings, \$4.90 (for
set of 6) and **base ring**,
\$6.90 (for set of 5),
Forever 21. **Mid-ring**,
\$149 (for set of 3), and
three-band ring, \$79,
Samantha Wills.
Earrings, \$9.99 (for
pack of 12), Lovisa.



WORDS AND STYLING: MEG BELLEMORE. PHOTOGRAPHY: KRISTINA SOLIO/BAUER MEDIA. STILL-LIFE PHOTOGRAPHY: ANDREW FINLAYSON/BAUER MEDIA. HAIR: MICHELLE COX. MAKE-UP: CAT SMITH/UNION MANAGEMENT. USING MAC COSMETICS. MODEL: EMMA BARLEY/LONDON MANAGEMENT. DESIGN: JESSICA MOSES.



Watches (red), \$89.90, (pink), \$139.90, (turquoise), \$109.90, (orange), \$149.90, (purple), \$139.90, Ice-Watch.

THE BEAUTY LOOK

Multi-pattern nail art

TEAM IT WITH

Stacked rings and watches

Committing to one mani colour and nail-art design is like trying to solve a Rubik's Cube; we'd rather have slices of each colour wheel, thank you very much! After buffing each of your nails to silky-smooth perfection, use washi tape to create a unique pattern on one set of nails, keeping the shapes consistent on your other hand, too. Pick out five of your most-loved bottles from your polish stash and colour in the spaces, using two coats and a different colour for each nail. Then, peel away your tape to reveal seriously cute geometric shapes. Subtle slithers of colour mean that accessories need to be bold and bright to reflect the light and make the colours really pop. Stack a set of silver rings and a fluorescent watch (or five) to finish. ☺



Coat Nail Polish in Summertime, \$14.95.

W7 Nail Polish in Peach Sorbet, \$4.99, available at Chemist Warehouse.

OPI Nail Lacquer Color Paints Collection in Silver Canvas, \$19.95.

Sally Hansen Complete Salon Manicure in Afforable, \$14.95.

Revlon ColorStay Gel Envy Longwear Nail Enamel in Up The Ante, \$16.95.

Homemade

BERRY LIP BALM

A delicious treat for summer that's not only good for your pout, but it's vegan-friendly too!



YOU'LL NEED:

- 1 punnet raspberries
- 1 punnet blueberries
- 1 tbsp coconut oil
- A pre-loved, washed lipgloss pot

TO MAKE:

- 1 Place raspberries and blueberries into two small bowls. Next, mash berries with a fork, extracting the juice of the berry.
- 2 Strain berries, making sure the juice is free of

any pulp. The berries will create a pop of colour for your lip balm.

- 3 Once you've got your pulp-free juice ready to go, mix it with coconut oil (just ensure that it's soft and not runny).
- 4 Transfer the berry mix into your lipgloss pot and voilà! Your balm should last 1-2 weeks if it is stored in an airtight container in a cool dark place or the fridge. ☺

If you're after a balm that lasts a little longer than this lip-smacking fruity version, combine a vegan lippy with coconut oil. Just place the bullet of your lipstick and a tablespoon of coconut oil into a clip-seal bag, mix it together with your fingers and pop it into your gloss pot. Always store it in a cool, dark place as coconut oil melts easily. **Inika Truly Organic Ultimate Lip Tint**, \$25, is one of our favourite vegan lippie formulas to use. Yum!

Tip

ALWAYS WASH YOUR HANDS AFTER APPLYING THIS BALM OR USE A LIP BRUSH TO SMOOTH ON YOUR NEW TINT. THIS WILL PREVENT THE BERRIES FROM STAINING YOUR FINGERS.

Which face sunscreen should I use?

Picking a sunscreen can seem as hard as choosing your fave 5SOS dude but it might not be after this!

There are more face SPF options out there (weightless, cooling, colour correcting) than there are Kardashians and Jenners. So how are you meant to know which product is the right one for you? Follow our guide and find the perfect formula to suit your skin type and daily routine. Healthy skin all year round is pretty much guaranteed.

YOU'D DESCRIBE YOUR SKIN TYPE AS:

- A** Oily and as shiny as the sun itself.
- B** Combination: A little oily here, a little dry there.
- C** As dry as the Sahara. Not cool.

HOW OFTEN DO YOU USE SUNSCREEN?

- A** Religiously. I seriously live for it!
- B** When I remember... So, usually just for the beach.
- C** Err, not very often. Sorry, Mum!

IN THE SUN, YOUR UNPROTECTED SKIN:

- A** Instantly fries. Ouch!
- B** Turns into a light tan.
- C** Goes really blotchy for ages.

WHAT DOES YOUR MAKE-UP BASE LOOK LIKE?

- A** Nonexistent – I don't really wear foundation.
- B** Pretty minimal – I use a bit of concealer here and there.
- C** Medium coverage – It takes a little bit of work to be this flawless!

WHAT TYPE OF EXERCISE DO YOU DO?

- A** Cardio. Running, swimming, whatever builds up a sweat!
- B** Yoga, Pilates and low-impact sports are my jam.
- C** Exercise? Eggs are sides? For bacon? That sounds so good right now...

TIP

Whichever formula you go for, make sure you apply it every day. Wearing SPF protection between 30-50+ is the best way to protect skin from ageing and keep it glowing.



MOSTLY A's

To keep up with your on-the-go lifestyle, try a sunscreen that contains physical blockers zinc and titanium, like **Invisible Zinc SPF 50+ Face + Body Sunscreen, 150g**, \$29.99 (1). These formulas stay put for hours and don't feel heavy, so they're ideal for combination and oily skin. If you love coverage when you work out (hey, no judgement here), go for a hard-working product that doubles as a tint: **Natio Suncare Tinted Moisturising Zinc Stick SPF 50+**, \$9.95 (2). Had a breakout? Apply **Neutrogena Ultra Sheer Clear Face Sunscreen Foundation SPF30**, \$16.99 (3), instead.



MOSTLY B's

Your morning routine will become even speedier with the help of a BB cream SPF formula, like **LeTan Daily Face SPF50+ BB Cream**, \$12.99 (1), and **Cancer Council SPF 30 BB Crème 3 In 1**, \$15.99 (2). These particular types provide all the fancy sun defense plus a little colour-correcting coverage for when you're feeling like you need a complexion wake-up before school! They're super-hydrating too, which is essential for every skin type. Got combination skin but not feelin' a hint of tint today? Smooth on **Nivea Sun Protect & Light Feel Daily Face Veil SPF30**, \$10.99 (3).



MOSTLY C's

So, you don't wear sunscreen all the time, but it's never too late to start. A cream designed for sensitive skin will suit you while you get into the habit of applying sunscreen on the reg. These formulas are also ace for skin that tends to flare up easily. If your skin is mega-parched, apply a serum or your usual moisturiser under SPF, like **La Roche-Posay Anthelios XL Ultra-Light SPF50+**, \$27.95 (1) and **SunSense Moisturising Face SPF50+ For Face And Neck**, \$13.95 (2). For a sensitive sunscreen that also works as a make-up base, opt for **Cetaphil Sensitive SPF 50+ Tinted Lotion**, \$16.50 (3). ☺



LUNAR TIME



CAPRICORN: GORGEOUS GOAT
DEC 23-JAN 20

Patience is a virtue – and you have loads of it, making you one of the dream candidates for false lashes. With lots of practise, you'll perfect the art of applying the strip versions and rock them on special occasions just as well as It-girl Ellie Goulding does.

1 Bondi Sands Everyday Face Gradual Tanning Milk, \$19.95. **2** Make Up For Ever Lash Show Instant Drama False Lashes in N-106, \$18.

ELLIE GOULDING
December 30




AQUARIUS: POLISHED PHILANTHROPIST
JAN 21-FEB 19

You're a humanitarian at heart and a busy bee most of the time, so your make-up needs to be quick and easy to apply as well as longwearing. Keep your base basic and let a coral gloss do all the talking.

CHLOË GRACE MORETZ
February 10

Boe Professional Perfect Pout Lip Cream in Aura, \$2.

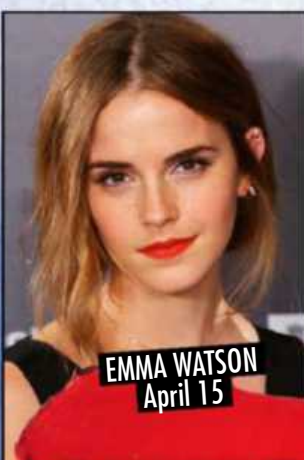


PISCES: MAYORESS OF THE MERMAIDS
FEB 20-MAR 20

Your element is water, your animal a fish, so fresh, dewy, illuminated skin is a Pisces prerequisite. You love to live your fantasies, so a purple lip tint is a walk in the park for you – and you wear it better than any other sign. Start with a gloss like Lily's and work your way up to a matte lippie to show off your cheeky, spontaneous side.

LILY COLLINS
March 18

MAC Amplify Lip Gloss in How Chic Is This?, \$36.



ARIES: SASSY SCARLET LIP LOVER
MARCH 21-APRIL 20

You're fiery in all the right ways – the ultimate go-getter #girlboss. So, naturally, a red lipstick is like your birthday suit; you never leave home without it. Go for blue-based hues and keep the rest of your make-up next to nothing, just like your beauty (and cosmic) soul sister Emma Watson.

EMMA WATSON
April 15

Zoeva Luxe Cream Lipstick in Cooling Passion, \$17.95.



TAURUS: CHILLED-OUT CONTOUR QUEEN
APRIL 21-MAY 21

Breakdancing on tabletops isn't your idea of fun, but you are the life of the party in your own seriously cool, mellow way. True to your earth-sign roots, you love a minimal make-up style, featuring pro contouring like Gigi's and very little else. An all-in-one contouring kit and a flat blush brush will take you there.

GIGI HADID
April 23

Models Prefer Ultimate Highlighting & Contouring Palette, \$16.99.



GEMINI: BOLD BEAUTY BOPPER
MAY 22-JUN 21

Leading the pack comes pretty naturally to you. You're super independent and love random adventures. In other words, you can relate to every Iggy lyric ever written, and you like your make-up to be just as loud as hers. A lollipop-pink lip is your flavour this year and will complement your aquamarine birthstone.

IGGY AZALEA
June 7

Max Factor Colour Elixir Giant Pen Stick in Couture Blush, \$9.95.

Match your make-up to your starsign. Introducing 12 cosmic-approved looks.

beauty

The zodiac says we're all stars and have traits unique to our individual sun signs, so embracing a beauty look that highlights the best parts of our cosmic personalities makes a lot of sense. Discover your signature star-aligned look, trial your celebrity sister's style and take note of their birthdays.



ARIANA GRANDE
June 26

Maybelline New York Hypersharp Wing Liquid Liner, \$16.95.

CANCER: MISS MYSTERIOUS EYES JUN 22-JUL 23

Sometimes you're the ultimate homebody, other times you need to be dragged from the D-floor. When your feels are nothing but Netflix, a short, sharp kick of liquid liner will lend you girly, laid-back vibes. When you're up for crumping all night with your squad, take your liner angle sky-high, fill it in thick and add pom-pom earrings, Ariana style.



DEMI LOVATO
August 20

L'Oréal Paris Superliner Smokissime in Brown Smoke, \$17.95.

LEO: STARLET TRAILBLAZER JUL 24-AUG 23

Basic isn't your jam. If you're going to wear make-up, it's gotta turn every single head in the room – which happens anyway because people are drawn to your positive vibe. You can rock an orange lip as easily as moisturiser, but, this year, a dramatic smoky eye with lashings of mascara will bring out the unstoppable Lovato lioness in you.



BEYONCÉ
September 4

1 Designer Brands Natural Ground Minerals Blush, \$14.99. 2 Natio Pure Mineral Skin Perfecting BB Cream SPF15 in Medium, \$14.95.

VIRGO: EARTHY GIRL AUG 24-SEP 23

Earth is your element and sapphire is your birthstone, so mineral is your preference as far as make-up formulations go. You can carry off many beauty styles, but a natural, lightweight look is one that you keep coming back to. A mineral BB cream and a flush of mineral blush will give you that flawless Queen Bey base.



KIM KARDASHIAN WEST
October 21

1 NudeStix Magnetic Eye Colour Kit in Spirit, Moon and Angel, \$31. 2 Rimmel London Match Perfection Foundation SPF 20, \$18.95.

LIBRA: SECOND-GUESSER TRENDSETTER SEP 24-OCT 23

You're the one changing your make-up long after everyone has left the house, much like beauty butterfly Kimmy. It's not all bad, though – you are srsly fun to be around and pretty career-focused, so your fave make-up feel is usually a fierce yet understated nude.



KATY PERRY
October 25

SCORPIO: STAND-OUT STYLE WHIZZ OCT 24-NOV 22

The words 'powerful' and 'passionate' describe Scorps best – and K-Pez is the most quintessential Scorpio ever. Warm golden peepers with a hint of terracotta look oh-so sweet on you. Pop on your eyeshadow and a little bit of glitter liner before your base. It'll look scorching!

1 Maybelline Eye Studio Eyeshadow in Bad To The Bronze, \$11.95. 2 Make Up Store Glitter Eyeliner in Gold Digger, \$35.



NICKI MINAJ
December 8

1 Revlon PhotoReady Eye Art Lid + Line + Lash in Green Glimmer, \$25.95. 2 Ink It! Gel Eyeliner in Aquamarine Ink, \$12.94.

SAGITTARIUS: INTERGALACTIC GODDESS NOV 23-DEC 22

Make-up wise, Sagittarius gals are definitely the most interesting. You'll take your blues, purples and yellows for a test drive on your lips and eyes any day of the week, like fellow Sagis Nicki Minaj, Rita Ora and Miley Cyrus. Given your birthstone is turquoise, it's only fitting that you rock the most effervescent and bright versions of it. ☺

FROM THE BEAUTY DESK

This month, Meg's making the best beauty lists and checking them twice.



Around this time, I can't help but get all 'let's look at photos for five hours' sentimental about the year that was, and 'let's write lists, buy stationery and analyse our star signs' about the year ahead. So please excuse me while I use my column to create a mushy montage of 2015 in the beauty department, featuring a few of my favourite swatches (the prods that were turned into delicious colour splashes for the mag), along with some shiny-happy outtakes from some of this year's beauty shoots.

OK, enough on the reflecting front. School's out, nail polish in every colour of the rainbow is totally in, hair in any style other than a school ponytail is an absolute must, and there are just so many activities to be done!

What traditions are you sticking to? And what resolutions are you setting for 2016? Last year, my beauty-related goal was to wear sunscreen every single day, which I definitely gave a big tick, so this year I'm thinking I'll broaden my hairdo horizons and try something other than waves and a topknot. Hair rings are first on the list. What about you?

Lots of love, Meg xx

WORDS OF WISDOM FOR 2016

"Imperfection is beauty, madness is genius, and it's better to be absolutely ridiculous than absolutely boring." Marilyn Monroe

#NOFILTER
THESE MODELS HAVE NOT
BEEN RETOUCHED

Christmas checklist

- ☒ Watch *Elf* and *The Grinch* on repeat.
- ☒ Host Christmas dinner at my house, featuring BBQ prawns, mangoes and all of the bonbons.
- ☒ Drive by the best Christmas lights, eating Zooper Doopers and listening to carols (and some Biebs).

MY TOP-TO-TOE HOLIDAY PREENING ROUTINE

BREAKOUTS are still a pretty regular thing for me – especially on my chin (#problemarea). My solution? I'm teaming ocean swims with a diligent cleansing, toning and moisturising routine (1) formulated for pimple-prone skin like mine to keep the shine sitch under control.

I don't like wearing a whole lotta make-up to the beach, but a melt-proof lip balm loaded with vitamin E is a must for keeping my lips hydrated all day long. This one (2) leaves me smelling like strawberries, so it's scored a permanent position in my tote.

Because I'm the laziest person alive when it comes to hair removal, I'm a new convert to the Silkymit method (3). It basically exfoliates the skin to release any trapped hair follicles, and it buffs away fine hairs too. Just remember to move it in circular motions instead of up and down – too much of that can turn your skin from dolphin-smooth to sensitive. Do a trial patch test before taking on half a leg!

Regardless of whether I'm visiting the Coles lolly aisle or hitting up a party, nail polish and perfume are my essential final touches. Lately I'm obsessed with the glossiness of gel-finish formulas (4). Perfume-wise, this (5) had me at raspberry and vanilla – just what I want summer to smell like! ☺

2 Blistex Happy Lips in Strawberry), \$4.95.

1 Proactiv Starter Kit, \$49.99.

3 Silkymit For Legs (for pack of 3), \$7.99.

5 GAP Bright EDT 100ml, \$14.99.

4 Rimmel London Super Gel Polish in Blue Babe, \$9.95, and Rimmel London Super Gel Top Coat, \$9.95.

MADE IN FRANCE

AXIS

Floral

eau de parfum



Axis Floral Pour Femme 100ml edp

AVAILABLE AT



Horoscopes

Got love questions? Curious about school? Wanna grow your squad? Here's what 2016 will bring for you.

CAPRICORN Dec 23-Jan 20

★ School life

Cappy babes love a challenge, and this year you could embark on an awesome new course or activity that sees your smarts put to the test. Feeling like you work your little behind off but nobody seems to notice? Jupiter swoops into your reputation zone in the latter part of the year, giving you a spot in the limelight and bringing awards and accolades your way. Excited, much? We are for you!

★ Squad goals

You and your best friends could have an adventure of some kind during 2016 – whether it's taking a group vaycay, or something much closer to home like joining forces with a new guy group. There's a chance that you could also be dusting yourself off after a bestie breakup of sorts – and if so, know you're simply clearing

space for a year full of even better awesomeness to enter your life. Tay, we're ready...

★ Love vibes

If you were eyeing somebody for a NYE kiss, don't stress if you and said hottie didn't quite manage to smoosh faces by 12.01am on the 1st. Heart-shaped moments are coming for you in 2016, with late January and February promising times for love in 2016. As a Cap, you've got a tendency to get OTT rational and analytical, but try to let your heart lead the way for once and chill on the worry front.

★ Biggest lesson in 2016

You're being dealt a big lesson in healing and forgiveness over the next year. Your challenge is to have the courage to let go, and this may come in the form of a person, place or entire chapter – even when it makes your heart go 'ouch'. Go on, be brave!



AQUARIUS Jan 21-Feb 19

★ School life

You get a burst of inspiration on the study front later this year, making motivation come more easily than it has been. Put in extra effort and your teachers will begin to notice. A school-related trip or even overseas jaunt could be on the cards (err, school excursion to NYC, anyone?) in 2016, or perhaps you'll sign up to do an exchange.

★ Squad goals

You love the socks off your girls, but you're totally happy to hang solo when they're taking you away from your happy place. The latter might be the case a little more than usual, with your friendships set to throw up a struggle or two. Resist the urge to gossip – remember, haters gonna hate, but that doesn't mean

that you have to. New friends you meet in 2016 could end up sticking around for life.

★ Love vibes

Think you know exactly which One Direction bae is your perfect match? Whoever you say, this answer could be totally different by the end of 2016. Two eclipses are set to shake up what's most important to you – and make you ponder the type of peeps who you want in your world. By the end of the year, you could be exchanging cute texts with someone who you are yet to look twice at.

★ Biggest lesson in 2016

Think you do teamwork like a boss? The universe is set to test you this year. Group sitches could get a little cray, but keep on keeping on and you'll master the fine art of giving and taking.



PISCES Feb 20-Mar 20

★ School life

So it's probs not what you're dying to hear, but it's time to get serious about study, Miss Fish. You might find yourself gasping for air beneath a mountainous workload, but rather than pushing it under your bed in the hope that if you can't see it, it doesn't exist, try landing yourself the marks you know you deserve. Two eclipses in your sign mean big turnarounds are possible this year.

★ Squad goals

Loads of luck and good vibes are being sprinkled all over your close relationships this year, setting the scene for the sort of squad moments you'll be talking about forever. Clear your camera roll and make sure you leave a few windows in that packed

study timetable. Meanwhile, there's a chance your rep could receive a beating – if so, stay true to your self and trust that any silly gossip will be forgotten in a blink.

★ Love vibes

With the lucky planet hanging out in your zone of relationships until late 2016, there isn't a better time for you and your crush to fall for each other. The romantic vibe is magnified in March, so if you can create a same-place, same-time situation (think getting your bestie to invite you both to a BBQ at her place), the stage is basically set.

★ Biggest lesson in 2016

Your challenge this year is around those big-picture goals. Get to work on making all those dreams (you know the ones) come true.

ARIES Mar 21-April 20

★ School life

Taskmaster planet Saturn is visiting your house of learning, suggesting the celestial vibe will guide you towards a head-down, bum-up situation where it's all about hard work. Apply your smarts at school – lucky planet Jupiter is on hand until September to make sure that your efforts are rewarded nicely.

★ Squad goals

Health and wellness will be on your mind this year, so embrace connections with like-minded babes and hit up some yoga classes. Want to add some new contenders to your A-team? Well, the April new moon in your sign could see you welcome fresh faces to your crew.

★ Love vibes

Expect your Easter hols to come with a side serve of romance this year, with love planet Venus dropping into your sign during April. Why not work up the courage to let your crush know what a good egg they are? It gets better, as Jupiter slides into your love zone in September. Cue heart-eyed emojis.

★ Biggest lesson in 2016

Staying in the moment has its benefits, sure, but this year, your focus will be on formulating much grander plans and looking at 2016's bigger picture. ➡



TAURUS Apr 21-May 21

★ School life

Counting down the days until the holidays start before Term 1 has kicked off? Ever heard of the quote 'Where focus goes, energy flows' on your Insta feed? If your attention is only on all the things that are un-fun about the classroom, those annoying parts about it (like your least-liked teacher's voice) will only magnify. Try to flip this dynamic by thinking of something (anything) that you like about your Monday-Friday and see the roll-on effect. From September, school starts to get a LOT more fun.

★ Squad goals

Your friendships are set to undergo something of a torrential shake-up during 2016, Miss Taurus. Whether you heart your besties like nobody's business or you're secretly wanting to unfollow, unlike and unfriend the whole freaking bunch of them, the stars have something in store. Two eclipses, one in March then again in September, both sitting in your friends zone. Meaning? Whether

it's as big as you exiting your friend group, or a much more subtle (yet still powerful) shift in dynamic that restores all the lovely feels, things with your squad won't be the same post-2016 (in a very good way).

★ Love vibes

Luck is massively on your side this year when it comes to romance. Yep, the good vibes are surely camped out in your corner of the world, making you magnetic in the eyes of practically everybody. It'll stay that way up until September, so make the most of all this loved-up energy. Crushing hard? May is an extra promising month for bridging the gap between mates and more.

★ Biggest lesson in 2016

This year will see you tested around anything that involves combined efforts. Think group work, sports teams, and of course, love and relationships. You can be a hard nut to crack, so this phase could see you called to drop down the walls when it comes to getting close with someone new and special.



GEMINI May 22-June 21

★ School life

When one of your mum's friends asks you what you want to be when you finally finish high school, what do you normally say? Whether you a) haven't got a clue and aren't calling out a search party for one or b) have your sights set on a solid post-Year 12 dream, your current goals for Future You are about to get turned completely upside down and inside-out, starting April. Feeling confused and worried? Don't be. Term 4 sees new-found excitement hovering on your horizon.

★ Squad goals

You've usually got your flutter on as the social butterfly of your friendship group, jumping from one catch-up to the next. But lately you've been happiest at home. Been sending bail-out texts to your mates in favour of setting up camp on the couch with your family? Soak up the chill vibes, as things are about to change pace come spring, when you shake off your homey ways and get back out there – prompted by...

★ Love vibes

... a crush of Harry Styles hotness proportions, who may pop up on your radar in September. Lucky planet Jupiter sitting in your house of romance and crushes give this situation the cosmic tick of approval. Crushing on someone already? Things could materialise by Term 3.

★ Biggest lesson in 2016

You prefer to keep things light 'n' breezy in life, but over the next 12 months you'll learn a thing or two about partnerships, whether it's ditching the dramas with your bestie or giving up on playing the field of crushes to get serious with one (damn lucky) person. We're excited for you! This is YOUR year.





CANCER June 22-July 23

★ School life

As a crabbie, you may normally opt to play it safe by staying clear of the limelight – but not this year! The stars will see to it that your skills in all things speaking and writing are set to get some recognition. Whether you write a bang-on essay that scores you big marks or deliver a (gulp) talk in front of assembly, it's time to own your voice. Let yourself shine and be heard.

★ Squad goals

Early May sees a new moon rise in your friends zone, which could equal some fresh BFFs on the scene. Meanwhile with the planets lighting up your house of siblings, you could find yourself making like Kylie and Kendall and joining forces with a sister (or brother) for good times beyond the confines of the living room.

★ Love vibes

Whether you're currently feeling like the teen version of Bridget Jones or you've already landed your school's answer to Ashton Irwin, your love situation is about to get a lot more sparkly come mid-June (AKA in time for the winter school holidays). Because there's nothing better than a snuggle buddy when it's feeling cold and frosty outside, right?

★ Biggest lesson in 2016

You're a born nurturer who loves looking after her inner circle of close friends and family, but this year it's about learning to shower that same TLC on yourself. Got your local pizza place on speed dial? Prone to a sneaky late night Macca's run? Try looking after your body, mind and spirit now with sunshine, clean eats, sunshine and plenty of ZZZs. Your 2026 self will thank you for it...

LEO July 24-Aug 23

★ School life

You're a pretty crafty cat already, but 2016 will see the Zodiac spotlighting your creative zone. Expect your prowess in subjects like art, drama and creative writing to get a major boost. Got a side project like a blog, Etsy YouNow account? You could pick up some skills during class that could turn out to be great for channelling into all your 'out of school' interests and hobbies. Now that's motivation to listen up.

★ Squad goals

Being the sunny, confident goddess that you are, you attract BFFs in droves. But be sure to pipe down your limelight-loving ways every now and then too. The tail end of the year could bring some testier times with your besties. Maybe you'll find yourself feeling less popular than you've previously been, or drama could spark within

your group. Mid-December sees things come to a pretty huge head. Tread carefully.

★ Love vibes

You could receive an early birthday gift, with the love factor set to go into major overdrive in July and early August. Loved-up moments will be on the cards! With the stars nudging you to focus on your values, just be sure that you're not caught up playing footsies with someone who's a major hottie, but doesn't have the character goods to back it up.

★ Biggest lesson in 2016

You know that icky feeling you get when you talk and act a certain way, but you know that you're not being 100 per cent true to you? Your challenge this year is to skip this whole scenario by learning to express your true self. We've got a feeling that the world will be stoked. ➡





VIRGO Aug 24-Sept 23

★ School life

This is a H-U-G-E year for you, Miss Virgo babe. The planets will be staging mini revolutions above you between now and 2017, and your school life is no exception. With lucky planet Jupiter in your sign, you can pretty much do anything. You're usually organised when it comes to school, but do your perfectionist ways mean you sometimes don't bother studying, so that if you bomb, it's not your fault? Start backing yourself more – and also know that it's OK not to get 99 per cent EVERY single time.

★ Squad goals

As a sweet soul who's always up for lending your mates a hand, you don't normally attract squad drama, but your relationships are going to be put to the test in 2016. Both April and September will bring major change on the friend front, whether you and your bestie part ways or you start to see someone (or your whole group) in a new light. Stay true to yourself and try to ride out any dramas rather than reacting right away. There's a happy ending: the planet of luck makes sure you'll be A-OK.

★ Love vibes

Got a bae? An eclipse in your love zone in both April and September mean things could get cray. You may uncover a truth bomb, but remember that whatever's in the works (whether your relash morphs into a Perrie-and-Zayne sitch or things get serious) will play out to serve your higher good. Just think how much better Perrie is without Zayn (heaps). His hair and hotness aside, obviously.

★ Biggest lesson in 2016

Have you been good to your family lately? Things could get testy on the home front for the first part of 2016, so keep the bonds strong. Meanwhile a solar eclipse in your sign at the start of September cues a flurry of change across ALL of your life. Dream big!

LIBRA Sept 24- Oct 23

★ School life

With Jupiter hanging out in your house of memories and endings, something that went down in 2015 could have left you kinda distracted in class, with your mind wandering down memory lane. Try your best to keep that brain focused and in line – your motivation kicks in as the year rolls on.

★ Squad goals

You're all about the party and love nothing more than a mate who can rival you on the DF. But now you'll find yourself wanting to help those around you as well. Huge shifts are poss in April and September, and you might start hanging with some more down-to-earth, health-conscious types.

★ Love vibes

Feel like your headspace is caught up in a throwback to another era? This year could

see you tying up a few loose ends or healing yourself from last year's life dramas. Don't jump into an intense 'thing' with someone new just to take your mind off any sad feels – wait til it feels right. The end of August and September are looking pretty damn good for love – you could meet someone amazing come springtime.

★ Biggest lesson in 2016

As a Libran bae, you've likely scored the gift of the gab – but that doesn't mean that you're completely comfortable with communicating the important stuff. You might find yourself in situations this year where you need to speak up, bring up something awkward, or have trouble voicing your REAL opinion. Don't run for cover with a light-hearted joke (like you usually do) – practise saying it exactly how it is like it ain't no biggie.





SCORPIO Oct 24-Nov 22

★ School life

Every day you haul yourself out of bed and go to school, but do you ever stop and think about why? As one of the deepest gals in the Zodiac, you've probably pondered the meaning of life before – but this year will see you thinking about how you can use your smarts and impressive schoolwork/everything know-how to one day change your corner of the world. Go girl!

★ Squad goals

Powerful Scorps are often leader types who others tend to flock to, and you're probably no stranger to having loads of friends. With your friends and groups zone lit up for most of 2016, it's fun times with your squad 24/7. Join a new sports team or club to make the most of these vibes – and gather even more potential BFFs. Just try to leave time for the rest of your life, too, OK?!

★ Love vibes

Things are ready to go bang in your love life this year – with mega moments taking place in April and September. You could form a sudden outta-this-world connection with somebody who was previously a stranger, or someone you've been obsessing over could show you their get-me-outta-here side around these times. Things are looking lovely for love come October.

★ Biggest lesson in 2016

Always spend your weekly pocket money within 24 hours, yet still planning to save up for a car by the time you graduate school? You could be forced to get real around both money and possessions – what's important and what's not. You'll need to back your values big-time this year.

Love these illustrations? Check out of Alicia Rogerson's work at alijart.com.au.

SAGITTARIUS Nov 23-Dec 22

★ School life

If you're a typical Saggie, when you imagine yourself as an adult it likely involves a free-spirited life of jetsetting (or backpacking if that's more your style) and adventure upon adventure. Fun is the key but those things called, er, work and school might not feature prominently in the picture. But with Jupiter chillin' in your house of career and ambition for most of the year, you could be turning all your attention to achieving seriously big things.

★ Squad goals

The earlier part of 2016 could see your attention diverted. Whether you're fighting with your parents or just wanting some more one-on-one with a sibling, things could be going down at home. However all will be well and the fun times with your crew returns big time come spring, when you can expect one of the happiest friend times in years. Prep your squad!

★ Love vibes

Keen to meet a Cody Simpson look-alike, or have things convert from he-loves-me-not to he-loves-me with that guy that you've mentally planned your entire life with? Love planet Venus comes to the rescue during mid-October, promising plenty of super-cute moments and a chance to feel that loving feeling – whether with your current crush or even with somebody brand new.

★ Biggest lesson in 2016

Saggie, there's no sugar-coating it – there are some seriously amazing things in store for your in 2016, but it won't all be pug puppies, ice cream, new Biebs tracks and rainbows. Saturn, the planet of the hard slog, will be hanging out in your sign this whole year, meaning that you'll need to work hard and might be thrown a couple of tough life lessons along the way. Chin up and you'll come out of it a zillion times stronger. Trust us, good things are coming your way. ☺



THE HOT SPOT

The start of a new year calls for fresh new gear. Get a load of these cool prods!



HIGHLIGHT UP YOUR LIFE

Loud, proud and attention-grabbing? You bet! But also stylish, sexy and intelligent. The new Stabilo neon highlighters are the first of their kind to come in a cool tube design with a super-soft nib. Available in four fluorescent neon ink colours, these bright babies turn snoozy study sessions into a (sort of) party.



FALLEN IN LOVE WITH...

When Cam bets Lucifer he can win the girl he loves in 15 days, he thinks it'll be easy-as, but the stakes are mega-high. Will Cam get a lifetime in love, or hell for an eternity? *Unforgiven* by Lauren Kate, \$19.99. randomhouse.com.au/unforgiven



BRING ON THE BIKINIS

The fuss-free way to sexy pins, Silkymit For Legs ensures they're perfectly smooth and groomed. The glove design features a pad covered with fine crystals (how fancy) that slips over the hand to whisk away unwanted hair, buffing legs to velvety smoothness. It's the natural and safer alternative to hair removal. Available from leading pharmacies, Priceline and Big W (\$7.95).



DO WHAT YOU LOVE

Keen to do something you've never dreamt of, or challenge career-related stereotypes? The new Defence Jobs site takes all the things you love and shows you how you can turn them into a career in the Navy, Army or Air Force. For serious career inspiration, check out defencejobs.gov.au/dowhatyoulove.



GET LOST IN A BOOK

The Queen of YA Becca Fitzpatrick is back. And with a book that'll get your heart racing in more ways than one. Introducing your next epic summer read, *Dangerous Lies* (Simon & Schuster, \$19.99), where making one small mistake can have some pretty serious consequences.

Want more YA? Check out the *Read Me Love Me Share Me* page on Facebook – your go-to hub for all things teen fiction.



Get your hands on the hottest fashion swimwear for this summer at Forever 21. Prices start from just \$19.95 (bargain, much?). Follow them now on Facebook to check out all the latest new arrivals at facebook.com/Forever21AUS.



SCENE

HEY,
NEIGHBOUR!

From his amazing vids to his killer voice, Troye Sivan has us fangirling hard. With his debut album *Blue Neighbourhood* out now, we find five more reasons to obsess over this hottie.

1 HE HATES ON THE HATERS AND IS

A REAL SWEETHEART: "If I want to be remembered as anything in this life it's just 'nice'. I feel like being nice to others is the coolest thing anyone can be."

2 HE SHARES OUR TUMBLR OBSESSION:

"I'm so thankful that I have gotten the opportunity to fulfil my life purpose of staying inside on Tumblr all day."

3 HE GETS THE MEANING OF TRUE LOVE:

"I love you as much as I love Nutella."

4 HE THINKS TWITTER AND INSTA-LURKING

IS TOTALLY FINE: "I call it viewing from afar, they call it stalking!"

5 HE PROCRASTINATES, JUST LIKE US!

"I have so much to do, therefore I'm going to lay on the floor for a very long time." ☹️

Check out
Troye's amaze
music videos on YT
@TroyeSivan18

ALL HAIL

QUEEN

CARA!

We sat down with the multi-talented ex-model-turned-everything to talk bonding, boys and bullying.

Yep, the girl can act.

PAPER TOWNS



We've done our research, and it seems that Cara Delevingne can't put a foot wrong. She's graced countless mag covers, hangs out with Kendall and Gigi on the reg, is hilarious on Instagram, might have dated Harry

Styles and, uh, those brows. So when it was announced she was playing a lead in the movie of John Green's *Paper Towns*, critics were sure she'd bomb out. No-one can be that good at everything, right?

Wrong! Turns out that Cara can add talented actress to her CV, after getting glowing reviews for her part as troubled teenager Margo – and now it's out on DVD, we're super excited to watch it on repeat!

And if all this awesomeness wasn't enough, DOLLY found out that Cara is charming too when we got to meet her in the flesh.

The 23-year-old told us about how she's dying to skydive, but more importantly, dished the dirt on what it was like to kiss co-star Nat Wolff. "He's a great kisser!" she raves. "It was like we'd done that whole journey of filming together, and then it was our first kiss."

Margo has a rough time in the film dealing with her loser ex and toxic friends. But Cara's advice is to not waste your time trying to be part of the so called 'popular group'.

"If you're trying to be part of a group who are only your friends because they look cool, they'll be having way less fun than you are, so why bother?" She's. Our. Queen!

NAT SPILLS

WE ASKED NAT WOLFF TO DISH THE DIRT ON HIS *PAPER TOWNS* CO-STAR AND IT TURNS OUT SHE'S A SWEETHEART. NAAAW, WE TOTALLY KNEW IT...

MISS CARA DELEVINGNE IS...

"Great! I think people have a hard time believing somebody who's so pretty and successful could be that talented. But Cara blew me away. She's a brilliant actress. Working with her has been magical."

We can't help but ship Nat and Cara IRL.



LIFE ACCORDING TO MISS D

There's more to this girl than amaze clothes and double-tappable 'grams. Cara has been through a lot, from dealing with depression to coming out as bi-sexual. That's why we love it when she drops wisdom bombs like these...

"MY MESSAGE HAS ALWAYS BEEN TO LOVE YOURSELF, TO EMBRACE YOUR FLAWS. THE CRACKS WITHIN US ARE THE BEAUTIFUL PARTS THAT NEED TO HAVE LIGHT SHONE ON THEM."

"IF YOU MAKE A MISTAKE, ADMIT IT, APOLOGISE, LEARN FROM IT AND JUST MOVE ON."

"WHATEVER MAKES YOU HAPPY IS MOST IMPORTANT. IT DOESN'T MATTER WHAT ANYONE ELSE THINKS."

"NEVER REGRET. KEEP LOOKING FORWARD AND DON'T LOOK BACK!"

WORDS DANICA BAKER, MATTHEW GALEA. PHOTOGRAPHY GETTY IMAGES.

ON PLAYING MARGO...

"She took off her shoes and started running around the room and I said: 'You ARE Margo!' She's perfect for the character and we've been super close ever since."

THEY WORKED WELL TOGETHER COS...

"We both like to be loose. It's easy on movie sets for things to get stale, because you're doing the same thing over and over again in front of people and to have someone who's fun and energetic has been amazing."

#FRIENDSHIPGOALS

Miss Delevingne has more celeb friends than we can count on one hand, but here are her closest (and coolest) crew members.



TAYLOR

KENDALL

SELENA

GIGI



=

=

=

=

GIRL SQUAD

CAKE

DATING?

BABIN' BLONDES

Cara officially became part of Taylor's #squad when the pair were at a London event and Tay face-planted so Cara did the same. What a total legend.

The model BFFs, also known as CaKe, do absolutely everything together from sleepovers and fash shows to BIG events and mag covers.

Cara and Sel are so close their bond sparked dating rumours. "She's fun and adventurous, and I want that in my life, so I didn't mind it."

Bonded by their model status, the besties can be spotted together at many a party and Insta pic, obvs looking gorgeous.

WHAT'S NEXT?

CARA HAS DONE SO MANY INCREDIBLE THINGS IN HER CAREER, AND HAS PROVEN THAT THERE'S PRETTY MUCH NOTHING SHE CAN'T DO. HERE'S A TEASER OF WHAT'S COMING FOR OUR GIRL...



Suicide Squad looks epic.

Brace yourselves. Cara transforms into the wickedly powerful creature Enchantress in the upcoming action flick *Suicide Squad* alongside Oz talent Margot Robbie (*starts counting down the days*).

Cara is currently filming the movie adaptation of the comic series *Valérian And Laureline*, alongside Rihanna. Keep your eyes on Cara's

'grams. It looks like there'll be a lot of double-tapping on her feed this year. ☺ **Paper Towns** is out now on Blu-ray, DVD and Digital HD.



MORE CARA!

Download the viewa app and scan this page to see just how charming Cara Delevingne is IRL during our exclusive chat.

Screen

HAYLEY



REBEKAH



The Originals Season 2
on DVD December 16.

DAVINA



FANG TIME

THE WEREWOLVES, VAMPS, WITCHES AND HYBRIDS ARE BACK FOR ANOTHER SEASON FULL OF SUPERNATURALLY-CHARGED DRAMA. HERE'S WHAT OUR FAVE ORIGINALS GIRLS HAVE IN STORE...

HAYLEY (PHOEBE TONKIN)

While Hayley is still coming to terms with her transition from a fiesty werewolf to hybrid, she is also playing the role of the grieving mother. Yep, the whole of New Orleans was tricked into believing that the harvest witches killed her daughter Hope. The baby is actually in the safe care of Rebekah... but for how long?

REBEKAH (CLAIRE HOLT)

At the end of the first season we saw one of our fave Mikaelsons, Rebekah, return to help keep her niece, Hope, safe from all supernatural beings. This gives Rebekah her first real taste of the life she could have had. All hell begins to break loose after the family secret comes out... and the hunt for Hope is on!

DAVINA (DANIELLE CAMPBELL)

After becoming the top dog Regent of the witches, Davina faces the internal struggle between wanting to live a normal teenage life and becoming the powerful witch she is destined to be. Either way, with that fiesty, fearless personality, she's still determined as ever to stop Klaus (Joseph Morgan)...

FIND THE FORCE

IT'S BEEN A LONG TIME SINCE THE FIRST STAR WARS CAME OUT, SO WE BREAK DOWN THE NEW MOVIE ON WHAT TO EXPECT...

The old film had Princess Leia (Carrie Fisher) and the new one has Rey (Daisy Ridley, below right). Smart and independent, this girl can hold her own.

Han Solo (Harrison Ford, left) always has his furry wookiee companion Chewbacca by his side, while Rey's got BB-8 – a chirping little droid that rolls around after her.



37%
BUTT-KICKING
HEROINE



25%
SCARY
VILLAIN

Kylo Ren (Adam Driver, bottom right) is hell-bent on avenging original baddie Darth Vader's demise. Most likely with his red lightsaber.



15%
CUTE
SIDEKICKS



23%
A BAD GUY
TURNED GOOD

Stormtrooper Finn (John Boyega, top left) is torn between both right and wrong. Will he ditch the white armour for good?

Star Wars Episode VII: The Force Awakens is out December 17.

DOLLY SCENE

Wanna impress your pals with your sweet entertainment know-how? You can preview trailers to films and TV shows, check out any Fan Fiction instalments you may have missed and bust out to killer new music video clips. You can also watch behind-the-scenes clips and celeb interviews, and connect with stars on social media. Plus, there'll be games, downloadable wallpapers, exclusive offers and comps to enter. To access cool extras from this issue in our interactive hub, simply download the free **viewa** app and scan your phone or tablet over this page.



reviews

BATTLE OF THE BAES

ONE'S STRONG AND SERIOUS, THE OTHER'S A SPEEDY GEEK.
SO WHICH (SUPER)MAN SHOULD YOU MARATHON?

WINNER! THE FLASH

Barry Allen (Grant Gustin) dons a cool suit – fireproof, bulletproof and with an in-built monitor so that Caitlin (Danielle Panabaker) can check his vital signs.

THE BEST UNIFORM

THE ARROW

Although the latest version of Oliver Queen's (Stephen Amell) suit is pretty hi-tech – remember the black hoodie? – it's still hard to beat the The Flash's getup.

WINNER! THE FLASH

Geeky and enthusiastic about just about everything, mechanical engineer Cisco (Carlos Valdes) brings the laughs with his one-liners.

THE BIG LOLs

THE ARROW

Oliver's not much of a joker. Actually, IT technician Felicity Smoak (Emily Bett Rickards) seems to be the only one with a sense of humour.

THE FLASH

Thanks to being struck by lightning, Barry's the fastest man alive and can run at superhuman speeds – using his skills to save lives.

THE COOLEST SKILLS

WINNER! THE ARROW

Unlike Barry, vigilante superhero Oliver is entirely self-taught – those epic archery skills didn't come from a freak accident.

THE FLASH

Oh, Iris (Candice Patton). Barry has proclaimed his love for you so many times and you won't do anything about it. Get moving, girl!

THE LADY FRIEND

WINNER! THE ARROW

All hail Felicity! She's living proof that brains are way more important than beauty – although she is a freaking babe, too. How is that fair?!

The Flash Wednesdays 7.30pm on FOX8 and *Arrow* Thursdays 7.30pm on FOX8.

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THE FLASH

THE ARROW

It's a bird, it's a plane... IT'S SUPERGIRL!

STAR MELISSA BENOIST (WHOSE SUPERHERO ALTER-EGO IS KARA) FILLS US IN ON PLAYING A BUTT-KICKING CRUSADER FOR THE NEW SERIES.

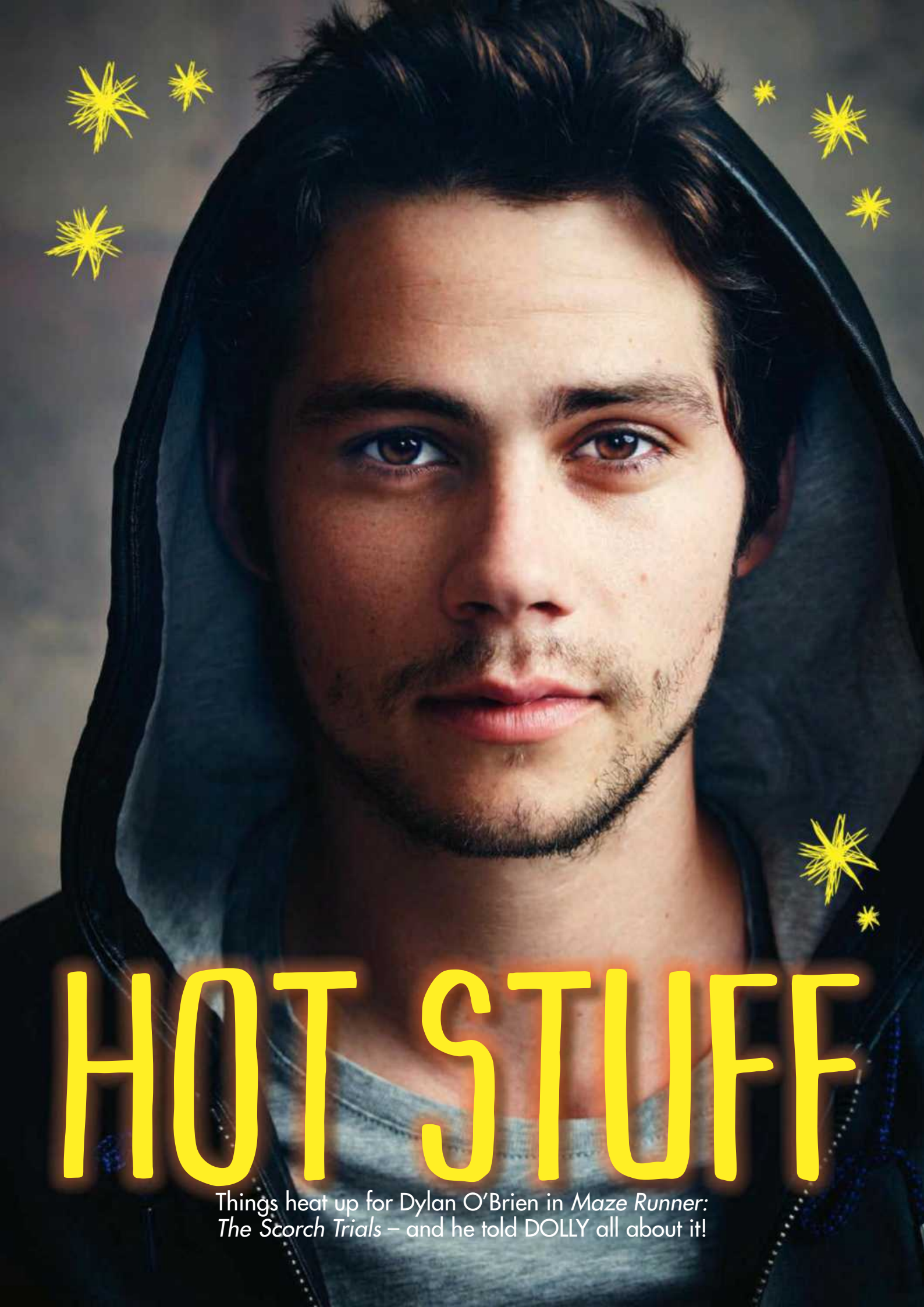
A KILLER COSTUME "It's impossible not to feel empowered when you put it on. You would think, 'Oh, it's silly. I'm putting on tights. There's a cape. I'm going to feel like it's Halloween.' But something changes... I feel like a different person."

GIRL POWER "I want to do right by women. I want to portray someone they can relate to... I guess I just want all women to feel like they could be Kara and Supergirl as well!"

AN ALIEN LEARNING HOW TO LIVE "[Kara] grew up on Krypton... when she gets to Earth, she's not used any of her powers for years. There's a lot of room for mistakes. She's got a lot to learn. She has so much power that's locked up inside of her. She is figuring out how to break free and get to know who she is."

STUNTS "Some are scary, but the flying is cool! I really want to fly... you could go anywhere and that feeling is liberating." ☺

Supergirl is on Sundays at 8.30pm on FOX8.



HOT STUFF

Things heat up for Dylan O'Brien in *Maze Runner: The Scorch Trials* – and he told DOLLY all about it!

WE love him as cute jokester Stiles in *Teen Wolf*, so when Dylan O'Brien got serious... and showed off some epic survival skills in the first *Maze Runner* flick, we were seriously impressed. And the sequel does NOT disappoint. Finally out of the Glade, Thomas (Dylan) and his closest mates Newt (Thomas Brodie-Sangster), Minho, (Ki Hong Lee) and Teresa (Kaya Scodelario) are on a mission to escape the evil clutches of WCKD – but they must face the sweltering landscape of the Scorch and the zombie-like creatures, Cranks, who are out for blood. Ugh, and we thought the Grievers were bad news!

We caught up with Dylan to chat all things *Scorch Trials*... between watching the DVD on repeat, obviously.

HAS THOMAS CHANGED SINCE THE FIRST FILM?

"Thomas transitions from being a boy to a man and he becomes a leader. To the Gladers, he represents hope. He shoulders the responsibility for what's happened to his fellow Gladers. Thomas convinced them to go for it and escape from the Maze. Now they enter this world that's not necessarily what they thought it would be. He promised his friends that leaving the Maze was the right move – it was going to save them. Thomas must carry that weight because he now realises that they aren't safe. It might even be worse for them in the Scorch, and in the hands of WCKD, essentially. So, it's about him having to deal with that and staying strong."

DO YOU LIKE PLAYING SUCH A DEEP ROLE?

"It's great. It's really cool that you get to have fun with the first film, and then come back and see what's in store for you in the second one. As physical a journey as it is for Thomas, it really is an emotional one at the core of it. What's constantly

driving him, I think, is his heart. As an actor, it's always fun because I get to do so much. I think any actor would love to do roles like this. You have the relationships between the characters, the story's there and then there's also all the action. It's a cool movie."

THIS WORLD LOOKS A WHOLE LOT DIFFERENT TO THE LIFE INSIDE THE GLADE...

"It's like, as if it couldn't get worse, you know? They were in the Maze in the first one and that was a life-threatening experience. But at least it's contained and they knew what to do there. They had veterans who have been doing it for years; they know the Maze and when not to go in. Everyone had their own routine. There's no routine now. There's nothing. They also don't know anything that's coming their way and there's not just one Greenie. Everyone's all of a sudden back to Greenie again. If only Thomas has just led them right [laughs]!"

HE'S A PRETTY GREAT LEADER, THOUGH!

"That's really what I loved about the first movie. I loved getting to play a kid who has absolutely no memory, so he can entirely reinvent himself. Because he really has no recollection or affiliation to his prior self, he discovers a leader within himself. There probably wasn't much of a chance for that to happen in his other life or what he can remember of it. It's part of why I love him, you know? I love getting to play this guy who completely faced his fear."

YOU DID A LOT OF RUNNING IN THE FIRST FLICK. WAS THIS ONE AS INTENSE?

"This movie was as rigorous, if not more so, than the first one! I never thought that was possible. It's beyond just running. Now we're racing through sandstorms, trudging up dunes and battling Cranks!" ☺

SQUAD GOALS

Thomas has a solid crew behind him who he trusts deeply and who are with him every step of the way... or ARE they?!

MINHO

A former runner from the Glade, this guy's the perfect mix of smarts and sass.



BRENDA

The gang meet up with this feisty gal in the Scorch – and she proves to be a butt-kicking heroine!



TERESA

Thomas' friend from before the Glade knows him better than anyone. But is she on his team?



NEWT

A Glade veteran, Newt is the voice of reason. But that doesn't mean Thomas always listens!



Escape the Scorch this summer. Own *Maze Runner: The Scorch Trials* on Blu-ray, DVD and Digital HD from December 16.

Music

THE MUSIC VIDS WE COULDN'T STOP PLAYING

"STYLE",
"BAD BLOOD" AND
"WILDEST DREAMS"
— Taylor Swift Tay
served up ALL of the
girl-gang and BF goals.

"BLACK MAGIC" — Little
Mix Cos magic rocks.

"FOURFIVESECONDS" — Rihanna,
Kanye West and Paul McCartney
The awkward dance
moves are everything.

THE SONGS THAT GOT US ALL TURNT

"WILD" — Troye Sivan Cannot.
Will not. Stop. Listening.

"COOL FOR THE SUMMER" —
Demi Lovato The best summer
jam we could've asked for.

"WATCH ME (WHIP/NAE NAE)"
— Silentó Don't even pretend
you didn't learn all the moves.

"WORTH IT" — Fifth Harmony
The ultimate squad track.

"WHAT DO YOU MEAN?"
— Justin Bieber The voice
that makes you melt like
ice cream in the sun.

The DOLLYwood music awards

The year of 2015 was hectic for the entertainment world. Here's our wrap-up of the best music moments from the past 12 months...

THE ALBUMS THAT SOUNDTRACKED OUR YEAR

MADE IN THE A.M.
— One Direction

The lads proved they can still rock it as a four-piece.

SOUNDS GOOD FEELS GOOD — 5 Seconds Of Summer
Our homegrown heroes made us oh-so proud.

REVIVAL — Selena Gomez
She slaaaayed.

PURPOSE — Justin Bieber
What. A. Comeback.

CONFIDENT — Demi Lovato
"What's wrong with being confident?" Err, nothing, Dems.

THE TOURS THAT KILLED IT

TAYLOR SWIFT — 1989 The one where Tay collabed with everyone on the planet.

ONE DIRECTION — *On The Road Again*
They started as five, continued as four, ended on hiatus. The feels.

THE BIGGEST HEARTBREAKER:

Zayn Malik for leaving 1D, splitting with Perrie and effectively destroying all our lives. Sniff!

THE MOST ENTERTAINING FEUDS

Zayn vs. Louis

Zayn vs. Naughty Boy

The drama triangle and Twitter beef between these guys.

Louis vs. Naughty Boy

Nicki Minaj vs. Miley
"What's good?" you ask? Uh, this VMA fight was.

reviews

IT'S A SMALLZ WORLD

Our fave Nova dude reminisces about the celebs he met in 2015 – and what he thinks next year has in store...

Hey DOLLY readers!

What a massive year 2015 was. I had the chance to catch up with some of the biggest stars last year and I can give you all the juicy stories from behind the scenes.

Catching up with...

Justin Bieber in Italy

Everyone couldn't stop talking about the Biebs in 2015. His new album *Purpose* is INCREDIBLE and he has completely changed. I got to catch up with him when he came to Oz, and I also saw him in Italy, securing the ONLY interview with him (in the world) for his song "Sorry". Score! I reckon JB has completely settled down; his bad-boy ways are well behind him and apart from the occasional incident (err, storming off stage comes to mind), he's going to have an even bigger 2016. Plus, I think he's set to go on tour soon.

Saying farewell (but not forever!) to...

One Direction in London

Their last album (for at least a few years) has arrived, and it's everything we were expecting. But I'm not sure how we're going to cope in a world where 1D doesn't exist! I saw the boys in London last year for the launch of their album *Made In The A.M.* and they all looked the happiest I've seen them in a really long time. There was

a sense they were excited for the time off, and a chance to be with family and friends. Here's the big question, though: who will launch their solo career first, and how long will it take? My tip is Harry. I've heard he already has songs recorded and ready to release.

Chilling with... Taylor Swift on Hamilton Island

How GOOD was the 1989 tour?! If you were lucky enough to go, I'm sure you'll agree there's no popstar with more class, professionalism and control than T-Swizzle. I got to hang out with her on holidays in Hamilton Island, and even in her down time, she's exactly the same person. It's very rare to say that about a celeb. I think that's what makes her so loveable and why she has fans all around the world. What I'm sad about is that she's taking a break for 2016. GASP!

What's in store for 2016?

Let me just roll off a few rumours I've heard. We'll see brand-new albums from Rihanna, Katy Perry, Lady Gaga, Bruno Mars and Miley Cyrus. I've also heard that we can expect another 5SOS album!

Have a great month, guys,

Smallzy



Oh hey, Biebs!



Bieber fever

Follow Smallzy in the Twittersverse @smallzy and tune into Nova 96.9 weeknights at 7pm.



Katy Perry



Rihanna



Harry Styles



One Direction

BIG-SCREEN dream

As we wait for the *Nowhere Boys* movie to hit cinemas, we grabbed star Rahart Adams to get all the goss.

CAN YOU RELATE TO SAM, YOUR *NOWHERE BOYS* CHARACTER?

"I'd say that they did some pretty good casting with Sam because we are pretty similar. He has a love for food; I also have an intense love for food. I think it's a rarity when I'm not hungry, just like Sam! He's also got a really big heart. He really cares about his loved ones and I'm the same. His family is really close to him and my family is really close to me."

WHAT KIND OF MISCHIEF DO YOU GET UP TO ON SET?

"We play pranks on each other all the time. They're a daily occurrence on the *Nowhere Boys* set! So it's not just one prank or two or three pranks that stick out. Every day it's something different – one of us is the instigator and one of us is the victim."

WE'RE SO EXCITED FOR THE *NOWHERE BOYS: THE BOOK OF SHADOWS* FILM! WHAT CAN YOU TELL US ABOUT IT?

"It follows the boys 10 months after we last saw them, so each guy has progressed in their own individual character's storylines. It's interesting to see how each and every character has progressed in that time, and how it affects them through their next magical journey. I guess you guys will just have to wait and see!"

WHAT'S THE NICEST THING YOU'VE EVER DONE FOR A GIRL?

"I tend to pay attention to what the girl is really, really into – what she loves and what makes her happy. To me, an experience is worth more than a gift, so say the girl that I'm seeing loves art, I'd say, 'Hey, let's go and see heaps of art galleries, go eat nice food and just enjoy in each other's company.' I'm not a materialistic kind of guy."

WHAT DO YOU LOOK FOR IN A GIRL?

"This is going to sound so cliché, but personality first and foremost for me. That with humour, morals and then intelligence. Those are the things that make a girl beautiful to me."

WHAT WAS YOUR FIRST KISS LIKE?

"I don't even remember what grade I was in! I just remember it was with my crush at the time, and I was fumbling and stuffing it up completely. I was just super embarrassed." ☺

NOWHERE BOYS: THE BOOK OF SHADOWS IS IN SELECTED CINEMAS FROM JANUARY 1.



For the film, Rahart and co. go on another magical journey.



GAME REVIEWS

AND... PLAY



DOLLY's gamer girl **Bree Grant** solves mind-bending puzzles, forms a power trio and heads to the Olympics just to bring you the hottest games.

MINECRAFT: STORY MODE

Xbox One, PS4, PS3, Xbox 360, iOS, Android and PC. From \$59

**MARIO & SONIC AT THE RIO 2016 OLYMPIC GAMES**

Wii U, 3DS. From \$79

**THE LEGEND OF ZELDA: TRIFORCE HEROES**

3DS. From \$59



THE GAME: In Episode 1 of this five-part series, you'll play as your own customised version of Jesse and set off on adventures with your friends around the Overworld, throughout The Nether, to The End and beyond. Every single choice you make – including what you say and do – goes into creating the story around you.



THE GAME: Your pals Mario and Sonic are off to Rio de Janeiro to host the 2016 Olympic Games. You'll compete in events like soccer, beach volleyball, rugby, rhythmic gymnastics and more. Keep your eyes peeled for some familiar faces, like Yoshi and Luigi, who you'll remember from classic Nintendo games.



THE GAME: *The Legend Of Zelda* is finally back and we're sort of excited (well, VERY excited). Explore creepy dungeons, tackle brain-busting puzzles and create a bunch of awesome outfits in this classic high-fantasy, action adventure. The best part about playing *Zelda* on a 3DS? You can literally take it everywhere.

THE VERDICT: If you didn't get into *Minecraft* the first time around, here's your chance to get on it, stat. The gameplay is awesome – an episodic adventure that YOU create! Each twist and turn will ultimately lead you to the truth about The Order Of The Stone (spoiler: it's epic) and the ending is a total cliffhanger that will leave you desperate to get your gamer hands on *Episode 2: Assembly Required* (out now).

THE VERDICT: I'm a huge sucker for a Mario game and this mash-up is no exception. As far as gameplay goes, it's similar to older editions but there are a few sneaky curve balls (like the rugby) thrown in. To celebrate rugby being included in the actual 2016 Olympics for the first time since 1924, Nintendo is offering up the rugby sevens as an exclusive game for Wii U users! How amazing is that?!

THE VERDICT: You know the saying 'three's a crowd'? Well, in this game, three is definitely a PARTY! Team up with two others, who are each playing as versions of Link, to experience the *Zelda* series like never before. You can join forces to collect loot, battle bosses and advance the game. Keep in mind, however, that all three players share a heart meter so you've got to work (and stick) together. ☺

TIP

Be sure to hunt down chests and boxes to pick up sneaky hidden treasures and helpful hints.

TIP

The 3DS version will also feature golf, which is returning to the Olympics for the first time in 112 years. Tee up!

TIP

Use the new Totem mechanic to stack up three Links to reach new locations on higher ground and solve puzzles.

OUR TOP 3 GAMES FROM 2015

Make sure you try these bad boys before the year is over...

**1 SUPER MARIO MAKER**

The first game to allow you and your mates to build Super Mario Worlds and play in them.

**2 GUITAR HERO LIVE**

You can take centre stage, freestyle and rock out to a crowd like never before.

**3 LEGO JURASSIC WORLD**

Equal parts LEGO, dinosaurs and adventures. What more could a game girl ask for?

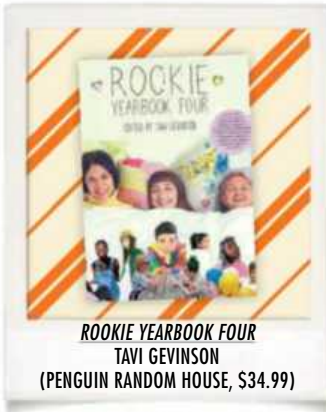


BOOK REVIEWS

ON THE SHELF



Book-lover **Jacqui King** thinks you should put these page-turners on your holiday reading pile, stat.



WHAT IT'S ABOUT: This is the fourth instalment from total #girlboss Tavi Gevinson, with all the gorgeous illustrations, DIY projects, photographs and stories that you'd expect from *Rookie*, and then some. There's an awesome line-up of celebs who've written pieces for the book or have been interviewed, such as Ariana Grande and Hayley Williams. Plus, you'll also meet tonnes of teens who are just like you.

We dare you **NOT** to become inspired to rule the world!

YOU'LL LIKE IT COS: Whatever page you flick to (there's more than 300 FYI), you'll find yourself being completely drawn in and the next thing you know, three hours have passed.

IT'S A BIT LIKE: *Honor Girl* by Maggie Thrash.

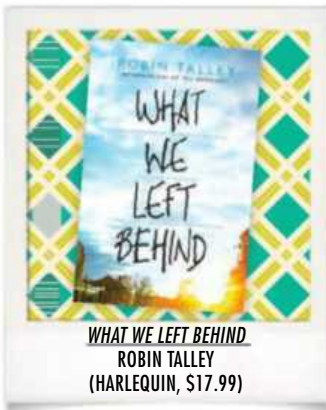


WHAT IT'S ABOUT: Our favourite YouTuber Zoella has written the follow-up to *Girl Online* (*squeals*). We see Penny stepping outside of her comfort zone in a major way as she joins her seriously cute rockstar of a boyfriend, Noah, on his tour throughout Europe. But travelling with the band isn't nearly as glamorous as she imagined it would be – think a bunch of crazy fans sending threatening messages. Penny

starts to miss her old life, blog, zany fam and BFF Elliot.

YOU'LL LIKE IT COS: You'll wish Penny was your bestie IRL; she's beyond loveable. Oh, and be prepared to some fresh new faces in the series. My faves? Leah and Larry.

IT'S A BIT LIKE: The movie *Nick & Norah's Infinite Playlist*.



WHAT IT'S ABOUT: Gretchen and Toni were that couple in high school everyone thought would be together forever. Even when their first year of uni ended up being in different towns, they knew they would try to make long-distance work. But reality hits, with Toni (who identifies as genderqueer) fitting in with a cool crowd of transgender students, and Gretchen struggling hard to identify who she is outside

of a relationship. Get cosy when you pick this killer read.

YOU'LL LIKE IT COS: It explores love in all its forms, and dives into the complex world of gender identity in a way that we don't see very often in the YA genre. It's official: this book RULES.

IT'S A BIT LIKE: *About A Girl* by Sarah McCarry.



WHAT IT'S ABOUT: Jacklin (but everyone calls her Jack) has left school and lives in a small Aussie country town with her older sister. She's never really gotten along with her parents, has just been fired from her job because business is slow, is eternally bored AND she's crushing on a dude who's not returning the love. Yep, things for Jack aren't looking too great. Cue her old neighbour, Jeremiah, who comes back

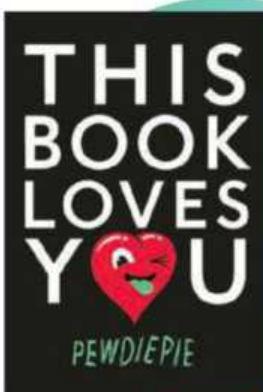
on the scene and changes pretty much everything.

YOU'LL LIKE IT COS: Of this one life-changing line, "Sometimes you have to make a huge mess before you can start over." Trust us, you'll be quoting it forever (the whole book, we mean).

IT'S A BIT LIKE: *Red Ink* by Julie Mayhew. ☺

WIN AT CHRISTMAS

Need a last-minute gift for a mate who loves books? They'll love you forever thanks to these top picks.



FOR THE PAL WHO NEEDS TO STRESS LESS AND LOL MORE
THIS BOOK LOVES YOU BY PEWDIEPIE (PENGUIN, \$24.99).



FOR THE FRIEND WHO'S YOUTUBE OBSESSED
BINGE BY TYLER OAKLEY (SIMON & SCHUSTER, \$35.99).



FOR THE GIRL WHO HEARTS EMOJIS
YOLO JULIET BY WILLIAM SHAKESPEARE AND BRETT WRIGHT (RANDOM HOUSE, \$19.99).

FAN-TASY FICTION



In the next instalment of **Marty Smiley's** fan fiction, the rift between Fifth Harmony and Little Mix is taken to the next level when Demi Lovato steps in!

Demi Lovato prepared for her first UK gig at a cool London club, but there was drama backstage. Her support acts, Fifth Harmony and Little Mix, were in the midst of a Twitter battle... all because Perrie accidentally unfollowed Fifth Harmony. With #MixVsHarmony trending worldwide, Demi's manager Phil showed her the nasty tweets the bands had sent out to their 9.5 million followers.

"ARE YOU ACTUALLY SERIOUS?!" Demi screamed, shooting him a glare. "This is not happening right now!"

Phil loosened his tie, racking his brain for a solution. He couldn't drop the bands this late but he couldn't have them on stage together either. Fans would riot.

"They're going to ruin my show!" Demi yelled, becoming enraged as she considered the disaster ahead of her.

"Dee, you've gotta calm down, OK? We've only got two hours until show time," Phil said soothingly.

"DON'T TELL ME TO CALM DOWN!" Demi had never been angrier in her life. She stormed out, her heels slamming against the floor. She got about five steps out before she stopped, thought for a second and then strode back.

"I shouldn't have to deal with this."

Phil looked at her, confused.

"Call both groups to the stage for sound check right now." Demi looked at her reflection in the mirror and smirked. The battle was no longer going to be

won online; the girls would have to sort it out on stage, with Demi watching the whole thing unfold before her eyes.

At sound check, Little Mix waited on the side of the stage for their cue to enter as did Fifth Harmony on the other side. Meanwhile, Demi was watching them with eagle eyes from the front row of the amphitheatre, like a cat ready to pounce.

"Let's go girls!" a technician called from the sound booth.

Both groups cluelessly ran up on to stage. Perrie was the first to notice that the Fifth Harmony ladies had come on at the exact same time. "Hey girls, how ya doin'?" she said, seemingly forgetting there was even a beef going on.

"Demi looked at her reflection in the mirror and smirked. The battle was no longer going to be won online; the girls would have to sort it out on stage."

Normani didn't pick up on the sweet, innocent tone and with a quick head whip exclaimed, "What's good, Perrie?"

"NOTHING is good between us!" Jesy yelled back angrily.

Lauren took a few steps towards Jesy. "Y'all can get off our stage before we have to kick you off!" she said. Camila backed her band mate up. "We've got one more member than you." Leigh-Anne

walked right up to Lauren and stared her down. "I don't care how many you got. We'll take you down," she hissed.

"STOP. IT. NOW!" Demi bellowed, running up to the stage. Both groups jumped back in horror at the sight of her, neither knowing she was there.

"What is WRONG with you?!" she said, flicking glances between them.

"We haven't even started this tour yet! Who run the world? Girls. How we meant to be doing that if y'all are too busy fighting each other?"

"They started it," Dinah interjected sullenly, pointing at the Little Mix girls.

Demi put her face in her hands. "We can't be dividing our fans. We need to unite them. It's about putting on the best show our fans have ever seen."

"Guys, Demi's right!" Perrie burst out. "I got us into this mess but I'm sure that I can fix it." She whipped out her phone. "I might not know how to use Twitter, but I do know how to take a cute selfie," she said, gesturing for everyone to get in the photo. Reluctantly, both groups joined.

Mixers and Harmonisers would no longer need to fight. One group photo would put a stop to the hashtag.

With an hour until show time, Demi posted the photo to Twitter. "WHO RUN THE WORLD? Me, @LittleMix & @FifthHarmony do. #MixVsHarmony? Consider it over!" But would Demi's peace-keeping tweet be enough to stop the war?

TO BE CONTINUED... ☺



MISSED A CHAPTER?
Get up to speed on instalments you've missed by downloading the free **viewa** app from the App Store or Google Play and holding your phone or tablet here.

5 THINGS YOU should never feel guilty ABOUT



5

WATCHING JIMMY FALLON CLIPS ON YOUTUBE FOR FIVE HOURS STRAIGHT AND SECRETLY THINKING YOU COULD BEAT HIM IN A LIP-SYNC BATTLE ANY DAY.



2

NOT SHAVING YOUR LEGS AND WEARING A SKIRT ANYWAY. IF YOU DON'T HAVE TIME TO SHAVE YOUR LEGS, THEN YOU CERTAINLY DON'T HAVE TIME FOR THE HATERS. #PLEASE

1

SITTING IN YOUR BEDROOM ATTEMPTING KYLIE-JENNER LIPS. AN OVERDRAWN POUT IS A SELFIE GAME-CHANGER.



3 SPENDING A FRIDAY NIGHT IN WITH YOUR PARENTS. THEY LOVE YOU! NAWW.

4

Not feeling the pressure to like someone just because they like you. Your heart is your own, so you do you!



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